

FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 88°F/31°C

SUNRISE 5:58a

SUNSET 7:03p

ARRIVAL 10:00a

ALL ABOARD 8:30p

SAN JUAN IS YOURS TO DISCOVER

Founded in 1521, San Juan's picturesque cobblestone streets, plazas and chapels reflect its Spanish heritage. But the second oldest city in the Americas also boasts fine beaches, lush rainforests, verdant mountainsides, imposing forts and a lovely tropical climate.

TIP OF THE DAY: Stay healthy! Please wash your hands often, especially after eating, smoking, or using the restroom.

GET READY FOR ADVENTURE

WELCOME TO SAN JUAN, PUERTO RICO

Kindly refrain from proceeding to the gangways until clearance from the local officials has been announced over the PA system. Please carry valid photo ID (18+), Freestyle Key Card and your COVID-19 proof of vaccination when going ashore. If you are on a Norwegian organized Shore Excursion, please read & check your ticket for the meeting time and location. All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel. As per local laws, no food or dairy products are allowed off or on the vessel in our ports of call. Guests are prohibited from bringing any beverages back on board including liquor, beer and non-alcoholic drinks such as water, soda and juices.

TOP SHORE EXCURSIONS

- San Juan City Tour
- El Yunke Rainforest Drive

Reminder: Arrive only at the meeting time and place mentioned on your tour ticket and not before. All Guests are required to carry their Covid-19 proof of vaccination when going ashore.

DO I HAVE TO WEAR A FACE MASK ASHORE?

When going into port, you should take care to observe all local mask ordinances that are in place. Requirements may vary, but we generally expect that you will be able to remove your mask in outdoor settings where you are able to maintain at least 6 feet (2 meters) of distance between your travel party and others. For indoor locations, we expect a mask will need to be worn. We are continuously assessing the mask policy and will make updates as public health standards progress.

PORT AGENT INFORMATION

Raymond Ortiz
Cruise Plus Services and Sales - San Juan, 1760 Fernandez Juncos Avenue
San Juan 00909 Puerto Rico
operations@cruisepluspr.com
+ 1787-9828888 // +1787-2437947

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

NEED A RIDE?

Please be advised that taxis are very limited in Port Canaveral. Ship organized transfers from port to Orlando International Airport (MCO) for flights after 12:00pm are available for \$37.50 per person. Simply register at the Guest Service Desk, located on Deck 6, Mid. Deadline for transfer sales is on Thursday at 12:00pm. Let us make your departure worry free!

NORWEGIAN GETAWAY

DAY 5

WEDNESDAY

JULY 20, 2022

San Juan, Puerto Rico

TODAY'S HIGHLIGHTS

STAYING ON THE SHIP TODAY?

Staying on board the ship today? Test your knowledge at our Trivia or compete with fellow cruisers in a game of Ping Pong. Soak up the fun at the Aqua Park or catch up on your favorite book anywhere you like. You've got plenty of choices to do it all - or nothing at all. See page three for more details.

MOVIE: JURASSIC WORLD – FALLEN KINGDOM

Time: 1:00p

Place: Atrium, Deck 6, Mid (PG13)

EMOJI SONG TITLE TRIVIA

Time: 4:15p

Place: Atrium, Deck 6, Mid

55 TO STAY ALIVE GAME SHOW

Time: 5:00p

Place: Atrium, Deck 6, Mid

TOMMY PROULX: SMOOTH JAZZ AT SEA (NEW SHOW)

Time: 8:00p & 10:00p

Place: Illusionarium, Deck 6, Fwd

LEVITY COMEDY: JOHN WESSLING & MIKE GAFFNEY

Time: 8:30p (PG13) & 10:30p (18+)

Place: Getaway Theater, Deck 7, Fwd

HOWL AT THE MOON DUELING PIANOS

Time: 10:00p-1:00a (18+)

Place: Headliners, Deck 6, Mid

FIESTA CALIENTE LATIN PARTY

Time: 10:30p

Place: Poolside, Deck 15, Mid **

STAYING WITH US FOR THE NEXT CRUISE?

