

# FREESTYLE DAILY



TODAY'S FORECAST Sunny, 28°C/82°F

SUNRISE 7:02a

SUNSET 6:10p

ARRIVAL 8:00a

LAST TENDER 3:30p

## WELCOME TO GRAND CAYMAN

Today, we will anchor and use tenders to transfer guests to and from shore. If you wish to go ashore before 12:00p, you may choose a tender using digital touchscreens. After choosing a tender group number, your Freestyle Card will serve as your ticket. If you are on a shore excursion, there is no need to make a reservation. Your excursion ticket serves as your tender ticket. Since the ship will be anchored and using a tendering process, please be aware that it will take longer to disembark the vessel as opposed to when the ship is docked in port.

**TIP OF THE DAY:** Proceed to the Prima Theater, Deck 7, Fwd when your Tender Ticket Group number has been announced.

## TAKE HOME A STORY

With Freestyle Cruising, you've got the freedom to create your very own story on an exciting Shore Excursion. Soak up as much adventure as you like – at your leisure.

### TOP SHORE EXCURSIONS

- Discover Cayman
- Land and Sea
- Mangrove Kayak Adventure
- Allura Catamaran & Stingray Adventure

### HOW TO BOOK A SHORE EXCURSION

Don't have a tour on shore? It's not too late to book. Here's how:

- Visit the Shore Excursions Desk on Deck 7, Atrium.
- 24 hour drop box available at the desk.
- Use the digital touchscreens.
- iTV System on your Stateroom TV.
- Cruise Norwegian App on your mobile phone.

### IMPORTANT INFORMATION WHEN GOING ASHORE

Kindly refrain from proceeding to the gangways until clearance from the local officials has been announced over the PA system. Please carry valid photo ID (18+) and your Freestyle Key Card when going ashore. If you are on a Norwegian organized Shore Excursion, please check your ticket for the meeting time and location. All guests are reminded to maintain a high level of vigilance and take appropriate steps to increase their security and safety awareness when departing the vessel. As per local laws, no food or dairy products are allowed off or onto the vessel in our ports of call. Guests are prohibited from bringing any beverages back on board including liquor, beer and non-alcoholic drinks such as water, soda and juices.

### PORT AGENT INFORMATION

Luria Nicholson Peterson  
Bodden Shipping Agency Ltd.  
Tel: +345 949-6254 | Mobile: +345 916 1773  
Email: [bodship@candw.ky](mailto:bodship@candw.ky)

### NEED A RIDE?

Ship organized transfers from the port to Orlando International Airport (MCO). Purchase your transfer tickets to Orlando International Airport (MCO) for \$37.50 per person. Flight time restrictions apply - only for flights after 12:00p. For more information please contact the Guest Services Desk, located on Deck 7, Mid. Deadline for transfer sales is at 12:00p on Friday, January 20<sup>th</sup>. Let us make your departure worry free.

### ARE YOU STAYING ON FOR NEXT CRUISE?

Please bring your cruise ticket and register at the Guest Services Desk at your earliest convenience.

**Important Numbers:** Emergency: Dial 911 | Guest Services: Dial 00

### ELECTRONIC DEVICES

Fire prevention is always a priority on board, therefore we kindly ask our guests to unplug all electronic devices before leaving their stateroom. These devices could include, but are not limited to cell phones, cameras, electric shavers, and hair dryers. Your stateroom attendant has been instructed to disconnect any electronic device that has been left unattended. We thank you for your understanding and compliance with this safety policy.

NORWEGIAN PRIMA

**DAY 5**

**THURSDAY**

**JANUARY 19**

George Town, Cayman Islands

## GOING ASHORE?

### DEPARTING THE SHIP

For your safety and convenience, guests will not be allowed to congregate near gangway areas to allow us to load all guests safely and efficiently into the tenders. Only once your tender group number has been called to depart, please go to your designated meeting point, where a member of our staff will assist you into the tender.

### RETURNING TO THE SHIP

After your adventures ashore, you will not need a reservation for the return trip back to the ship. However, please allow ample time to return to the ship, as the last tender will be departing George Town at 3:30p.

### TIPS TO ENSURE AN EFFICIENT & SAFE DEPARTURE

Please remember that announcements to go ashore can be heard in any public area, as well as Channel 2 on your stateroom television. Also, please take care when boarding the tenders and use handrails while following the directions of our tendering staff.

