

Lido Market

good morning

BAKERY SHOP RISE

BREADS: 16 SEED, 6 SEED, WHOLE GRAIN, ARTISAN BREADS, PUMPERNICKLE, CHALLAH
• 16 KINDS OF DONUTS & DANISHES • CINNAMON BUNS • FRENCH BAGUETTE • SESAME • POPPYSEED • WHOLE GRAIN • KAISER • WHEAT AND HONEY • TURKEY SAUSAGES • EGG WHITE AND SPINACH • 16 KINDS CROISSANT • MUFFINS • BRIOCHE • RAISIN • PECAN APPLE • CINNAMON CRUMP COFFEE CAKE

DUTCH CORNER

UITSMIJTER • BAGUETTINI • ONTIBIJTKOEK • DARK RUSTIC BREADS / ROLLS • PRE- SLICED DUTCH GOUDA MATURE • PRE – SLICED DUTCH EMMENTAL • PRE- SLICED OLD GOUDA • PRE- SLICED REGULAR HAM/BLACK FOREST HAM STROOP WAFFLES • APPLE STROOP • HERRINGS - MARINATED, SOUR CREAM & ROLL MOPS • NUTELLA • CALVE PEANUT BUTTER • SOFT BUTTER • SOFT MARGARINE

seasonal

bammy, traditional jamaican cassava flatbread

BREAD BOARD

daily juices

cranberry, apple, orange, pineapple, tomato

fruits

apple • banana • orange • pears • strawberry • chopped fruits

baguettini and breads

topped with prosciutto *, salami *, cheese, mortadella, ham • 3 kind of danishes • croissants • chocolate croissants • raisins buns • caribbean corn bread

with poached egg

egg benedict • egg florentine • caribbean poached egg brekkie

WILD HARVEST

daily smoked fish, herring and cold cuts *

2 kind of cold cut, ham *, turkey *, roastbeef *, salami *, prosciutto * • salmon * • trout* • 2 kind of herring *

cereals, yogurts, in large bowls

6 kind of cereals • greek yogurt • vanilla greek • muesli • mango puree • triple berry puree • berries • fruits chopped

salads

tomato • cucumber • onions • lettuce • beet roots • bell pepper • anti pasti • hard boiled egg

milk jars, breads and crackers

skim • 2%, whole • chocolate milk • whole grain • pumpernickel • rolls wasa • dutch rusk

DISTANT LANDS ITALIAN

daily eggs

omelet whole egg • egg white omelet • egg beater • fried egg *

breads

bagel • english muffin • white • brown • rye

create your own omelet

onions • bell pepper • tomato • spinach • olives • mushrooms • spinach • jalapenos • diced ham • smoked salmon* • avocado • clarified butter or pam spray

cheese for omelet

feta • cheddar • goat cheese • pepper jack • four kind of cream cheese

hot condiments

patties • bacon • red skin potatoes • hash brown • turkey link • pork link

DISTANT LANDS ASIA

daily eggs

omelet whole egg • egg white omelet • egg beater • fried egg *

seasonal

aloo choka, roti

breads and danishes

bagel • english muffin • white • brown • rye • pandesal • ensaymada

create your own omelet

onions • bell pepper • tomato • spinach • olives • mushrooms • spinach • jalapenos • diced ham • smoked salmon* • avocado • clarified butter or pam spray

cheese for omelet

feta • cheddar • goat cheese • pepper jack • four kind of cream cheese

hot condiments

patties • bacon • red skin potatoes • hash brown • turkey link • pork link • steamed rice

congee

congee topping • chili • scallions • seaweed • boiled egg • roasted garlic • bonito flakes • chili oil • fish sauce • tofu • cooked beef/chicken • soy sauce

ROASTING PAN

carvery

HAM WHOLE • SMOKED PORK ROASTED

daily

baked beans • scramble • bacon • english bacon • english bangers • turkey link • pork link • mushrooms • grill tomato • 15 kind sliced of fresh fruit • 2 kind of oats

breads and english pastries

rye bread • rolls • 2 kind of scones

seasonal

fire engine corn beef with grits

HOMESTEAD

daily

scramble eggs • fried eggs * • boiled eggs • 15 kind of sliced cheese • bacon • pork link • turkey link • turkey bacon • patties • hash brown • veggie link • pancakes • blueberry, plain and banana • white bread • wheat bread • rye bread • english muffins • bagels 6 kind • french toast • standard cold cut • ham • turkey • roastbeef * • grits • oats • smoked salmon * (onion, caper, lemon, tomato, dill)

seasonal

bisquit and sausage gravy • huevo habaneros

SWEET SPOT /KICK START

in large bowls

muesli • chopped fruits • berries • greek yogurt • vanilla greek yogurt • mango puree • triple berry puree • sliced fruits prunes • apricot berry compote • strawberry compote • banana • orange • apple • pears • strawberry • grapefruit segments

FreestyleTravelers.com

 gluten-free

 non-dairy

 vegetarian

 no sugar added

If you have a food allergy or intolerance, please inform your server before placing your order.

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* Public Health Advisory: Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase the risk for foodborne illness, especially if the consumer has certain medical conditions.