(23rd to 30th July)

Please bring your cruise tickets to register at the Guest Services Desk, deck 6, midship, at your earliest convenience.

WHAT'S HAPPENING TODAY.



← TEAR HERE

← FOLD HERE

DAY 5
WEDNESDAY
JULY 20

MORNING

All Day	Getaway Today with Yanique & Will
7:00a	Morning Stretch Class
7:30a	Fab Abs Class
8:00a-6:00p	Quiet Zone
8:00a-9:00p	Ping Pong On Your Own**
8:00a-9:00p	Giant Chess On Your Own (Stbd)**
8:00a-10:00p	Sports Court On Your Own**
9:00a	Ping Pong Tournament (18+)**
9:00a	Origami Class with Cruise Staff
9:00a-11:00a	Show Reservation Desk
9:45a	Good Morning Trivia
10:00a	Photo Hot Spot- Magic Background
10:30a	Spanish Language Class
11:15a	Arts & Crafts – Travel Journal

AFTERNOON

12:00p-12:45p	Nintendo Wii – Open Play
12:00p-6:00p	Aqua Park Water Slides**
1:00p	Movie: Jurassic World: Fallen Kingdom (PG13)
2:00p-6:00p	Free Fall Water Slide**
3:30p	Pictionary
4:00p	Walk in Clinic: Acupuncture
4:00p-6:00p	Show Reservation Desk
4:15p	Emoji Song Title Trivia
5:00p	55 to Stay Alive Game Show
5:00p	Solo Travelers Gathering
5:00p-6:00p	Friends of Bill W. Meet
5:00p-6:00p	Informal Veterans Meet
5:00p-7:00p	Sunset Vibes with DJ **
5:00p-7:00p	Feel Free Play (Children of all ages w/parents)
5:00p-8:00p	Ropes Course**
5:00p-8:00p	Jenga On Your Own**
5:00p-8:00p	Bag-O On Your Own**
6:00p	Free Throw Basketball Challenge (18+)**

* Denotes a fee for these activities
** Weather Permitting

DRINK OF THE DAY

Bahama Mama \$9.00
Rum, Pineapple, Orange and Grenadine.
A 20% gratuity will be added to your check for your convenience.
Port Tax applicable while in US waters.