## TODAY'S HIGHLIGHTS

### NOISE BOYS

Time: 7:00p & 9:30p  
Place: Prima Theater & Club, Deck 6, 7 & 8, Fwd

### THE COMEDY OF LUCAS BOHN

Time: 8:00p  
Place: Improv at Sea, Deck 7, Mid

### THE COMEDY OF CHRISTINA WALKINSHAW (18+)

Time: 10:00p  
Place: Improv at Sea, Deck 7, Mid

### OCEAN MUSIC FEST

Time: 11:15p  
Place: Prima Theater & Club, Deck 6, 7 & 8, Fwd

### OBSERVATION LOUNGE

For the comfort of all guests in the Observation Lounge, footwear must be worn at all times. Socks or stockings must be worn when lying on chaise lounges and couches. Please do not use chairs and tables as footrests. Also, as a courtesy to your fellow guests, seating is available on a first-come, first-served basis and is not to be reserved.

# GET THE GOOD TIMES GOING.



## TONIGHT'S ENTERTAINMENT LINEUP

### NOISE BOYS

From the producers who brought you The Choir of Man, introducing Noise Boys. You won't want to miss a beat of this original, exhilarating performance. Coming straight to Norwegian Prima from the Edinburgh Fringe Festival, this tap dancing, beat-boxing spectacular will have you on the edge of your seat, tapping along to energetic performances by award-winning Beat Boxers. Reservations are required and can be made through the Box Office, iTV or touchscreens. (Duration: Approx. 60 minutes)

**Time:** 7:00p & 9:30p, Prima Theater & Club, Deck 6, 7 & 8, Fwd

### STAND-UP COMEDY

Tickle your funny bone with sidesplitting stand-up comedy as The Improv At Sea has the perfect formula to keep you laughing all night long. Tonight's featured comedians include Lucas Bohn at 8:00p and Christina Walkinshaw at 10:00p (18+). Reservations are required and can be made through the Box Office or touchscreens.

(Duration: Approx. 45 minutes)

**Time:** 8:00p & 10:00p (18+), Improv at Sea, Deck 7, Mid

### THE PERFECT COUPLE SHOW (PG13)

Tonight you can be named the "Perfect Couple". Join your entertainment team for our crazy comedy couples game show. Get ready as anything can happen during this outrageous event. Hosted by your Cruise Director's Staff. (Parental Guidance: May contain adult content)

**Time:** 9:00p, Syd Norman's Pour House, Deck 7, Mid

### OCEAN MUSIC FEST

It's the ultimate jam session where multiple outstanding Musicians merge their talents on one stage for this world class concert experience that rocks. This must see event, filled with all of your party favorites, happens tonight only. Don't miss Ocean Music Fest.

**Time:** 11:15p, Prima Theater & Club, Deck 6, 7 & 8, Fwd

Reservations will be released 10 minutes prior to all shows in the Prima Theater and Improv at Sea. Please note it is important to be on time for all shows as seats are on a first come, first served basis with reservations. Please arrive with your entire party for all shows. Video/Audiotaping or photography is prohibited in all performance venues. Doors open 30 minutes prior to show time.



## ACTIVITIES FOR FAMILIES

### GUPPIES OPEN PLAY (6 MONTHS - 4 YEARS)

A fun space with toys for parents and their little ones 6 months - 4 years old.

**Time:** 8:00a-10:00a, 12:30p-1:30p, Splash Academy, Deck 15, Fwd

### FAMILY FEEL FREE PLAY

Bring your kids to discover this area filled with toys, games and fun. Parents must accompany their child(ren) as this is not a drop off service.

**Time:** 2:30p-4:00p, Splash Academy, Deck 15, Fwd

### FAMILY 20-SECOND CHALLENGE

Welcome to the 20-second challenge. In this game, players will take turns trying to complete challenges in under 20 seconds. The faster you complete the challenge the more points you get.

**Time:** 5:00p, Syd Norman's Pour House, Deck 7, Mid

## SPECIAL EVENTS

### TRIVIA CORNER

Put your thinking caps on and start your day with a bit of trivia. Play on your own or meet new friends.

9:30a - Morning Trivia

Metropolitan, Deck 7, Aft

11:30a - Tri Bond Trivia

2:00p - Visual Trivia: Flags of the World

3:00p - Visual Trivia: Heroes vs. Villains

Improv at Sea, Deck 7, Mid

### ARTS & CRAFTS: DIAMOND ART SAILBOAT

It's time to get crafty. Join your Cruise Director's Staff this afternoon for Diamond Art. This session is the diamond art sailboat.

