## Chef's Suggestion

## Chicken Coq au Vin-Style

 in red wine with pearl onions, mushrooms, and bacon morselsDid you Know?
Legends point the existence of this dish to ancient Gaul \& Julius Caesar. The rooster was a symbol of valor. Besieged by the Romans, the chief of the tribe Arverne, sent a symbolic rooster to Caesar to show they would never be defeated. Caesar returned this gesture with a twist, serving the chief with a dish of rooster in wine.

## Classic Favorites

Chilled Jumbo Shrimp Cocktail horseradish cocktail sauce

French Onion Soup
splash of Jack Daniel's,
Gruyère cheese crostini
Caesar Salad crispy romaine lettuce, garlic croutons, Parmesan cheese and Caesar dressing
Pennette Pasta
fresh tomato basil sauce or Alfredo sauce

Spaghetti Aglio e Olio with garlic and olive oil

## Pasta Bolognaise

with meat sauce
Grilled Atlantic Salmon*
choice of starch
and sautéed seasonal vegetables

## New York Strip Steak*

choice of starch
and sautéed seasonal vegetables, herbed butter or peppercorn sauce
Marinated Rotisserie Chicken with Garlic, Lemon and Fresh Herbs
choice of starch and seasonal vegetables

[^0]Dinner

## Starters

## Moules Marinières

mussels in a creamy white wine sauce
Goat Cheese and Pear Salad
shaved crisp pears served with crumbled goat cheese, candied walnuts, and aged balsamic vinaigrette
Grilled Green Asparagus
hollandaise sauce, pancetta chips
Bouillabaisse Provençale
flavourful fish stew with shrimp and mussels served with a rich rouille and toasted French baguette

## Entrées

R Grilled Tuna Niçoise Salad*
warm green beans, potatoes, Kalamata, olives, red onion
and a poached egg
French dressing
Tagliatelle ai Frutti di Mare
freshly prepared tagliatelle tossed in a garlic San Marzano tomato sauce with little neck clams, black mussels, and shrimp, garnished
with fresh basil leaves

## Broiled Swordfish*

light salmoriglio sauce made of extra virgin olive oil, garlic, parsley, oregano, grilled vegetable medley

Cabernet-Braised Short Ribs
Gorgonzola polenta, assorted vegetables, herb gremolata
Roasted Vegetable Tagine
slow-roasted potatoes, red onion, peppers and tomatoes
with fragrant quinoa and a creamy coconut sauce

## Desserts FreestyleTravelers.com

## Gâteau Opéra

almond biscuit, chocolate, and coffee cream
Warm Apple Strudel
vanilla sauce
New York Cheesecake
your choice of caramel, chocolate, strawberry, peach, and passion fruit toppings
Grandma's Chocolate Cake
with layers of dulce de leche and chocolate fudge
Light Vanilla Chantilly Cream
diced fresh fruit
Ice Cream and Sorbet
ask your waiter for our assortment of ice cream and sorbets
No Sugar Added Ice Cream
ask your waiter for our daily selection
Cheese Plate


Fresh Fruit Plate

## Baked Just for You

## Every day a different selection of fresh-baked bread

V vegetarian $\bigvee$ vegan No Sugar Added Deliciously Healthy

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## Featured Selection FreestyleTravelers.com

## Meat by Linz* <br> 8 -oz grilled beef tenderloin with béarnaise or green peppercorn sauce <br> Broiled Cold Water Lobster Tail <br> Side Dishes <br> seasoned steak fries or loaded baked potato, sautéed mushrooms, grilled asparagus, sautéed seasonal vegetables, steamed rice, or whipped potatoes

Sommelier's Suggestions

## Sparkling Wines

Domaine Chandon, Brut Classic, California

## White Wines

La Crema, Chardonnay, California \$53
Matua, Sauvignon Blanc, New Zealand \$9 \$37

## Rosé Wines

Gérard Bertrand, Côtes des Roses Rosé, France

## Red Wines

Franciscan Estate, Cabernet Sauvignon, California \$64
Ravenswood, Zinfandel, California \$9 \$36

- If you have any allergy or sensitivity to specific foods, please notify our staff before ordering
- If you require a special diet please ask our Restaurant Manager one day in advance.
-*Public Health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
- MSC Cruises takes all possible precautions to ensure that the food offered to its guests is of the highest quality. Certain foods may have been frozen. These foods are defrosted using the most scrupulous procedures that do not alter the organoleptic qualities scrupulous procedures that do not alter the organoleptic qualities
of the products. We advise that eating raw or undercooked of the products. We advise that eating raw or undercooked
meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. All menus are subject to change depending on product availability. The complete list of food ingredients from the menu items is available upon request. For low-sodium diet please contact your Head Waiter or Restaurant Manager.

[^1]
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    - Prices are subject to change; your check may reflect applicable VAT or additional tax for certain ports or itineraries.

[^1]:    - Guests under legal drinking age respective of the country are not permitted to purchase or consume alcohol.
    $\cdot 15 \%$ service charge will be applied to all Guests without a beverage package and items excluded from respective - Prices are subject to change; your check may reflect applicable VAT or additional tax for certain ports or itineraries.