NIGHT

Channel 19	6:00p	Look Ten Years Younger with Dr. Shirley	Mandara Spa
Pulse Fitness	6:00p	Evening Stretch Class	Pulse Fitness
Pulse Fitness	6:00p-7:00p	Informal LGBTQIA+ Meet	Sugarcane
Spice H ₂ O	6:00p-8:00p	Ballroom Music	Tropicana
Deck 15, Fwd	6:00p-10:30p	Photo Portraits Tonight - Free to Try	Atrium / Deck 8
Deck 8, Mid	6:30p-7:15p	Dance with Gold River Latin Duo	Atrium
Deck 18, Aft	7:00p	Pub Quiz with Your Cruise Staff	Syd Norman's
Deck 15, Fwd	7:00p	Thomas Kinkade Exhibition And Sale	Art Gallery
Atrium	7:00p	Art Gallery Gift Of The Day	Art Gallery
Box Office	7:30p-8:15p	Latin Rhythm with Gold River Latin Duo	Atrium
Atrium	7:30p-8:15p	Piano & Vocals with Antonio	Sugarcane
Pier	8:00p	Movie: Spiderman – No Way Home (PG13) **	Spice H ₂ O
Atrium	8:00p	Tommy Proulx: Smooth Jazz at Sea	Illusionarium
Atrium	8:00p-10:00p	Family Karaoke Blast	Syd Norman's
	8:00p-10:00p	Splash Academy (5-12 years)	Splash Deck 12
	8:00p-1:00a	Entourage Teen Club (13-17 only)	Entourage
Atrium	8:30p	Crowd Trivia Game Show	Atrium
Deck 16, Mid	8:30p	Levity Comedy: John Wessling (PG13)	Theater
Atrium	8:30p-9:15p	Antonio on Piano	Sugarcane
Deck 16, Mid	9:00p-10:00p	18-21 Informal Social Mixer	Bliss Lounge
Atrium	9:00p-9:45p	Latin Party Warm-up with Gold River Duo **	Poolside
Mandara Spa	9:30p-10:15p	Antonio Sings Your Favorites	Sugarcane
Box Office	9:30p-10:15p	Best Country Hits with Cat Greenfield	Atrium
Atrium	10:00p	Tommy Proulx: Smooth Jazz at Sea	Illusionarium
Atrium	10:00p	Salsa Dance Class with Cruise Staff **	Poolside
Bliss Lounge	10:00p-1:00a	Howl at the Moon Dueling Pianos	Headliners
Atlantic Room	10:30p	Levity Comedy: Mike Gaffney (18+)	Theater
Sunset	10:30p	Fiesta Caliente Latin Party with Gold River**	Poolside
Poolside	10:30p	Late Night Movie: Thor Ragnarok (PG13)	Atrium
Splash, Deck 12	10:30p-11:15p	Nightcap with Antonio	Sugarcane
Deck 17, Aft	10:30p-12:30a	Adult Karaoke Madness (18+)	Syd Norman's
Deck 17, Aft	11:00p-Close	Afterparty with DJ (18+)	Bliss Lounge
Deck 17, Aft	12:00a	Over \$1,000,000 Lotto Drawing*	Casino
Deck 18, Aft			

^ Photography and video recording of this show is prohibited.
- Latecomers unfortunately will not be allowed into the performance.

SAIL & SUSTAIN COCKTAIL

Pulp Art \$12
Our featured "Sail & Sustain" cocktail of the day is available at Sugar Cane Outdoor Bar, Deck 8 Mid
A 20% gratuity will be added to your check for your convenience.
Port Tax applicable while in US waters.

← TEAR HERE

← FOLD HERE

GOOD TO KNOW.



24 HOURS OF OPERATION

BAR SERVICES

Atrium Bar, Deck 6, Mid	6:30a-12:00a
Bar 21, Deck 7, Mid	5:00p-Close
Bliss Ultra Lounge, Deck 7, Mid	9:00p-Close
Headliners, Deck 6, Mid	8:00p-1:00a
Market Place/Garden Café Bar, Deck 15, Aft	11:00a-Close
Market Place/Juice Bar, Deck 15, Aft	6:00a-11:30a
Mixx Bar, Deck 6, Aft	5:00p-11:00p
O'Sheehan's Bar, Deck 7, Mid	8:00a-Close
Prime Meridian Bar, Deck 8, Aft	5:00p-11:00p
SKYY VODKA Ice Bar, Deck 8, Mid*	5:00p-12:00a
Spice H ₂ O Bar, Deck 16, Aft (18+)**	12:00p-Close
Starbucks®, Deck 6 Mid	6:00a-10:00p
Sugarcane Mojito Bar (indoor), Deck 8, Mid	3:00p-Close
Sail & Sustain Bar (outdoor), Deck 8, Mid**	11:00a-10:00p
Sunset Bar, Deck 8, Mid	3:00p-1:00a
Syd Norman's Pour House Bar (outdoor), Deck 8, Fwd**	11:00a-1:00a
Syd Norman's Pour House Bar (indoor), Deck 8, Fwd	8:00p-1:00a
Vibes Bar, Deck 17 Fwd**	8:00a-8:00p
Waves Pool Bar, Deck 15, Mid**	8:00a-10:00p