**Time:** 10:30a, Metropolitan, Deck 7, Aft

### SOLO TRAVELERS MEET AND GREET

Traveling alone? Not for long. This is your chance to meet new friends onboard. Join our Solo's Host Bruno and your fellow guests for an informal social and make plans for the rest of the cruise.

**Time:** 5:00p, Belvedere Bar, Deck 6, Aft

### SALSA DANCE CLASS

Learn the basic steps of this popular Salsa dance from your Cruise Director's Staff. A great class for beginners. (Weather permitting)

**Time:** 5:30p, Pool Deck, Deck 17, Mid

### GAME SHOW: MADE IN HOLLYWOOD

Join your Cruise Director's Staff with our team trivia game "Made in Hollywood". Test your big screen knowledge by correctly guessing scenes, movie titles and more. Do you have what it takes to be awarded?

**Time:** 8:00p, Syd Norman's Pour House, Deck 7, Mid

### SPEEDWAY YOU AND THE TRACK

With this race, it's all about speed. With the whole track to yourself, you're free to go fast. Compare times with your friends and family or challenge yourself to beat your own speed record for a chance to win the trophy. Fee applies. (Weather permitting)

**Time:** 8:30p-9:30p, Speedway, Deck 18, Mid

### KARAOKE AFTER HOURS (18+)

You need 1% talent and 99% guts to join your Cruise Director's Staff tonight. Have lots of fun, sing your heart out and enjoy performances by your fellow cruisers.

**Time:** 11:00p-Close, Improv at Sea, Deck 7, Mid

### PUB IT UP WITH DJ JEPH (18+)

It's too early to go to bed. DJ Jeph awaits you in Syd Norman's Pour House as he plays all of your club favorites. The music doesn't stop until you do when our DJ is in the house.

**Time:** 12:00a-2:00a, Syd Norman's Pour House, Deck 7, Mid

### MUSIC EVERYWHERE

Poolside Vibes with DJ Jeph

4:00p-6:00p, Pool Deck, Deck 17, Mid

Guitar & Vocals with Francis Larson

5:30p-6:15p, Penrose Atrium, Deck 6, Mid

Motown and Soul with Nicos Duo

6:45p-7:30p, Penrose Atrium, Deck 6, Mid



◀ TEAR HERE

◀ FOLD HERE

## MORNING

All Day	Prima Today with Jerry and Sheree	Channel 11
All Day	Morning Show Shout-out Box	Box Office
All Day	Board Games & Playing Cards Available	Observation
7:00a	Morning Stretch	Pulse Fitness
7:00a-10:00a	Photo Spot - Magic Grand Cayman Photo	Surfside Café
8:00a-10:00a	Guppies Open Play (6 months - 4 years)	Deck 15, Fwd
8:30a	Pure Form Pilates *	Pulse Fitness
8:45a	Logic Puzzle	Metropolitan
9:00a-12:00p	The Stadium **	Deck 18, Mid
9:30a	Morning Trivia	Metropolitan
10:00a-12:00p	Photo Spot - Magic Grand Cayman Photo	At Pier
10:00a-12:00p	The Bull's Eye * **	Deck 18, Mid
10:00a-12:00p	Tee Time **	Deck 18, Mid
10:00a-5:30p	Bean Bag Toss Open Play **	Pool Deck
10:30a	Arts & Crafts: Diamond Art Sailboat	Metropolitan
10:30a	Foot Print & Posture Analysis	Pulse Fitness
11:00a-12:00p	The Wave **	Deck 18, Mid
11:00a-12:00p	The Drop **	Deck 18, Aft
11:00a-12:00p	The Rush **	Deck 18, Aft
11:30a	Tri Bond Trivia	Improv at Sea

