

FREESTYLE DAILY



TODAY'S FORECAST Sunny, 28°C/82°F

SUNRISE 6:43a

SUNSET 5:54p

ARRIVAL 8:00a

ALL ABOARD 4:30p

JAMAICA IS YOURS TO DISCOVER

Beautiful waterfalls, beaches and duty-free bargains - Ocho Rios has it all. So go ahead and splurge on Jamaican handicrafts. Find Reggae culture everywhere and taste the traditional Jerk chicken. Look out for the island's famous pirate history. Soak up the sun and the incredible views high above the beautiful scenery that Ocho Rios has to offer.

TIP OF THE DAY: If you have any questions about your stay onboard, no need to visit Guest Services Desk on Deck 7, simply dial 00 at your own leisure.

TAKE HOME A STORY

With Freestyle Cruising, you've got the freedom to create your very own story on an exciting Shore Excursion. Soak up as much adventure as you like - at your leisure.

TOP SHORE EXCURSIONS

- Dolphin Swim & Dunn's River Falls
- Dolphin Encounter & Dunn's River Falls
- Dolphin Swim
- Dunn's River Falls

HOW TO BOOK A SHORE EXCURSION

Don't have a tour on shore? It's not too late to book. Here's how:

- Visit the Shore Excursions Desk on Deck 7, Atrium.
- 24 hour drop box available at the desk.
- Use the digital touchscreens.
- iTV System on your Stateroom TV.
- Cruise Norwegian App on your mobile phone.

IMPORTANT INFORMATION WHEN GOING ASHORE

Kindly refrain from proceeding to the gangways until clearance from the local officials has been announced over the PA system. Please carry valid photo ID (18+) and your Freestyle Key Card when going ashore. If you are on a Norwegian organized Shore Excursion, please check your ticket for the meeting time and location. All guests are reminded to maintain a high level of vigilance and take appropriate steps to increase their security and safety awareness when departing the vessel. As per local laws, no food or dairy products are allowed off or onto the vessel in our ports of call. Guests are prohibited from bringing any beverages back on board including liquor, beer and non-alcoholic drinks such as water, soda and juices.

PORT AGENT INFORMATION

Sharon Snape
Lannaman & Morris Shipping, Ltd, Ocho Rios, P.O Box 201
Ocho Rios, St. Ann, Jamaica
Tel. Number: 876-974-5681 / 876-764-9162
Mobile Number: 876-833-0432 / 876-364-7995
Email: Lnmochorios@cwjamaica.com

ARE YOU STAYING ON FOR NEXT CRUISE?

Please bring your cruise ticket and register at the Guest Services Desk at your earliest convenience.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

NEED A RIDE?

Ship organized transfers from the port to Orlando International Airport (MCO). Purchase your transfer tickets to Orlando International Airport (MCO) for \$37.50 per person. Flight time restrictions apply - only for flights after 12:00p. For more information please contact the Guest Services Desk, located on Deck 7, Mid. Deadline for transfer sales is at 12:00p on Friday, January 20th. Let us make your departure worry free.

NORWEGIAN PRIMA

DAY 4

WEDNESDAY

JANUARY 18

Ocho Rios, Jamaica

TODAY'S HIGHLIGHTS

NOISE BOYS

Time: 7:00p & 9:30p

Place: Prima Theater & Club, Deck 6, 7 & 8, Fwd

SYD NORMAN PRESENTS RUMOURS

Time: 7:30p & 10:00p

Place: Syd Norman's Pour House, Deck 7, Mid

GAME SHOW: THIS OR THAT

Time: 8:00p

Place: Improv at Sea, Deck 7, Mid

GAME SHOW: HIT IT DJ

Time: 9:00p

Place: Improv at Sea, Deck 7, Mid

80'S FLASHBACK PARTY WITH DJ JEPH

Time: 10:30p-11:30p (Weather permitting)

Place: Pool Deck, Deck 17, Mid

THE COMEDY OF LUCAS BOHN (18+)

Time: 11:00p

Place: Prima Theater & Club, Deck 6, 7 & 8, Fwd

GOING ASHORE IN GEORGE TOWN?

