

FREESTYLE DAILY



FreestyleTravelers.com

TODAY'S FORECAST Chance of rain, 59°F/15°C

SUNRISE 6:49a

SUNSET 8:37p

TAKE A SEA DAY FOR YOURSELF

That is the beauty of Freestyle Cruising®, having the freedom to do what you want every day. Whoosh down a waterslide, discover a new restaurant, bar, or blow off some steam in the spa. Then turn your day into an amazing evening. Whether you are catching a show, hitting the slots or dancing the night away, there is something for everyone around every corner of our ship.

TIME CHANGE: Please remember to turn your clocks and watches one (1) hour back tonight (Sunday into Monday).

ENTERTAINMENT FOR ALL

Freestyle Cruising is about having plenty of choices – and we have some of the most spectacular entertainment options at sea. Whether you are looking for astonishing or jaw-dropping, want to stretch your vocal chords or even tickle your funny bone, there is something for everyone. For more details on tonight's entertainment lineup, show times and locations, please turn to page two.

FEATURED COMPLIMENTARY ENTERTAINMENT

- Jersey Boys
- Six: The Musical
- The Beatles Experience
- Comedy Juggler Jeff Taveggia
- Comedy Night with Levity Entertainment

HOW TO CATCH A SHOW

It is always a good idea to select show times in advance only for the Levity Comedy shows. Jersey Boys & SIX: The Musical do not require reservations.

Here is how:

- Use any digital touch screen located on every deck or elevator landing.
- Use iTV on your stateroom television.
- Use Cruise Norwegian App on your personal device.
- Visit the Box Office on Deck 7, Fwd (during opening hours).
- Call the Box Office at extension 073 (during opening hours).

If the availability on the iTV, Cruise Norwegian App and digital touch screens is zero, you can still visit the Box Office during opening hours or just catch the shows as we accept walk-ins 10 minutes prior show time subject to seat availability.

LIVE MUSIC EVERYNIGHT

Every night we feature live music around the ship. We have something for everyone.

- Anfisa – Piano, Vocalist
- El Sol Duo – Latin Duo
- Robin Rose - Piano, Vocalist
- Siglo – Rock Band
- Temperature Band – Variety & Party Band

HAND HYGIENE

To maintain a clean and healthy environment throughout your cruise vacation use proper hand hygiene practices. Please wash your hands thoroughly with soap and warm water before and after meals and after each restroom visit, we do encourage you to kindly use the hand sanitizing stations placed around the ship.

NORWEGIAN BLISS

DAY 2

SUNDAY

SEPTEMBER 4, 2022

Sea Day

WHAT'S ON BOARD

DRESS UP OR NOT NIGHT

What do you feel like wearing tonight? Feeling a little glamorous? Maybe just some comfortable khakis and polo? With Freestyle Cruising, there is no formal policy, so you are free to wear whatever you wish.

SPECIAL DIETARY NEEDS

For special dietary needs, please visit our Maitre' D at Taste or Savor restaurants during operating hours or contact them directly at extensions 28948, 28946, 28947, 28975.

QUIET ZONES

For guests who wish to read a book or quietly enjoy the view, The Waterfront outside on Deck 8 is the place for you. Alternatively, if you prefer to stay indoors, Observation Lounge (Deck 15, Fwd) and Le Bistro (Deck 17, Aft) are available until 2:00p.

BLISS SPEEDWAY AND LASER TAG

Make your reservations for these exciting experiences at sea.

Here is how:

- Use any digital touch screen located on every deck or elevator landing
- Call the Box Office at extension 073 (during opening hours)
- Call the Guest Services Operation extension "00", 24/7
- Visit the Bliss Speedway and Laser Tag check in areas (during opening hours)
- Visit the Box Office on Deck 7, Fwd (during opening hours)

Space is limited, Weather permitting. Fee applies. Cancellation within 24 hours' notice.

PORT VALET SERVICE

Check in for your flight onboard your cruise, receive your boarding passes and your luggage will be transported directly from your stateroom to the airport and onto your flight for free. Visit the Guest Services on Deck 6, Mid.