## AFTERNOON

12:00p-6:00p	Kids Aqua Park **	Deck 18, Fwd
12:30p-1:30p	Guppies Open Play (6 months - 4 years)	Deck 15, Fwd
1:00p	Albert Einstein Mystery Corner	Improv at Sea
1:00p	Informal Bridge Play with your Fellow Guests	Observation
1:00p-5:00p	The Wave **	Deck 18, Mid
1:00p-5:00p	The Drop **	Deck 18, Aft
1:00p-5:00p	The Rush **	Deck 18, Aft
1:00p-6:00p	The Bull's Eye * **	Deck 18, Mid
1:00p-6:00p	The Stadium **	Deck 18, Mid
1:00p-6:00p	Tee Time **	Deck 18, Mid
2:00p	Family Balloon Twisting	Deck 15, Fwd
2:00p	Visual Trivia: Flags of the World	Improv at Sea
2:30p-4:00p	Family Feel Free Play	Deck 15, Fwd
3:00p	Visual Trivia: Heroes vs. Villains	Improv at Sea
3:00p-3:30p	Prima Speedway Ride Double * **	Deck 18, Mid
3:00p-6:00p	Walk in Six Minute Hair Recovery Treatments	Mandara Spa
3:00p-9:00p	Galaxy Pavilion is Open * (No food/drinks)	Deck 17, Fwd
3:30p-8:30p	Prima Speedway Ride Single * **	Deck 18, Mid
4:00p	Non-Surgical Lipo Suction with Dr. Sarah	Mandara Spa
4:00p-4:45p	Friends of Bill W.	Improv at Sea
4:00p-5:00p	Box Office is Open	Deck 6, Fwd
4:00p-6:00p	Poolside Vibes with DJ Jeph **	Pool Deck
4:00p-6:30p	Lounge at Entourage (13-17 years)	Deck 15, Fwd

\* Denotes a fee for this program  
\*\* Weather Permitting

## AFTERNOON (CONT'D)

4:30p	\$100,000 Winner Takes All Slot Qualifier *	Prima Casino
4:30p	Blackjack Tournament *	Prima Casino
4:30p	January Birthstone Event: Garnet	Effy Boutique
4:30p-5:15p	Easy Listening with Francis Larson	Penrose Atrium
5:00p	Regular Texas Hold'em Poker Tournament *	Prima Casino
5:00p	Thomas Kinkade Seminar	Improv at Sea
5:00p	Solo Travelers Meet and Greet	Belvedere
5:00p	Family 20-Second Challenge	Syd Norman's
5:00p-7:00p	Complimentary Tongue & Pulse Analysis	Mandara Spa
5:00p-10:00p	Collect Your Charm of the Day (Starfish)	Gift Shop
5:30p	Salsa Dance Class **	Pool Deck
5:30p-6:15p	Guitar & Vocals with Francis Larson	Penrose Atrium

## NIGHT

6:00p	Guess the Weight	Art Gallery
6:00p	Evening Stretch	Pulse Fitness
6:00p-7:00p	Collect VIP Port & Shopping Cards	Deck 6, Atrium
6:00p-10:00p	Thomas Kinakde Exhibition	Art Gallery
6:00p-10:30p	Portraits Tonight - No Reservations Needed	Penrose Atrium
6:30p-10:00p	The Stadium **	Deck 18, Mid
6:30p-10:00p	The Bull's Eye * **	Deck 18, Mid
6:30p-10:00p	Tee Time **	Deck 18, Mid
6:45p-7:30p	Motown & Soul with Nicos Duo	Penrose Atrium
7:00p	Noise Boys ^	Prima Theater
7:00p-8:00p	Hot Seat Promotion	Prima Casino
7:00p-10:00p	Art Scavenger Hunt	Art Gallery
7:00p-10:00p	Ladies Night in the Thermal Suite *	Mandara Spa
7:00p-11:00p	Splash Academy is Open (3-12 years)	Deck 15, Fwd
7:45p-8:30p	Reggae & Bossa with Nicos Duo	Penrose Atrium
8:00p	The Comedy of Lucas Bohm	Improv at Sea
8:00p	Game Show: Made in Hollywood	Syd Norman's
8:00p	Mark Henry Alexandrite Event	Effy Boutique
8:30p	LGBTQIA+ Social	Belvedere
8:30p	Swiss Watch Event	Gift Shop, Dk 7
8:30p-9:30p	Prima Speedway Ride You & the Track * **	Deck 18, Mid
9:00p	The Perfect Couple Show (PG13)	Syd Norman's
9:30p	Noise Boys ^	Prima Theater
10:00p	The Comedy of Christina Walkinshaw (18+)	Improv at Sea
11:00p-1:00a	Lounge at Entourage (13-17 years)	Deck 15, Fwd
11:00p-1:00a	Late Night Fun Zone (3-12 years) *	Deck 15, Fwd
11:00p-Close	Karaoke After Hours (18+)	Improv at Sea
11:15p	Ocean Music Fest	Prima Theater
12:00a	Over \$1 Million Jackpot Lotto Drawing *	Prima Casino
12:00a-2:00a	Pub It up with DJ Jeph (18+)	Syd Norman's
Until Arrival	Overnight Slots *	Prima Casino

^ Flash photography and video recording of this show is prohibited

## DRINK OF THE DAY

Café Replay \$9.00  
Avorza Ultra Premium Organic vodka, Angostura bitters, Frangelico, spent coffee ground cordial, pineapple juice

Flow water packages are available at the Penrose Atrium Bar. Ask our friendly Bar Staff for assistance.