Tomorrow Thursday, we will anchor in George Town, Cayman Islands and use tenders to transfer guests to and from shore. You may choose a tender by using digital touchscreens. To book your tender group number, please select Tendering from the main screen. After choosing a tender group number, your "Freestyle Key Card" will serve as your ticket. Tender departure times are subject to availability and are approximate. If you are on a shore excursion, your excursion ticket serves as your tender ticket. For assistance in booking or for more information on tendering, Visit the Box Office Desk, Deck 6, Fwd from 9:00a-10:00a & 4:00p-5:00p).

OBSERVATION LOUNGE

For the comfort of all guests in the Observation Lounge, footwear must be worn at all times. Socks or stockings must be worn when lying on chaise lounges and couches. Please do not use chairs and tables as footrests. Also, as a courtesy to your fellow guests, seating is available on a first-come, first-served basis and is not to be reserved.

GET THE GOOD TIMES GOING.



TONIGHT'S ENTERTAINMENT LINEUP

NOISE BOYS

From the producers who brought you The Choir of Man, introducing Noise Boys. You won't want to miss a beat of this original, exhilarating performance. Coming straight to Norwegian Prima from the Edinburgh Fringe Festival, this tap dancing, beat-boxing spectacular will have you on the edge of your seat, tapping along to energetic performances by award-winning Beat Boxers. Reservations are required and can be made through the Box Office, iTV or touchscreens. (Duration: Approx. 60 minutes)

Time: 7:00p & 9:30p, Prima Theater & Club, Deck 6, 7 & 8, Fwd

SYD NORMAN PRESENTS RUMOURS

Heartbreak? Affairs? Divorces? All fodder for one of rock's most iconic and successful albums: Fleetwood Mac's 1977 masterpiece, Rumours. If "thunder only happens when it's raining," this band got caught in a downpour. Join the cast of Syd Norman's as they present the classic album in its entirety and discover the backstory to rock & roll's greatest soap opera.

Time: 7:30p & 10:00p, Syd Norman's Pour House, Deck 7, Mid

THE COMEDY OF LUCAS BOHN (18+)

Tickle your funny bone with sidesplitting stand-up comedy as Prima Theater has the perfect formula to keep you laughing all night long. Tonight's featured act is Comedian Lucas Bohn. Hosted by Cruise Director Jerry. Reservations are not required. (Duration: Approx. 45 minutes)

Time: 11:00p, Prima Theater & Club, Deck 6, 7 & 8, Fwd

80'S FLASHBACK PARTY WITH DJ JEPH

Dust off your leg warmers, tease up your hair and pull out your acid-wash jeans as we transport you back to a time where video killed the radio star - the awesome 80's. Dress in your best 80's look for a fun night. (Weather permitting)

Time: 10:30p-11:30p, Pool Deck, Deck 17, Mid

Reservations will be released 10 minutes prior to all shows in the Prima Theater and Improv at Sea. Please note it is important to be on time for all shows as seats are on a first come, first served basis with reservations. Please arrive with your entire party for all shows. Video/Audiotaping or photography is prohibited in all performance venues. Doors open 30 minutes prior to show time.



ACTIVITIES FOR FAMILIES

GUPPIES OPEN PLAY (6 MONTHS - 4 YEARS)

A fun space with toys for parents and their little ones 6 months-4 years old.

Time: 8:00a-10:00a & 12:30p-1:30p, Splash Academy, Deck 15, Fwd

FAMILY FEEL FREE PLAY

Bring your kids to discover this area filled with toys, games and fun. Parents must accompany their child (ren) as this is not a drop off service.

Time: 2:30p-4:00p, Splash Academy, Deck 15, Fwd

FAMILY STOP THE BOAT

Come join our Youth Counselors for this unique onboard game. Think fast, write fast and be the first to shout "Stop the Boat".

Time: 5:00p, Syd Norman's Pour House, Deck 7, Mid

SPECIAL EVENTS

TRIVIA CORNER

Put your thinking caps on and start your day with a bit of trivia. Play on your own or meet new friends.

Morning Trivia

Time: 9:30a, Metropolitan, Deck 7, Aft
80's Trivia

Time: 11:30a, Improv at Sea, Deck 7, Mid
Tag Line Trivia

Time: 4:00p, Syd Norman's Pour House, Deck 7, Mid

ARTS & CRAFTS: BEADED BRACELET

It's time to get crafty and try your hand at making beaded bracelet. Let the Cruise Director's Staff guide you and make a fun souvenir to take back home from your cruise. Learn new skills with this fun craft.