IMPORTANT NUMBERS: Emergency: Dial 911 | Guest Services: Dial #00

GARDEN CAFÉ & THE LOCAL'S SPECIAL

Feeling hungry? You can't go wrong in the Garden Café. The culinary team have prepared a grill extravaganza dinner buffet and whole roast striploin on the carving station, as well as fish tacos in the Local.

GET THE GOOD TIMES GOING.

FreestyleTravelers.com



TONIGHT'S ENTERTAINMENT LINEUP

SIX: THE MUSICAL ^

From Tudor Queens to Pop Princesses, the six wives of Henry VIII take to the mic to tell their tales, remixing five hundred years of historical heartbreak into a 75-minute celebration of 21st Century girl power. These Queens may have green sleeves but their lipstick is rebellious red. Please note this show contains strobe effects, fog, and some adult themes. Those with light sensitivity are encouraged not to sit in the first three rows. Children are not permitted to sit in the first three rows. No reservations required. Doors open 30 minutes prior to show time. (Duration: 75 minutes)

Video/Audio recording or photography is strictly prohibited during the show.

Time: 7:00p & 9:30p, Bliss Theater, Deck 7, Fwd

COMEDY NIGHT WITH LEVITY ENTERTAINMENT

Get ready to laugh at the hilarious stand-up comedy curated by Levity Entertainment. Tonight's featured acts are performances by Orlando Leyba at 7:00p & Billy Bonnell at 9:00p. After 9:00p, this venue is for individuals 18 & over. Book your reservations through the Box Office, iTV or touchscreens. Reservations will be released 10 minutes prior to the show. (Duration: 45 minutes)

Time: 7:00p & 9:00p (18+), The Social Comedy Club, Deck 6, Mid

THE BEATLES EXPERIENCE: SGT. PEPPER

The Liverpool Beatles play some of the most influential tracks from the most iconic album of all time. Come on a Magical Mystery Tour, back to the summer of love with Sgt. Pepper Lonely Hearts Club Band. A splendid time is guaranteed for all. Reservations are not required. (Duration: Approx. 45 minutes)

(You can also catch The Beatles Experience in Juneau at 7:30p & 9:30p)

Time: 7:30p & 9:30p, The Cavern Club, Deck 8, Mid

NEWLYWED NOT SO NEWLYWED GAME SHOW (PG-13)

Tonight we delve into the lives of three married couples. It's time for them to bare all and find out how well they know each other. You will not want to miss this gameshow. Enjoy the hilarity with your Cruise Director Dan Dan. *(Parental guidance: may contain adult content)*

Time: 8:30p, Atrium, Deck 6, Mid

AWESOME 80'S PARTY

Dust off your leg warmers, tease up your hair, and pull out your acid wash jeans as our DJ transports you back to a time where video killed the radio star - the awesome 80's. Dress in your best 80's look for a fun night under the stars. Set your swatch watches and don't miss this totally rad party.

Time: 10:15p, The Social Night Club, Deck 6, Mid

Please note that it is important to be on time for all shows as seats are on a first come, first served basis. Some shows required reservations. Book your reservations through the Box Office, iTV or Touchscreens. Reservations will be released 10 minutes prior to some shows. Please arrive with your entire party for all shows. Video/Audio recording or photography is prohibited in some performance venues. Doors open 30 minutes prior to show time. Latecomers will not be granted access.



YOUTH AND FAMILY ACTIVITIES

FAMILY MUSIC MANIA GAME SHOW

From children to grandparents, families can join us to play this interactive gameshow. With four rounds requiring different musical skills, your family will need to be real music aficionados to become the Music Mania champions.

Time: 12:30p, Atrium, Deck 6, Mid

SPLASH ACADEMY IS OPEN (KIDS 5-12 YEARS)

Bring your kids 5-12 years old in Splash Academy, where they can make new friends and play the way they want.