## STARBUCKS®

Kick start your day with a Caramel Macchiato or a Chai Latte and enjoy the Indulge outdoors on Deck 8, Aft or recount the day's excitement with your friends and family over freshly brewed coffee. Come by Starbucks® to make your vacation even sweeter. Deck 7, Mid & Deck 8, Aft

◀ TEAR HERE

◀ FOLD HERE

# GOOD TO KNOW.



## 7 HOURS OF OPERATION

### BAR SERVICES

Belvedere Bar, Deck 6, Aft 4:30p-Close  
 Improv at Sea, Deck 7, Mid 7:00p-Close  
 Luna Bar, Deck 8, Aft 11:30a-10:00p  
 Metropolitan Bar, Deck 7, Mid 3:00p-Close  
 Penrose Bar, Deck 6, Mid 9:00a-Close  
 Soleil Bar (Outdoor), Deck 8, Aft 12:00p-8:00p  
 Starbucks®, Deck 7, Mid \* 6:30a-9:30p  
 Syd Norman's Pour House, Deck 7, Mid 7:00p-Close  
 The Local Bar & Grill, Deck 8, Aft 7:00a-Close  
 The Observation Lounge, Deck 17, Fwd 11:00a-11:00p  
 Waves Pool Bar, Deck 17, Mid 8:00a-Close  
 Whiskey Bar, Deck 8, Mid 3:00p-Close

### GUEST SERVICES

Art Gallery, Deck 7, Mid 5:00p-10:00p  
 ATM, Prima Casino, Deck 6, Mid Always Open  
 Box Office Desk, Deck 6, Fwd 4:00p-5:00p  
 CruiseNext Desk, Deck 6, Mid 4:00p-8:00p  
 Entourage, Deck 15, Fwd, Starboard Elevators 4:00p-6:30p,  
 11:00p-1:00p  
 Galaxy Pavilion, Deck 17, Fwd \* (no food/drinks) 3:00p-9:00p  
 Guest Services Desk, Deck 7, Mid (Dial 00) Always Open  
 Guppies, Deck 15, Fwd 8:00a-10:00a,  
 12:30p-1:30p  
 Hot Tubs, Deck 17, Mid \*\* 7:00a-7:00p  
 iConnect Manager's Hours, Deck 7, Mid 8:00a-10:00a,  
 4:00p-6:00p,  
 7:00p-9:00p

Imagination Wall, Deck 8, Mid  
 Infinity Pool, Deck 8, Aft \*\*  
 Kids Aqua Park, Deck 18, Fwd \*\*  
 Main Pool, Deck 17, Mid \*\*  
 Mandara Spa and Salon, Deck 16, Fwd, (Dial 030)  
 Medical Center, Deck 12, Mid  
 (Medical Services are subject to charge)  
 Onboard Credit Desk, Deck 7, Mid  
 7:00a-10:00a,  
 4:00p-7:00p  
 Call 23873  
 5:00p-10:30p  
 Always Open  
 Always Open  
 6:00p-7:00p  
 Approx. 4:30p-Close  
 3:00p-3:30p  
 3:30p-8:30p  
 8:30p-9:30p  
 6:00a-11:00p  
 5:00p-8:00p  
 7:00p-11:00p  
 11:00p-1:00a  
 10:00a-12:00p,  
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 Always Open  
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 1:00p-5:00p  
 9:00a-12:00p,  
 1:00p-6:00p,  
 6:30p-10:00p  
 11:00a-12:00p,  
 1:00p-5:00p  
 Approx. 4:30p-11:00p

Perspectives Studio, Deck 8, Mid  
 Photo Gallery, Deck 8, Mid  
 Photo Kiosks, Deck 8, Mid  
 Photo Spot - Super Selfie, Deck 18, Fwd \* \*\*  
 Port Shopping Guide Desk, Deck 6, Fwd  
 Prima Casino, Deck 6, Mid  
 Prima Speedway Ride Double, Deck 18, Mid \* \*\*  
 Prima Speedway Ride Single, Deck 18, Mid \* \*\*  
 Prima Speedway Ride You and the Track, Deck 18, Mid \* \*\*  
 Pulse Fitness Center, Deck 16, Fwd  
 Shore Excursions Desk, Deck 7, Mid  
 Splash Academy, Deck 15, Fwd  
 Splash Academy Late Night Fun Zone, Deck 15, Fwd \*  
 Tee Time, Deck 18, Mid \*\*