Time: 10:30a, Metropolitan, Deck 7, Aft

THRILLER DANCE CLASS

Get your dancing shoes on and head on out to the dance floor as you learn the dance moves of the classic Thriller. (Weather permitting)

Time: 5:30p, Pool Deck, Deck 17, Mid

SPEEDWAY YOU AND THE TRACK

With this race, it's all about speed. With the whole track to yourself, you're free to go fast. Compare times with your friends and family or challenge yourself to beat your own speed record for a chance to win the trophy. Fee applies. (Weather permitting)

Time: 8:30p-9:30p, Speedway, Deck 18, Mid

GAME SHOW: HIT IT DJ

Life without music would B-Flat. Join your Cruise Director's Staff for a fun and exciting game show as they put your musical knowledge to the test. From picturing artists to guessing song lyrics, this is your chance to prove that music is your forte.

Time: 9:00p, Improv at Sea, Deck 7, Mid

KARAOKE AFTER HOURS (18+)

You need 1% talent and 99% guts to join your Cruise Director's Staff tonight. Have lots of fun, sing your heart out and enjoy performances by your fellow cruisers.

Time: 11:00p-Close, Improv at Sea, Deck 7, Mid

PUB IT UP WITH DJ JEPH (18+)

It's too early to go to bed. DJ Jeph awaits you in Syd Norman's Pour House as he plays all of your club favorites. The music doesn't stop until you do when our DJ is in the house.

Time: 12:00a-2:00a, Syd Norman's Pour House, Deck 7, Mid

MUSIC EVERYWHERE

Latin Grooves with Nicos Duo

5:30p-6:15p, Penrose Atrium, Deck 6, Mid

Sing-along with Francis Larson

7:45p-8:30p, Penrose Atrium, Deck 6, Mid

Johnny Cash & Friends with Duo Rika

9:00p-9:45p, Penrose Atrium, Deck 6, Mid



← TEAR HERE

← FOLD HERE

MORNING

All Day	Prima Today with Jerry and Sheree	Channel 11
All Day	Morning Show Shout-out Box	Box Office
All Day	Board Games & Playing Cards Available	Observation
7:00a	Morning Stretch	Pulse Fitness
7:00a-10:00a	Photo Spot - Magic Jamaica Photos	Surfside Café
8:00a-10:00a	Guppies Open Play (6 months-4 years)	Deck 15, Fwd
8:00a-12:00p	Silent Art Auction	Art Gallery
8:00a-5:00p	Latitude Signature Savings *	Mandara Spa
8:45a	10 Minute Mystery	Metropolitan
9:00a-10:00a	Box Office is Open	Deck 6, Fwd
9:00a-11:30a	Photo Spot - Magic Jamaica Photos	At Pier
9:00a-12:00p	The Stadium **	Deck 18, Mid
9:30a	Morning Trivia	Metropolitan
9:45a	Drill Announcement for Crew Only	Shipwide
10:00a-12:00p	The Bull's Eye ***	Deck 18, Mid
10:00a-12:00p	Tee Time **	Deck 18, Mid
10:00a-2:00p	Expert Advice on Thinning Hair	Mandara Spa
10:30a	Arts & Crafts: Beaded Bracelet	Metropolitan
11:00a-12:00p	The Drop **	Deck 18, Aft
11:00a-12:00p	The Rush **	Deck 18, Aft
11:30a	80's Trivia	Improv at Sea

AFTERNOON

12:00p-5:00p	The Wave **	Deck 18, Mid
12:00p-6:00p	Kids Aqua Park **	Deck 18, Fwd
12:00p-6:00p	Silent Art Auction	Art Gallery
12:30p-1:30p	Guppies Open Play (6 months-4 years)	Deck 15, Fwd
1:00p	Bridge Game with your Fellow Guests	Observation
1:00p	Nintendo Switch: Just Dance	Improv at Sea
1:00p-5:00p	The Drop **	Deck 18, Aft
1:00p-5:00p	The Rush **	Deck 18, Aft
1:00p-6:00p	The Bull's Eye ***	Deck 18, Mid
1:00p-6:00p	The Stadium **	Deck 18, Mid
1:00p-6:00p	Tee Time **	Deck 18, Mid
2:00p	Celebrity Heads Game	Improv at Sea
2:00p	Family Crazy Tag	Deck 15, Fwd
2:00p-5:30p	Bean Bag Toss Open Play **	Pool Deck
2:30p-4:00p	Family Feel Free Play	Deck 15, Fwd
3:00p	Arts & Crafts: Bound Travel Journal	Improv at Sea
4:00p	Tag Line Trivia	Syd Norman's
4:00p	TRX Suspension Training *	Pulse Fitness
4:00p-4:30p	Prima Speedway Ride Double ***	Deck 18, Mid
4:00p-5:00p	Box Office is Open	Deck 6, Fwd
4:00p-6:00p	Party Music with DJ Jeph **	Pool Deck
4:00p-6:30p	Lounge at Entourage (13-17 years)	Deck 15, Fwd
4:00p-9:00p	Galaxy Pavilion is Open * (No food/drinks)	Deck 17, Fwd
4:30p-5:15p	Afternoon Chill with Nicos Duo	Penrose Atrium