Time: 10:00a-12:00p, 2:00p-5:00p & 7:00p-11:00p, Splash Academy, Deck 5, Mid

SPECIAL EVENTS

THIS IS ALASKA PRESENTATION

"This is Alaska" live multimedia enrichment presentation highlights Alaska through history, it's main attractions and various ways to experience them. Limited seating and one show only.

Time: 10:00a, Bliss Theater, Deck 7, Fwd

KICK-OFF AND ROYALTY KING & QUEEN BINGO

Join the Cruise Director's Staff this morning for a chance to win the \$2,000 jackpot. Come back to the afternoon session for your chance to win some serious cash up to \$2,500 jackpot, plus we will also be crowning the King and Queen of Bingo, these two lucky winners will play bingo for free during the whole cruise.

Cards Available: 10:30a-11:15a & 3:30p-4:15p

Time: 11:15a & 4:15p, Bliss Theater, Deck 7, Fwd

BAMBOOZLED: SUPERHERO ESCAPE

In this "POW"erful tabletop Escape experience, you'll join forces with other guests to help our superhero escape the ship to foil an evil villain's plan before it's too late. Save this time on your schedule if you want to try and save our super hero and save the world.

Time: 12:15p, "Q" Texas Smokehouse, Deck 6, Fwd

CANVAS BY U! : THE ELEPHANT

Never picked up a brush before? No problem, we're here to help you find your inner artist as you create a painting in one session. Feel free to try something new and capture your creativity with our unique "Canvas by U!" painting class. Join our artistic Cruise Director's Staff as they guide you step by step through your one of a kind painting experience. Space is limited, fee applies. Sign-ups via the Box Office are recommended for tomorrow's class.

Time: 1:00p, Teppanyaki, Deck 6, Mid

\$5,000 DEAL OR NO DEAL GAME SHOW

The world's most popular game show is on the Bliss. Everyone in the audience, who purchases a card, gets to play for a chance to win cash and prizes. You will also get raffle tickets for a chance to Win-A-Cruise for two. Hosted by your Cruise Director Dan Dan.

Cards Available: 1:00p-2:00p, Atrium, Deck 6, Mid

Time: 2:00p-2:30p, Atrium, Deck 6, Mid

LATITUDES EXCLUSIVE COCKTAIL PARTY

Join us for the Latitudes Exclusive Cocktail party today. Silver, Gold, Platinum, Sapphire, Diamond & Ambassador members.

Time: 6:00p, Observation Lounge, Deck 15, Fwd

WHEEL OF ILL WILL GAME SHOW

Spin the wheel and solve the puzzle? Anyone can do that. Find out how far our contestants will go to earn the points and the letters they need to win, during this hilarious and unexpected show.

Time: 7:45p, Atrium, Deck 6, Mid

MUSIC EVERYWHERE

Start the Night with Anfisa

6:00p-6:45p, Atrium, Deck 6, Mid

Dance & Drink with El Sol Duo

8:45p-9:30p, "Q" Texas Smokehouse, Deck 6, Fwd

End The Night with Temperature Band

10:30p-11:30p, Atrium, Deck 6, Mid

WHAT'S HAPPENING TODAY.