The Bull's Eye, Deck 18, Mid \* \*\*

The Drop, Deck 18, Aft \*\*

The Humidor Cigar Lounge, Deck 7, Mid (cigars only)  
 The Rush, Deck 18, Aft \*\*

The Stadium, Deck 18, Mid \*\*

The Wave, Deck 18, Mid \*\*

Tradewinds Tax & Duty Free, Deck 6, 7 & Mid

\* Denotes a fee for this program \*\* Weather Permitting

### In-room phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

## YOUR LIFE, BE A HERO

Explore everything with the world's most versatile camera. Dual LCD screens, water repelling lens, waterproof to 33ft (10m) and award winning video stabilization. Visit the Photo Gallery, Deck 8, Mid for more details.

## TODAY'S DINING OPTIONS

### MORNING

#### COMPLIMENTARY

Surfside Café & Grill  
 Surfside Café & Grill  
 The Local Bar & Grill  
 Hudson's  
 Indulge Food Hall  
 Observation Lounge

Early Risers (Deck 17, Mid) 5:30a-6:30a  
 (Deck 17, Mid) 6:30a-9:30a  
 Breakfast (Deck 8, Mid) 5:00a-10:30a  
 (Deck 7, Aft) 7:00a-9:00a  
 (Deck 8, Aft) 8:00a-10:00a  
 Light Breakfast (Dk 17, Fwd) 9:00a-11:00a

### AFTERNOON

#### COMPLIMENTARY

Surfside Café & Grill  
 Surfside Café & Grill  
 Indulge Food Hall  
 The Local Bar & Grill  
 Observation Lounge

Buffet (Deck 17, Mid) 11:30a-2:00p  
 Late Lunch (Deck 17, Mid) 2:00p-5:00p  
 (Deck 8, Aft) 12:00p-2:00p  
 (Deck 8, Mid) 11:00a-10:30p  
 Light Snacks (Dk 17, Fwd) 3:00p-5:00p

### DINNER

#### COMPLIMENTARY

Surfside Café & Grill  
 Hudson's  
 The Commodore Room  
 Indulge Food Hall  
 The Local Bar & Grill  
 The Local Bar & Grill

Ribs (Deck 17, Mid) 5:30p-9:30p  
 (Deck 7, Aft) 5:00p-9:00p  
 (Deck 6, Aft) 5:30p-9:30p  
 (Deck 8, Aft) 5:30p-9:30p  
 (Deck 8, Mid) 5:00p-9:00p  
 Late Night (Deck 8, Mid) 10:30p-3:30a

#### COVER CHARGE APPLIES

Cagney's (A la carte) \*  
 Food Republic (A la carte) \*  
 Hasuki (\$59) \*  
 Le Bistro (A la carte) \*  
 Los Lobos (A la carte) \*  
 Nama (A la carte) \*  
 Onda by Scarpetta (A la carte) \*  
 Palomar (A la Carte) \* Deck 17, Mid

Steakhouse (Deck 6, Aft) 5:30p-9:30p  
 Contemporary Asian (Dk 17, Mid) 5:30p-9:30p  
 Teppanyaki Deck 7, Mid) 5:00p-9:30p  
 French (Deck 7, Aft) 5:30p-9:30p  
 Mexican (Deck 8, Mid) 5:30p-9:30p  
 Sushi | Sashimi (Deck 7, Aft) 5:30p-9:30p  
 Italian (Deck 8, Mid) 5:30p-9:30p  
 Seafood/Mediterranean 5:30p-9:30p

For reservations dial ext. #050 or come to see us by the Restaurant Reservations Desk in Hasuki, Deck 7, Mid from 7:00a-11:00a.

\* Please note that cover charges are per person and a 20% gratuity will be added to your check.

## 24/7

Room Service Delivery \* Dial 065 Always Open

\*Room Service Fee of \$4.95 convenience charge + 20% gratuity will be added to orders for Continental and all Breakfast items.

\*Room Service Fee of \$9.95 convenience charge + 20% gratuity will be added to orders for All Day Menu.

**Restaurant Cancellations:** Dinner Reservations at Specialty Restaurants must be cancelled 24 hours in advance, otherwise the full cover fee will be charged to your account.