* Denotes a fee for this program
** Weather Permitting

DRINK OF THE DAY

Pulp Art \$9.00
Flor de Caña 4 Years Old Norwegian Cruise Line sustainable rum, pepper top cordial, Campari, lemon & orange juice

Flow water packages are available at the Penrose Atrium Bar. Ask our friendly bar staff for assistance.

AFTERNOON (CONT'D)

4:30p-8:30p	Prima Speedway Ride Single ***	Deck 18, Mid
5:00p	Family Stop the Boat	Syd Norman's
5:00p	Guess the Weight	Art Gallery
5:00p	Wrinkle Remedies with Dr. Sarah	Mandara Spa
5:00p	Solo Travelers Meet and Greet	Belvedere
5:00p	Complimentary Footprint & Posture Analysis	Pulse Fitness
5:00p-7:00p	Walk-in Acupuncture Assessments	Mandara Spa
5:30p	Thriller Dance Class **	Pool Deck
5:30p-6:15p	Latin Grooves with Nicos Duo	Penrose Atrium
5:30p-10:30p	Collect Your Charm of the Day (Ship)	Gift Shop

NIGHT

6:00p	Evening Stretch	Pulse Fitness
6:00p-6:45p	Friends of Bill W.	Improv at Sea
6:00p-7:00p	Complimentary Fine Jewelry Cleaning	Effy Boutique
6:00p-9:00p	Silent Art Auction	Art Gallery
6:00p-10:30p	Portraits Tonight - No Reservations Needed	Penrose Atrium
6:30p-8:00p	The Stadium **	Deck 18, Mid
6:30p-10:00p	The Bull's Eye ***	Deck 18, Mid
6:30p-10:00p	Tee Time **	Deck 18, Mid
6:45p-7:30p	Guitar & Vocals with Francis Larson	Penrose Atrium
7:00p	Noise Boys ^	Prima Theater
7:00p-8:00p	Hot Seat Promotion	Prima Casino
7:00p-11:00p	Splash Academy is Open (3-12 years)	Deck 15, Fwd
7:30p	Syd Norman Presents Rumours	Syd Norman's
7:45p-8:30p	Sing-along with Francis Larson	Penrose Atrium
8:00p	Game Show: This or That	Improv at Sea
8:00p	Effy Freestyle and Fabulous Ladies Night	Effy Boutique
8:00p	Guess the Weight	Art Gallery
8:00p-9:00p	Stadium Action (13-17 years only) **	Deck 18, Mid
8:30p	LGBTQIA+ Social	Belvedere
8:30p	Pre-Loved Rolex Showcasing	Deck 7, Mid
8:30p-9:30p	Prima Speedway Ride You & the Track ***	Deck 18, Mid
9:00p	Game Show: Hit It DJ	Improv at Sea
9:00p-9:45p	Johnny Cash & Friends with Duo Rika	Penrose Atrium
9:30p	Noise Boys ^	Prima Theater
10:00p	Syd Norman Presents Rumours	Syd Norman's
10:00p-10:45p	Divas & Elvis with Duo Rika	Penrose Atrium
10:00p-11:00p	Family Karaoke	Improv at Sea
10:30p-11:30p	80's Flashback Party with DJ Jeph **	Pool Deck
11:00p	The Comedy of Lucas Bohn (18+)	Prima Theater
11:00p-11:45p	Stay Up Late with Duo Rika	Penrose Atrium
11:00p-1:00a	Lounge at Entourage (13-17 years)	Deck 15, Fwd
11:00p-1:00a	Late Night Fun Zone (3-12 years) *	Deck 15, Fwd
11:00p-Close	Karaoke After Hours (18+)	Improv at Sea
12:00a	Over \$1 Million Jackpot Lotto Drawing *	Prima Casino
12:00a-2:00a	Pub it Up with DJ Jeph (18+)	Syd Norman's
Until Arrival	Overnight Slots *	Prima Casino