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DAY 2

SUNDAY
SEPTEMBER 4

← TEAR HERE

← FOLD HERE

MORNING

All Day Bliss Today with Dan Dan & Krystle
 8:00a Pure Form Yoga *
 8:00a-9:00p Mini Golf is Open **
 8:00a-9:00p Ping Pong Play **
 8:30a Giant Crossword Puzzle #1
 9:00a Fun Fitness
 9:00a Arts & Crafts: Origami Butterfly
 9:00a 100 Charm Bracelets Give Away
 9:00a Knitters & Stitchers Social (Self-Led)
 9:30a Morning Trivia
 9:30a-4:30p Free Gifts
 10:00a This is Alaska Presentation
 10:00a Non-Surgical Facelift with Dr. Irena
 10:00a Up to \$500 Blackjack Tournament *
 10:00a Nature Enthusiast Social (Self-Led)
 10:00a-12:00p Splash Academy is Open (5-12 years)
 10:00a-12:00p Bliss Speedway is Open (Double Go Karts) ***
 10:00a-12:00p Ambient Sound of Nature
 10:00a-1:00p Ocean Loop is Open **
 10:00a-5:00p Aqua Racer is Open **
 10:00a-5:00p Kids Aqua Park is Open **
 10:15a Food Republic Cooking Demonstration
 10:30a Introduction to Acupuncture
 10:30a-11:15a Kick-Off Bingo Cards Available *
 10:45a 30,000 Years of Art History Seminar
 11:00a Thriller Dance Class
 11:00a Audio Lecture: History of Alaska
 11:00a Guest Make-Up Boat Drill
 11:00a Health Seminar: Increase Your Metabolism
 11:00a \$100,000 Winner Take All Slot Qualifier *
 11:15a Kick-Off Bingo Game & \$2,000 Jackpot *
 11:30a Effy Designer Studio
 11:30a Sparkling Black Glass Wine Tasting*
 11:45a Cinemoji Trivia Challenge

AFTERNOON

12:00p Veterans Social (Self-Led)
 12:00p-12:45p Poolside Jams with Temperature Band **
 12:15p Bamboozled: Superhero Escape
 12:30p Family Music Mania Game Show
 12:30p Art Auction Registration
 12:30p Alaskan Port Shopping Talk
 12:30p-8:00p Bliss Speedway is Open (Single Go Karts) ***
 1:00p Canvas By Ü! : Elephant *
 1:00p Champagne Art Auction
 1:00p Ultimate Hair Show
 1:00p Beer Tasting *
 1:00p Super Satellite Poker Tournament *
 1:00p-2:00p \$5,000 Deal or No Deal Cards Available *
 1:00p-3:30p Top 40 Hits with DJ Maz **
 1:15p Last One Standing Game Show
 2:00p Mojito Tasting *
 2:00p Wine & Cheese Perfect Pairing *
 2:00p Boost your Energy with IV Consultation
 2:00p-2:30p \$5,000 Deal or No Deal Game Show *

* Denotes a fee for these activities
** Weather Permitting

AFTERNOON (CONTINUED)

2:00p-5:00p Splash Academy is Open (5-12 years)
 2:00p-5:00p Ocean Loop is Open **
 2:30p Seminar: Walking In Comfort
 2:45p Exotic Journeys Presentation w/ CruiseNext
 3:00p Macallan Whiskey Sensory Experience *
 3:00p-3:30p See the World - Binocular Workshop
 3:30p Audio Lecture: Alaska's Marine Wildlife
 3:30p History of the Swiss Watches
 3:30p Back Pain & Arthritis Solution with Acu
 3:30p Diamond Gemstone and Watch Seminar
 3:30p Movie: The 355, 2h4m (PG13) **
 3:30p-4:15p Bingo Cards Available *
 3:45p Awesome 80's Trivia
 4:00p Audio Lecture: Geography of Alaska
 4:00p Black Glass Wine Tasting with Macarons *
 4:00p Over \$1,000,000 Lotto Drawing *
 4:15p Royalty King & Queen \$2,500 Bingo Jackpot *
 4:30p Cha Cha Dance Class
 5:00p Solo Travelers Social w/ Cruise Staff Jimena
 5:00p First Responders Social (Self-Led)
 5:00p-6:00p Friends of Bill W.
 5:00p-7:00p See Ryan for Sitka Shopping VIP Cards
 5:15p Celebrity Heads Game Show