**Dress Code:** Resort casual (tank tops and baseball caps are not permitted). Shorts are allowed in all dining venues except Palomar & Le Bistro after 5:00p. Shoes and shirt must be worn; tank tops and baseball caps are not permitted.

**SAFETY INFORMATION:** Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited. Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **MARPOL:** The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management Staff. **ADULT VENUES:** A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not tax mandated by the IRS. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks, Humidor Cigar Lounge (cigar smoking only) or in the Casino smoking area while playing. Smoking of any kind is prohibited in staterooms and balconies; a cleaning fee of \$250 will be added to your onboard account if you smoke in your stateroom. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chair is prohibited. If any chair is left unattended for longer than 30 minutes, the items will be removed and handed to the Guest Services Desk, Deck 7, Mid.

# GET SAVINGS THAT SIZZLE.

## SALSA & SALSA

Learn hands-on how to make a variety of authentic salsas and then learn the finer points of salsa dancing in a fun-filled class at the Cocomama Tiki Room. The chef will first teach you to prepare fruit-flavored frozen margaritas, which you can sip on the entire time if you wish.

Desk hours: 5:00p-8:00p  
Shore Excursions Desk, Deck 7, Mid

## VIP SEA LION & MANATEE

Interact in the water with sea lions and manatees, two of the friendliest marine creatures that inhabit the enclosed pools within Chankanaab National Park. You will watch the sea lions perform entertaining antics on stage.

Desk hours: 5:00p-8:00p  
Shore Excursions Desk, Deck 7, Mid

## DOLPHINARIS

You'll meet your guide outside your cruise ship for an approximate 5-minute taxi ride. Upon arrival, you'll attend a 10-minute interactive orientation session so you can learn more about the dolphins' history, physiology and anatomy. Different programs are available, book yours now.

Desk hours: 5:00p-8:00p  
Shore Excursions Desk, Deck 7, Mid

## PERFECT DAY SPECIAL

Enjoy all of the below in this 75min special for only \$229.

- Full Body massage
- Scalp massage
- Elemis Mini Facial
- Foot & Ankle massage
- Hand & Arm massage

Book now by dialing 030 or visit Mandara Spa, Deck 16, Fwd

## IONITHERMIE SUPER DETOX

Do you suffer from bloating, sluggish digestion, lack of energy, cellulite, fluid retention or stubborn weight? Ionithermie is a French treatment that has been around for 25+ years that uses natural algae to help reduce all of these concerns, the only down side is you can lose 1-8 inches in one single session. Book now by dialing 030 for \$50 off, today only.

## LADIES NIGHT OUT

Join the Spa team for our fun Ladies Night Out for tonight only. Enjoy a DIY body scrub, mini facial, glass of bubbly then relax in our fabulous thermal suite for the rest of the night for only \$39 per person, plus a special discount on spa services for all who attend. Reserve your space today by dialing 030 or visit the Mandara Spa, Deck 16, Fwd. Starts 7:00p.

## FASHION WATCHES SALE

Looking for a luxury or fashion watch for yourself or a loved one? Check out amazing collection of Guess, Fossil, Anne Klein and much more. All at tax and duty free savings.

Time: 5:00p-10:30p  
Tech @ Sea, Deck 8, Mid

## SWISS WATCH EVENT

Join our Swiss timepiece experts for a history of watches, seeking coveted timepieces? Discover fine Swiss watches by Breitling, Tag, Oris and Rolex.

Time: 8:30p  
Timeless Luxury Boutique, Deck 7, Mid

## UPTO 30% OFF ON LIQUOR

The hottest deals on the best Whiskey brands, including Blue Label, Black Label, The Glenlivet, Chivas and many more. So what are you waiting for? Shop for your favorite Whiskey from our on-board tax & duty free liquor shop right away.

Time: 5:00p  
Liquor Shop, Deck 6, Atrium

## LOOK FOR THE PHOTO SPOT

Take a photo with Grand Cayman as your backdrop. Our Photographers have "Photo Spots" set up around the ship each port day. Stop, smile then view all your photos in the Photo Gallery, Deck 8, Mid.

Time: 7:00a-10:00a, Surfside Café, Deck 17, Mid  
Time: 9:00a-11:00a, Atrium, Deck 6, Mid  
Time: Arrival-12:00p, At Pier

## YOUR LIFE, BE A HERO

Explore everything with the world's most versatile camera. Dual LCD screens, water repelling lens, waterproof to 33ft (10m) and award winning video stabilization.