^ Flash photography and video recording of this show is prohibited

STARBUCKS®

Kick start your day with a Caramel Macchiato or a Chai Latte and enjoy the Indulge outdoors on Deck 8, Aft or recount the day's excitement with your friends and family over freshly brewed coffee. Come by Starbucks® to make your vacation even sweeter. Deck 7, Mid & Deck 8, Aft

← TEAR HERE

← FOLD HERE

GOOD TO KNOW.



24 HOURS OF OPERATION

BAR SERVICES

Belvedere Bar, Deck 6, Aft
 Improv at Sea, Deck 7, Mid
 Luna Bar, Deck 8, Aft
 Metropolitan Bar, Deck 7, Mid
 Penrose Bar, Deck 6, Mid
 Soleil Bar (Outdoor), Deck 8, Aft
 Starbucks®, Deck 7, Mid *
 Syd Norman's Pour House, Deck 7, Mid
 The Local Bar & Grill, Deck 8, Aft
 The Observation Lounge, Deck 17, Fwd
 Waves Pool Bar, Deck 17, Mid
 Whiskey Bar, Deck 8, Mid

4:30p-Close
 7:00p-Close
 11:30a-10:00p
 4:00p-Close
 9:00a-Close
 12:00p-8:00p
 6:30a-9:30p
 6:30p-Close
 7:00a-Close
 11:00a-11:00p
 8:00a-Close
 4:00p-Close

GUEST SERVICES

Art Gallery, Deck 7, Mid
 ATM, Prima Casino, Deck 6, Mid
 Box Office Desk, Deck 6, Fwd
 CruiseNext Desk, Deck 6, Mid
 Entourage, Deck 15, Fwd, Starboard Elevators
 Galaxy Pavilion, Deck 17, Fwd * (no food/drinks)
 Guest Services Desk, Deck 7, Mid (Dial 00)
 Guppies, Deck 15, Fwd

5:00p-10:00p
 Always Open
 9:00a-10:00a,
 4:00p-5:00p
 4:00p-8:00p
 4:00p-6:30p,
 8:00p-9:00p,
 11:00p-1:00a
 4:00p-9:00p
 Always Open
 8:00a-10:00a,
 12:30p-1:30p
 7:00a-7:00p
 8:00a-10:00a,
 4:00p-6:00p,
 7:00p-9:00p
 Always Open
 12:00p-7:00p
 12:00p-6:00p
 7:00a-7:00p
 8:00a-10:00p
 8:00a-9:30a,
 6:00p-7:30p
 7:00a-10:00a,
 4:00p-7:00p
 Call 23873
 5:30p-10:30p
 Always Open
 Always Open
 6:00p-7:00p
 Approx. 5:30p-Close
 4:00p-4:30p
 4:30p-8:30p
 8:30p-9:30p
 6:00a-11:00p
 7:00a-9:00a,
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 Always Open
 11:00a-12:00p,
 1:00p-5:00p
 9:00a-12:00p,
 1:00p-6:00p,
 6:30p-8:00p
 12:00p-5:00p
 Approx. 5:30p-11:00p

Hot Tubs, Deck 17, Mid **
 iConnect Manager's Hours, Deck 7, Mid

Imagination Wall, Deck 8, Mid
 Infinity Pool, Deck 8, Aft **
 Kids Aqua Park, Deck 18, Fwd **
 Main Pool, Deck 17, Mid **
 Mandara Spa and Salon, Deck 16, Fwd, (Dial 030)
 Medical Center, Deck 12, Mid
 (Medical Services are subject to charge)
 Onboard Credit Desk, Deck 7, Mid

Perspectives Studio, Deck 8, Mid
 Photo Gallery, Deck 8, Mid
 Photo Kiosks, Deck 8, Mid
 Photo Spot - Super Selfie, Deck 18, Fwd **
 Port Shopping Guide Desk, Deck 6, Fwd
 Prima Casino, Deck 6, Mid
 Prima Speedway Ride Double, Deck 18, Mid **
 Prima Speedway Ride Single, Deck 18, Mid **
 Prima Speedway Ride You and the Track, Deck 18, Mid **
 Pulse Fitness Center, Deck 16, Fwd
 Shore Excursions Desk, Deck 7, Mid