NIGHT

6:00p Latitudes Exclusive Cocktail Party
 6:00p-6:45p Start the Night with Anfisa
 6:00p-7:00p Dine & Music with El Sol Duo
 6:00p-10:30p Portraits Tonight - Free to Try
 6:45p-7:30p Grooving Instrumentals w/ Temperature Band
 7:00p SIX: The Musical ^
 7:00p Comedy Night with Orlando Leyba - LGBTQIA+ Social (Self-Led)
 7:00p-9:00p Laser Tag is Open ***
 7:00p-11:00p Splash Academy is Open (5-12 years)
 7:30p The Beatles Experience: Sgt. Pepper
 7:30p-9:00p Latin Hits with Celebrity DJ Master Leroy
 7:45p Wheel of ILL Wheel Game Show
 8:30p Newlywed Not So Newlywed Game Show (PG13)
 8:30p Effy White & Hot Diamond Night
 8:30p-10:30p Piano Melodies with Anfisa
 8:45p-9:30p Dance & Drink with El Sol Duo
 9:00p Comedy Night with Billy Bonnell (18+) -
 9:00p-Close Piano & Vocals with Robin Rose
 9:30p SIX: The Musical ^
 9:30p The Beatles Experience: Sgt. Pepper
 9:30p-10:15p Motown Tribute with Temperature Band
 10:00p-11:00p Cocktails & Cha Cha with El Sol Duo
 10:15p Awesome 80's Party
 10:30p-11:30p End the Night with Temperature Band
 11:00p Entourage: Social Network Party (13-17 years)
 11:15p-Close Late Night w/ Celebrity DJ Master Leroy (18+)
 12:00a Over \$1,000,000 Lotto Drawing *
 2:00a Turn Clocks Back One Hour

^ Photography and video recording of this show is prohibited.
- Latecomers unfortunately will not be allowed into the performance.

WINE AND CHEESE PERFECT PAIRING

Taste and sip your way through 4 award winning wines paired with 4 artisan cheeses. Soft cheese with white wines, hard cheeses with red wines? Join us as we taste and experiment to find your perfect pairing. To make a reservation for this seminar, please see the Cellar Master The Cellars by Michel Mondavi, Deck 8 Mid

THE MACALLAN SENSORY EXPERIENCE

Gather, taste, discover, pair and sample rare, high-end whisky from the world's leading brand. Malting's Whiskey Bar Deck 8, Mid.

← TEAR HERE

← FOLD HERE

GOOD TO KNOW.



24 HOURS OF OPERATION

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BAR SERVICES

American Diner, Deck 17, Aft	12:00p-5:00p
Atrium Bar, Deck 6, Mid	8:00a-12:00a
Garden Café, Deck 16, Fwd	7:00a-10:00p
Mallings Whiskey Bar, Deck 8, Mid	10:00a-12:00a
Mixx Bar, Deck 6, Aft	11:00a-2:00p
	5:00p-10:00p
Observation Lounge, Deck 15, Fwd	5:30a-12:00a
"Q" Texas Smokehouse, Deck 6, Fwd	5:30p-Close
Skyline Bar, Deck 7, Aft	9:00a-Close
Spice H ₂ O Bar, Deck 17, Aft (18+) **	9:00a-Close
Starbucks®, Deck 6, Mid	6:00a-10:00p
Sugarcane Mojito Bar, Deck 8, Mid	11:00a-11:00p
Sail & Sustain Bar, Deck 8, Mid Waterfront	11:00a-11:00p
Surf Bar, Deck 16, Mid **	8:00a-Close
The A-List Bar, Deck 8, Aft	5:00p-11:00p
The Cellars Wine Bar, Deck 8, Fwd	11:00a-11:00p
The District Brew House, Deck 8, Fwd	2:00p-12:00a
The Local Bar & Grill, Deck 7, Mid	6:00a-Close