GUEST SERVICES

Art Gallery, Deck 6, Mid	7:00p-9:30p
ATM, Casino, Deck 7, Mid	Always Open
Box Office, Deck 7, Fwd (073)	9:00a-11:00a
CruiseNext Desk, Deck 6, Mid	4:00p-6:00p
Entourage, Deck 16, Aft	9:00a-10:00a
Getaway Casino, Deck 7, Mid	7:00p-9:00p
Guest Services Desk, Deck 6, Mid	8:00p-1:00a
Hot Tubs, Deck 15, Mid**	10:00p-Close
Hot Tubs, Deck 16, Aft**	Always Open
Humidor Cigar Lounge, Deck 8, Mid	7:00a-10:00p
iConnect Internet Café, Deck 6, Mid	Always Open
iConnect Manager's Hours, Deck 6, Mid	8:00a-11:00a
Library, Deck 6, Fwd	6:00p-9:00p
Main Pool, Deck 15, Mid**	9:00a-10:00a
Mandara Spa & Salon, Deck 15, Fwd	4:00p-5:00p
Medical Center, Deck 5, Mid	7:00a-10:00p
(Medical Services are subject to charge)	8:00a-10:00p
On Board Credit Desk, Deck 6, Mid	By Appointment Only
Perspectives Photo Studio, Deck 6, Mid	Call 29865
Photo Gallery, Deck 8, Aft	9:00a-12:00p
Port Shopping Guide, Deck 6, Mid	5:00p-8:00p
Pulse Fitness Center, Deck 15, Fwd	Call 23873
Restaurant Reservations Desk, Deck 6, Mid or Dial 050	6:00p-10:30p
Shore Excursion Desk, Deck 6, Mid	6:00p-7:00p
Splash Academy, Deck 12, Fwd	6:00a-11:00p
Tradewinds Gift Shop, Deck 8, Aft	7:00a-4:00p
Video Arcade, Deck 16, Aft*	8:00a-10:00a
	7:00p-9:00p
	8:00p-10:00p
	9:30p-11:00p
	Always Open

*Denotes a fee for this program. ** Weather Permitting

TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Garden Café	Early Riser (Deck 15, Aft)	6:30a-7:00a
Garden Café Buffet	(Deck 15, Aft)	7:00a-11:30a
O'Sheehan's Breakfast	(Deck 7, Mid)	5:30a-11:30a
Savor	(Deck 6, Aft)	7:30a-9:30a
Taste	(Deck 6, Aft)	7:30a-9:30a

AFTERNOON

COMPLIMENTARY

Garden Café Buffet	(Deck 15, Aft)	11:30a-3:30p
Garden Café Snacks	(Deck 15, Aft)	3:30p-5:00p
O'Sheehan's Bar & Grill	(Deck 7, Mid)	11:30a-5:00p

CHARGE APPLIES

American Diner* (A la carte)**	(Deck 16, Aft)	12:00p-5:00p
The Bake Shop* (A la carte)**	(Deck 8, Aft)	12:00p-6:00p
Dolce Gelato* (A la carte)**	(Deck 8, Aft)	12:00p-6:00p

DINNER

COMPLIMENTARY

Garden Café Buffet (Oriental)	(Deck 15, Aft)	5:00p-9:30p
Garden Café Snacks	(Deck 15, Aft)	9:30p-11:30p
O'Sheehan's Bar & Grill (Spaghetti & Meatballs)	(Deck 7, Mid)	5:00p-9:00p
Shanghai's	Noodle Bar, Deck 7, Aft)	5:30p-9:30p
Tropicana Room	(Deck 7, Aft)	5:00p-9:30p
Savor	(Deck 6, Aft)	5:30p-10:00p
Taste	(Deck 6, Aft)	5:30p-10:00p

CHARGE APPLIES

Cagney's (A la carte)*	Steakhouse (Deck 8, Aft)	5:30p-10:00p
La Cucina (A la carte)*	Italian (Deck 8, Fwd)	5:30p-10:00p
Le Bistro (A la carte)*	French (Deck 6, Mid)	5:30p-10:00p
Moderno (\$49)*	Churrascaria (Deck 8, Aft)	5:30p-10:00p
Ocean Blue (A la carte)*	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Raw Bar (A la carte)*	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Teppanyaki (\$49)*	Japanese (Deck 6, Mid)	5:00p-10:00p
Wasabi Sushi (A la carte)*	Japanese (Deck 8, Mid)	5:30p-10:00p

*Please note that cover charges are per person and a 20% gratuity will be added to your check.