Splash Academy, Deck 15, Fwd
 Splash Academy Late Night Fun Zone, Deck 15, Fwd *
 Tee Time, Deck 18, Mid **

The Bull's Eye, Deck 18, Mid **

The Drop, Deck 18, Aft **

The Humidor Cigar Lounge, Deck 7, Mid (cigars only)
 The Rush, Deck 18, Aft **

The Stadium, Deck 18, Mid **

The Wave, Deck 18, Mid **
 Tradewinds Tax & Duty Free, Deck 6, 7 & Mid

* Denotes a fee for this program ** Weather Permitting

In-room phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

EFFY FREESTYLE AND FABULOUS LADIES NIGHT

It's Ladies' Night and ladies, you deserve it. Enjoy a complimentary glass of bubbles on us - everyone will receive a free gift and a chance to win a great prize in the raffle. Plus, tonight only, receive a special gift with any purchase.

Time: 8:00p

Effy Boutique, Deck 7, Atrium

TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Surfside Café & Grill
 Surfside Café & Grill
 The Local Bar & Grill
 Hudson's
 Indulge Food Hall
 Observation Lounge

Early Risers (Deck 17, Mid) 5:30a-6:30a
 (Deck 17, Mid) 6:30a-9:30a
 Breakfast (Deck 8, Mid) 5:00a-10:30a
 (Deck 7, Aft) 7:00a-9:00a
 (Deck 8, Aft) 8:00a-10:00a
 Light Breakfast (Dk 17, Fwd) 9:00a-11:00a

AFTERNOON

COMPLIMENTARY

Surfside Café & Grill
 Surfside Café & Grill
 Indulge Food Hall
 The Local Bar & Grill
 Observation Lounge

Buffet (Deck 17, Mid) 11:30a-2:00p
 Late Lunch (Deck 17, Mid) 2:00p-5:00p
 (Deck 8, Aft) 12:00p-2:00p
 (Deck 8, Mid) 11:00a-10:30p
 Light Snacks (Dk 17, Fwd) 3:00p-5:00p

DINNER

COMPLIMENTARY

Surfside Café & Grill (Deck 17, Mid)
 Hudson's
 The Commodore Room
 Indulge Food Hall
 The Local Bar & Grill
 The Local Bar & Grill

Bahamian/Caribbean (Deck 7, Aft) 5:30p-9:30p
 (Deck 6, Aft) 5:00p-9:00p
 (Deck 8, Aft) 5:30p-9:30p
 (Deck 8, Aft) 5:30p-9:30p
 (Deck 8, Mid) 5:00p-9:00p
 Late Night (Deck 8, Mid) 10:30p-3:30a

COVER CHARGE APPLIES

Cagney's (A la carte) *
 Food Republic (A la carte) *
 Hasuki (\$59) *
 Le Bistro (A la carte) *
 Los Lobos (A la carte) *
 Nama (A la carte) *
 Onda by Scarpetta (A la carte) *
 Palomar (A la carte) * Deck 17, Mid

Steakhouse (Deck 6, Aft) 5:30p-9:30p
 Contemporary Asian (Dk 17, Mid) 5:30p-9:30p
 Teppanyaki Deck 7, Mid) 5:00p-9:30p
 French (Deck 7, Aft) 5:30p-9:30p
 Mexican (Deck 8, Mid) 5:30p-9:30p
 Sushi | Sashimi (Deck 7, Aft) 5:30p-9:30p
 Italian (Deck 8, Mid) 5:30p-9:30p
 Seafood/Mediterranean 5:30p-9:30p

For reservations dial ext. #050 or come to see us by the Restaurant Reservations Desk in Hasuki, Deck 7, Mid from 7:00a-11:00a.

* Please note that cover charges are per person and a 20% gratuity will be added to your check.

24/7

Room Service Delivery * Dial 065 Always Open

*Room Service Fee of \$4.95 convenience charge + 20% gratuity will be added to orders for Continental and all Breakfast items.

*Room Service Fee of \$9.95 convenience charge + 20% gratuity will be added to orders for All Day Menu.