GUEST SERVICES

Art Gallery, Deck 6, Mid	6:00p-10:00p
Aqua Racer, Deck 17, Aft **	10:00a-5:00p
ATM, Bliss Casino, Deck 7, Mid	Always Open
Bliss Speedway, Deck 18, Aft **	
-Double Go Karts for Kids and Adults ***	10:00a-12:00p
-Single Go Karts **	12:30p-8:00p
Box Office, Deck 7, Fwd (Dial 073)	9:30a-11:30a
	2:30p-4:30p
CruiseNext Desk, Deck 6, Mid	9:00a-8:00p
Bliss Casino, Deck 7, Mid	9:00a-Close
Entourage Teen Lounge, Deck 5, Aft	11:00a-1:00a
Guest Services Desk, Deck 6, Mid (Dial 00)	Always Open
Hot Tubs, Deck 17, Mid **	7:00a-10:00p
Hot Tubs, Spice H ₂ O, Deck 17, Aft **	7:00a-10:00p
Hot Tubs, Deck 19, Fwd **	7:00a-10:00p
Humidor Cigar Lounge, Deck 8, Fwd	Always Open
iConnect Manager's Hours, Deck 6, Mid	9:00a-1:00p
	3:00p-5:00p
	7:00p-9:00p
Jogging Track, Deck 17, Aft**	Before 9:00a
	After 6:00p
Kids Aqua Park, Deck 16, Mid **	10:00a-5:00p
Laser Tag, Deck 20, Fwd **	7:00p-9:00p
Library, Deck 6, Mid	9:00a-11:00a
	2:00p-4:00p
Mandara Spa & Salon, Deck 16, Aft (Dial 030)	8:00a-10:00p
Main Pools, Deck 16, Mid **	7:00a-10:00p
Medical Center, Deck 13, Fwd	8:00a-9:30a
(Medical Services are subject to charge)	6:00p-7:30p
Mini Golf, Deck 19, Aft (Access via Deck 18, Aft) **	8:00a-9:00p
Ocean Loop, Deck 17, Aft **	10:00a-1:00p
	2:00p-5:00p
Onboard Credit Desk, Deck 6, Mid	9:00a-12:00p
	3:00p-7:00p
Perspectives Studio, Deck 6, Fwd	Call 23873
Photo Gallery, Deck 8, Aft	9:30a-4:30p
Professional Portraits, Decks 6 & 8	6:00p-10:30p
Ping Pong Tables, Deck 17, Fwd **	8:00a-9:00p
Port Shopping Desk, Atrium, Deck 6, Mid	5:00p-7:00p
Pulse Fitness Center, Deck 16, Aft	6:00a-11:00p
Shore Excursions Desk, Deck 6, Mid	9:00a-8:00p
Splash Academy, Deck 5, Mid	10:00a-12:00p
	2:00p-5:00p
	7:00p-11:00p
Tradewinds Tax & Duty Free Shops, Deck 8, Aft	9:00a-11:00p
Video Arcade, Deck 5, Aft *	Always Open

* Denotes a fee for this program
** Weather permitting

Bliss Speedway and Laser Tag Cancellations: Please note that there is 24-hour cancellation policy for the racetrack and laser tag. If your reservations are not cancelled within 24 hours of your scheduled time, you will be charged 50% of the cost of the experience. Racetrack and laser tag are open every day - weather permitting.

IN-STATEROOM PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

LAST CHANCE: GET YOUR UNLIMITED PLAN

Unlimited Social Media only \$14.99 per day. View, tweet, post, upload and chat with favorites like Instagram, Facebook, Snap Chat, Twitter. Unlimited Wi-Fi only \$29.99 per day. General web browsing, email and app use. Unlimited Premium Wi-Fi \$34.99 per day. All of the above plus Audio & Video streaming. Use your preferred providers; Amazon Prime, Netflix, YouTube, Spotify, Pandora and more. This special offer will be available until 10:00p today. Manager's Hours: 9:00a-12:00p, 2:00p-5:00p & 7:00p-9:00p. Open 24 hours, iConnect Internet Cafe, Deck 6, Mid.