** Weather Permitting

24/7

O'Sheehan's Bar & Grill	(Deck 7, Mid)	Always Open
Room Service Delivery***	065	Always Open

*** Room Service Fee \$9.95 per order.

RESTAURANT CANCELLATIONS: To ensure that our guests receive our best service, we can only hold dinner reservations for 15 minutes. After 15 minutes, the unclaimed reservation will be released. **DRESS CODE:** Resort casual and shorts are allowed in all dining venues except Ocean Blue and Le Bistro. Long pants, shoes and a collared shirt must be worn.

TOWEL STATION: On Poolside, Deck 15, Mid, Towels are available for checkout using your stateroom key card.

SUN LOUNGERS: In consideration of your fellow guests, please observe the designated Quiet Zone areas. As a courtesy to your fellow guests, reserving lounge/sun chairs is prohibited. If any chair is left unattended for longer than 15 minutes, the items will be removed & handed in at the Towel Station by the pool area on Deck 15, Mid.

VIDEO ARCADE: All guests' keycards including children's can be used in the video arcade. We kindly ask that parents monitor their children's charges.

IN-CABIN PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

TOP TO TOE SPECIAL

Enjoy a relaxing day and indulge the following:

- Swedish Body Massage
- Skin Brushing
- Foot and Ankle Massage
- Neck and Shoulder Massage
- Hand and Arm Massage

Only \$179 for Today only Add on Stones or Bamboo for \$20

Mandara Spa, Deck 15, Fwd Dial 030

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **BALCONIES SAFETY PARTITIONS:** As per Safety requirement, requests for partitions of adjacent balconies to be opened are not allowed. **UNATTENDED PERSONAL ELECTRONIC DEVICES/APPLIANCES:** Please be aware that it is strictly prohibited to leave any personal electronic devices/appliances plugged in without supervision, as this is a fire hazard. The Housekeeping department has been instructed to unplug any devices found in violation of this policy. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **SHARP CONTAINERS:** Ask the Guest Services Desk or Medical Center for special containers for needles and other sharp objects. **MARPOL:** The Discharge of all Garbage into the Sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **Environmental Hotline:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions, please contact our Restaurant Management Staff. **ADULT VENUES:** Spice H₂O is an adult only venue until 7:00p. Bliss Lounge becomes an adult only venue after 11:00p (unless otherwise stated). A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **SMOKING POLICY:** Smoking cigarette and E-cigarette onboard are only permitted in designated areas. Smoking in public areas is only permitted in designated spaces of open decks or in the Casino while playing. Pipes, Cigar smoking & tobacco chewing is strictly not permitted in the casino area. Smoking of any kind is prohibited in staterooms and balconies. A cleaning fee of \$250 is going to be applied to the account of guests who violate this policy. Cigar smoking is only allowed in the Humidor on Deck 8, Mid. All other areas are non-smoking. The use of Hookah pipe is not permitted onboard. **SHOW POLICY:** Failure to cancel reservations 24 hours in advance. The Illusionarium will result in your account being charged the full amount. All ticketed shows have seating on a first come, first served basis and all reservations will be released ten minutes prior to the start of the performance. (5 minutes prior for shows in Illusionarium). **CASINO:** You have to be 18 years old to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, pipes or cigars can't be taken in. Cigarette smoking is permitted for active players only. Photography is allowed but video recording is strictly prohibited. Slot winnings of \$1200 and above could be subject to W-2-G tax withholding.