Restaurant Cancellations: Dinner Reservations at Specialty Restaurants must be cancelled 24 hours in advance, otherwise the full cover fee will be charged to your account.

Dress Code: Resort casual (tank tops and baseball caps are not permitted). Shorts are allowed in all dining venues except Palomar & Le Bistro after 5:00p. Shoes and shirt must be worn; tank tops and baseball caps are not permitted.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited. Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **MARPOL:** The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management Staff. **ADULT VENUES:** A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not tax mandated by the IRS. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks, Humidor Cigar Lounge (cigar smoking only) or in the Casino smoking area while playing. Smoking of any kind is prohibited in staterooms and balconies; a cleaning fee of \$250 will be added to your onboard account if you smoke in your stateroom. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chair is prohibited. If any chair is left unattended for longer than 30 minutes, the items will be removed and handed to the Guest Services Desk, Deck 7, Mid.

GET SAVINGS THAT SIZZLE.

DISCOVER CAYMAN

Two of Grand Cayman's most popular activities, visiting the Turtle Farm and literally going to Hell, are included on this tour. Sit back, relax and enjoy the highlights of Grand Cayman.

Desk hours: 7:00a-9:00a, 6:00p-9:00p
Shore Excursions Desk, Deck 7, Mid

ALLURA CATAMARAN

Cruise the Allura catamaran to Stingray City, teeming with southern stingrays that are used to humans petting them. On the way there, the crew will brief you on how best to maximize the experience. Once you reach the sandbars, you will be free to interact with these graceful, docile creatures

Desk hours: 7:00a-9:00a, 6:00p-9:00p
Shore Excursions Desk, Deck 7, Mid

MANGROVE KAYAK ADVENTURE

Paddle a kayak along beautiful mangrove-lined Camana Bay and spend free time in the waterfront town of the same name. After a briefing to ensure that you maximize the experience, you will ease into a two-seat kayak and follow the guide into the bay.

Desk hours: 7:00a-9:00a, 6:00p-9:00p
Shore Excursions Desk, Deck 7, Mid

PERFECT DAY SPECIAL

Enjoy all of the below in this 75 min special for only \$229

- * Full Body massage
- * Scalp massage
- * Elemis Mini Facial
- * Foot & Ankle massage
- * Hand & Arm massage

Book now by dialing 030 or visit Mandara Spa Deck 16, Fwd

ACUPUNCTURE ASSESSMENTS

Acupuncture is a natural treatment that has been around for over 3000 years, it uses the body's natural healing power to help reduce pain, anxiety, insomnia, stress and much more. Find out how Acupuncture can work for you with a personal assessment with our onboard licensed Acupuncturist Dr. Suman who gets fantastic results.

Time: 5:00p-7:00p
Mandara Spa, Deck 16, Fwd or Dial 030.

BLUE PRO TEETH WHITENING

Go Smile is the safest and most effective way to protect and whiten and brighten your teeth. Using "Led Technology" we can remove the stains not only on the surface but also the ones that have penetrated into your teeth. In just 30 minutes we can lift your teeth up to 8 shades brighter. Only \$199 per person or \$358 for a couple. Book today by dialing 030 or visit Mandara Spa, Deck 16, Fwd to book.

PRE-LOVED ROLEX SHOWCASING

Explore our wide range of "Certified Pre-Loved Rolex" watches. Here's your chance to take home the Rolex of your dreams all tax and duty free.

Time: 8:30p
Timeless Luxury Boutique, Deck 7, Mid

GOLD & SILVER BY INCH

Free gold bracelet when you buy 21 inches of the same design. Bring your ideas to life with Inch of Gold, starting at just \$2 per inch.

Time: 5:30p-10:30p
The Zone, Deck 8, Mid

DISCOVER BUCKLEY LONDON

Award-winning fashion jewelry directly from London to you. Check out our trendy bracelets, bangles, earrings and rings in contemporary designs created in the United Kingdom.

Time: 5:30p-10:30p
Tech @ Sea, Deck 8, Mid

TAKE HOME THE ROMANCE

Let our Portrait Artists capture you and your loved ones in front of a spectacular Caribbean sunset and in the beautiful Great Stirrup Cay. Spaces are limited
Call Perspectives Studio on #23873 or stop by the Photo Gallery for more information.

MAKE THIS MOMENT LAST

Professional portraits tonight in the Atrium
No reservations, no sitting fee.
Free to try.