TODAY'S DINING OPTIONS

MORNING COMPLIMENTARY

Garden Café Buffet	(Deck 16, Fwd)	7:00a-10:30a
Observation Lounge	Early Riser (Deck 15, Fwd)	5:30a-11:00a
Savor	(Deck 6, Aft)	7:30a-9:30a
Taste	(Deck 6, Aft)	7:30a-9:30a
The Local Bar & Grill	(Deck 7, Mid)	6:00a-11:00a

AFTERNOON COMPLIMENTARY

Garden Café Buffet	(Deck 16, Fwd)	11:30a-3:00p
Observation Lounge	Light Lunch (Deck 15, Fwd)	12:00p-5:00p
Pool Deck	Seafood Chowder (Deck 16, Mid)	11:30a-2:30p
Savor	(Deck 6, Aft)	12:00p-1:30p
Taste	(Deck 6, Aft)	12:00p-1:30p
The Local Bar & Grill	(Deck 7, Mid)	11:30a-5:00p

CHARGE APPLIES

American Diner (A la carte) * **	(Deck 17, Aft)	12:00p-5:00p
Coco's *	(Deck 6, Mid)	11:00a-10:00p
Dolce Gelato *	(Deck 8, Aft)	12:00p-5:00p
Food Republic *	(Deck 8, Fwd)	12:00p-1:30p
The Bake Shop *	(Deck 8, Aft)	12:00p-5:00p

DINNER COMPLIMENTARY

Garden Café Buffet	Grill Extravaganza (Deck 16, Fwd)	5:30p-9:30p
	Late Snacks (Deck 16, Fwd)	9:30p-11:30p
Manhattan	(Deck 7, Aft)	5:00p-9:00p
Savor	(Deck 6, Aft)	5:30p-9:30p
Taste	(Deck 6, Aft)	5:30p-9:30p
The Local Bar & Grill	Fish Tacos (Deck 7, Mid)	5:30p-10:30p
	Late Night Snacks (Deck 7, Mid)	10:30p-3:30a

CHARGE APPLIES

Cagney's (A la carte) *	Steakhouse (Deck 8, Aft)	5:30p-9:30p
Food Republic (A la carte) *	(Deck 8, Fwd)	5:30p-9:30p
La Cucina (A la carte) *	Italian (Deck 8, Fwd)	5:30p-9:30p
Le Bistro (A la carte) *	French (Deck 17, Aft)	5:30p-9:30p
Los Lobos (A la carte) *	Mexican (Deck 8, Aft)	5:30p-9:30p
Ocean Blue (A la carte) *	Seafood (Deck 8, Mid)	5:30p-9:30p
"Q" Texas Smokehouse (A la carte) *	(Deck 6, Fwd)	5:30p-9:30p
Teppanyaki (\$49.00) *	Japanese (Deck 6, Mid)	5:00p-10:00p

* Please note that cover charges are per person and a 20% gratuity will be added to your check. American Diner and The Local Bar & Grill are on a first come first served basis and no reservations will be taken
** Weather permitting

24/7

The Local Bar & Grill	0(Deck 7, Mid)	Always Open
Room Service Delivery **	Dial 065	Always Open

* Denotes a fee, cover charge or a la carte.
Breakfast Specialty Selection Convenience Fee Dial 065 (\$9.95)
All Day in Room Dining Menu Convenience Fee Dial 065 (\$9.95)

Restaurant Cancellations: To ensure that our guests receive our best service, we can only hold reservations for 15 minutes. After 15 minutes, the unclaimed reservation will be released. If the party shows up late for their reservation (after the 15-minute holding time), then the guests may be seated at the next available opportunity, if one exists.
Dress Code: Resort casual and shorts are allowed in all dining venues except Ocean Blue and Le Bistro after 5:00p. Shoes and shirt must be worn.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **MARPOL:** The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management Staff. **ADULT VENUES:** Spice H₂O is an adult only venue until 6:00p. A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. Table and slot winnings are subject to IRS reporting and a W2G will be issued. **SMOKING POLICY:** Smoking in public areas is only permitted in the designated space of Spice H₂O or in the Casino smoking area while playing. Cigar smoking and tobacco chewing is strictly not permitted in the casino area. Smoking of any kind is prohibited in staterooms and balconies. Cigar smoking is only permitted in the Humidor Cigar Lounge. A cleaning fee of \$250 will be added to your onboard account if you smoke in your stateroom. Electronic cigarettes and vapor devices are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chair is prohibited. If any chair is left unattended for longer than 30 minutes, the items will be removed and handed to the Guest Services Desk, Deck 6, Mid.