Visit the Photo Gallery, Deck 8, Mid for more details.

## MAKE THIS MOMENT LAST

Professional portraits tonight in the Penrose Atrium.

No reservations, no sitting fee.  
Free to try.

Time: 6:00p-10:30p



**NORWEGIAN**  
CRUISE LINE®

### THOMAS KINKADE SEMINAR

Why do they call legendary artist Thomas Kinkade "The Painter of Light"? Learn all about one of the most collected artists in the world at this engaging seminar. Receive a complimentary work of art just for attending.  
Time: 5:00p  
Improv at Sea, Deck 7, Mid

### ART SCAVENGER HUNT

Can you solve the riddles in our Art Scavenger Hunt? All participants will be entered into an exclusive raffle. Perfect for all ages.  
Time: 7:00p-10:00p  
Art Gallery, Deck 7, Mid

### THOMAS KINADE EXHIBITION

Fans of the legendary "Painter of Light" should not miss this. This is your one opportunity to view the Art Gallery's entire Thomas Kinkade collection. VIP pricing is available. Receive a complimentary work of art for attending.  
Time: 6:00p-10:00p  
Art Gallery, Deck 7, Mid

### TOURNAMENTS GALORE

Another qualifying session for both Slots and Blackjack Tournaments today. Up to \$500 cash up for grabs in the Finals later in the cruise. Our Slots tournament also includes a chance to qualify for our \$100,000 Winner takes all tournament on the Encore, December 3, 2023. \*Conditions apply  
Time: 4:30p, Prima Casino, Deck 6, Mid

### HOT SEAT PROMOTION

Come and join us from 7:00p-8:00p and play our slot and table games with the Casinos At Sea player's card to be automatically eligible to win free play for either Slots or Table game.  
Prima Casino, Deck 6, Mid

### TEXAS HOLD'EM TOURNAMENT

Come and experience the thrills and action in the Texas Hold'Em Tournament at 5:00p today. This is a Re-buy, Add-on, Late entry and Big Blind Ante Tournament. Top three get paid in cash prizes.  
See your Casino Hosts for more details.

### SWIFT DELIVERY SERVICE

Introducing SWIFT - Norwegian's brand new on demand delivery service. Available 24/7. Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers Order through 24/7 Room Service or iTV.

### STARBUCKS®

Kick-start your day with a Caramel Macchiato or a Chai Latte and enjoy the Indulge outdoors on Deck 8, Aft or recount the day's excitement with your friends and family over freshly brewed coffee.  
Come by Starbucks® to make your vacation even sweeter.  
Deck 7, Mid & Deck 8, Aft

### SAIL AND SUSTAIN COCKTAIL

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails. Our designated Sail & Sustain bar on the Prima is Metropolitan Bar, Deck 7, Mid.

### JANUARY BIRTHSTONE SALE: GARNET

It's time you own your birthstone. Effy carries a beautiful selection of garnet jewelry in every taste, style, and budget. January birthdays receive an additional 10% off any garnet jewelry.  
Time: 4:30p  
Effy Boutique, Deck 7, Fwd

### THE 1-IN-A-MILLION SALE: ALEXANDRITE

Gemstone lovers and jewelry collectors, this is for you. This phenomenal gemstone changes color right before your eyes. Only 1 in 100,000 will ever see it and only one-in-a-million will ever own it. Try on any piece to receive a free gift.  
Time: 8:00p  
Effy Boutique, Deck 7, Fwd

### GROW FASTER IN THE LATITUDES PROGRAM

1. Extra Latitudes Points (2023 Cruises only)\*
2. Get "Free Money" by securing your CruiseNext future cruise deposits.\*
3. For a very limited time get 2<sup>nd</sup> "Guest for Free" in all the sailings, all staterooms receive up to 6 free offers.\*

(\*Limited time offers - Terms and conditions apply)  
Time: 4:00p-8:00p  
CruiseNext Desk, Deck 6, Mid

### BEAT THE LAST MINUTE RUSH, SEE US TODAY

Want to get "Free Money" \* for cruising with Norwegian again? Want to DoubleUP! In any stateroom today? \*\*How about picking your favorite "Free at Sea" \* promotion for your next cruise  
Come and see CruiseNext for details. Don't miss out.  
(\*\*Sailing must be at least 4 months in advance - \*\*Limited time offer - Terms and conditions apply)  
Desk Hours: 4:00p-8:00p  
CruiseNext Desk, Deck 6, Mid