Time: 6:00p-10:30p

LOOK FOR THE PHOTO SPOT

Our photographers will be around the ship as you get ready to Jamaica. Stop, smile & we'll place you magically in our destination. Always free to try.

Time: 7:00a-10:00a
Surfside Café, Deck 17, Mid
Time: Arrival-11:30a, At Pier



NORWEGIAN
CRUISE LINE®

SILENT ART AUCTION

Shhh...Want to know the best kept secret on board? Our Silent Auction is the easiest way to bid on your favorite works of art. Just write down your bid and cross your fingers. It's that easy.

Time: 8:00a-9:00p
Art Gallery, Deck 7, Mid

GUESS THE WEIGHT

Take your best guess and win. If you guess the weight of the original sculpture by Romero Britto, you'll be entered to receive a fabulous prize. Collecting art has never been more fun.

Time: 5:00p
Art Gallery, Deck 7, Mid

EXPERT ART ADVICE

If you're looking for a gift or want to liven up your home or office, schedule a private art consultation today. Our expert art team will help you narrow down what you're looking for and find the perfect artwork.

Time: 7:00p
Art Gallery, Deck 7, Mid

INSTANT WIN SCRATCH CARDS

Win up to \$25,000 with our Instant Win Scratch Card for only \$5. Visit the Casino Cashier to get your lucky scratch card
Opening Time: 5:30p
Prima Casino, Deck 6, Mid

HOT SEAT PROMOTION

Come and join us from 7:00p-8:00p and play our slot and table games with the Casinos At Sea player's card to be automatically eligible to win Free Play for either Slots or Table game.

Prima Casino, Deck 6, Mid

OVER \$1 MILLION JACKPOT

Don't miss out your chance of winning the biggest jackpot prize onboard. Imagine a \$2 investment changing your life. Hit 5 numbers out of 5 and you score the current jackpot. Hit 4 out of 5 and you'll walk away with \$2,000. Only got 3 out of 5? We've got \$100 coming your way. Drawing time at 12:00a. Ask your Casino Staff for more details.

SWIFT DELIVERY SERVICE

Introducing SWIFT - Norwegian's brand new on demand delivery service. Available 24/7. Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers
Order through 24/7 Room Service or iTV.

STARBUCKS®

Kick-start your day with a Caramel Macchiato or a Chai Latte and enjoy the Indulge outdoors on Deck 8, Aft or recount the day's excitement with your friends and family over freshly brewed coffee.

Come by Starbucks® to make your vacation even sweeter.
Deck 7, Mid & Deck 8, Aft

SAIL AND SUSTAIN COCKTAIL

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails. Our designated Sail & Sustain bar on the Prima is Metropolitan Bar, Deck 7, Mid.

EFFY COMPLIMENTARY FINE JEWELRY CLEANING

Did you know everyday things like soap and lotion can cause your jewelry to lose its natural luster? Bring up to 2 of your fine jewelry pieces to the Effy Boutique and the experts will treat you to a complimentary cleaning right here onboard.

Time: 6:00p-7:00p
Effy Boutique, Deck 7, Atrium

EFFY FREESTYLE AND FABULOUS LADIES NIGHT

It's Ladies' Night and ladies, you deserve it. Enjoy a complimentary glass of bubbles on us - everyone will receive a free gift and a chance to win a great prize in the raffle. Plus, tonight only, receive a special gift with any purchase.

Time: 8:00p
Effy Boutique, Deck 7, Atrium

TODAY IS YOUR DAY TO BOOK

1. Extra Latitudes Points (2023 Cruises only) *
2. Get "Free Money" today when you purchase CruiseNext future cruise deposits. *
3. For a very limited time get 2nd "Guest for Free"™ in all the sailings, all staterooms receive up to 6 free offers*

(*Limited time offers - Terms and conditions apply)

Time: 4:00p-8:00p
CruiseNext Desk, Deck 6, Mid

DOUBLE UP - IN ANY STATEROOM TODAY

Apply two (2) CruiseNext deposits on ANY stateroom on any sailing.* On top of that, you will also receive "Free Money" instantly this cruise by investing in your CruiseNext Deposits.

(*Sailing must be at least 4 months in advance - Limited time offer - Terms and conditions apply)

Time: 4:00p-8:00p
CruiseNext Desk, Deck 6, Mid