

# FREESTYLE DAILY

**NCL NORWEGIAN**  
CRUISE LINE®

TODAY'S FORECAST Sunny, 90°F/33°C

SUNRISE 6:11a

SUNSET 7:25p

ARRIVAL 7:00a

ALL ABOARD 3:30p

## AMBER COVE IS YOURS TO DISCOVER

Situated on the island's northern coast, Amber Cove is the Dominican Republic's newest cruise port — a recently constructed village that acts as a gateway to all that the region offers. From the village, journey into the past with a visit to the site of the first European settlement in the Americas. History, culture and natural beauty intertwine in Puerto Plata where there's something for everyone to enjoy, from shopping for amber jewelry and touring historic sites to lounging on expansive beaches or embarking on an outdoor adventure like kayaking, snorkeling or hiking.

**TIP OF THE DAY:** The sun is intense at this latitude – hydrate yourself, put on a sunscreen and a hat.

## GET READY FOR ADVENTURE

### WELCOME TO AMBER COVE, DOMINICAN REP.

Kindly refrain from proceeding to the gangways until clearance from the local officials has been announced over the PA system. Please carry valid photo ID (18+), Freestyle Key Card and your COVID-19 proof of vaccination when going ashore. If you are on a Norwegian organized Shore Excursion, please read & check your ticket for the meeting time and location. All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel. As per local laws, no food or dairy products are allowed off or on the vessel in our ports of call. Guests are prohibited from bringing any beverages back on board including liquor, beer and non-alcoholic drinks such as water, soda and juices.

### TOP SHORE EXCURSIONS

- Coconut Cove Authentic Beach Break – All Inclusive
- Dolphin Swim & Ocean World Adventure

Reminder: Arrive only at the meeting time and place mentioned on your tour ticket and not before. All Guests are required to carry their Covid-19 proof of vaccination when going ashore.

### DO I HAVE TO WEAR A FACE MASK ASHORE?

When going into port, you should take care to observe all local mask ordinances that are in place. Requirements may vary, but we generally expect that you will be able to remove your mask in outdoor settings where you are able to maintain at least 6 feet (2 meters) of distance between your travel party and others. For indoor locations, we expect a mask will need to be worn. We are continuously assessing the mask policy and will make updates as public health standards progress.

### PORT AGENT INFORMATION

Ines Cedano/ Emilio Cuevas

F SCHAD Inc – Santo Domingo & Cayo Levantado ( DR) ships@schad.do  
F SCHAD Inc. - Santo Domingo & Cayo Levantado ( DR), Carretera Sanchez Km 11 1/2, Honduras del Norte, Almadon Building, Distrito Nacional Zona colonial, 11102, Dominican Republic  
011 809 221 8000 // 829 904-5844

**Important Numbers:** Emergency: Dial 911 | Guest Services: Dial 00

### NEED A RIDE?

Please be advised that taxis are very limited in Port Canaveral. Ship organized transfers from port to Orlando International Airport (MCO) for flights after 12:00pm are available for \$37.50 per person. Simply register at the Guest Service Desk, located on Deck 6, Mid. Deadline for transfer sales is on Thursday at 12:00pm. Let us make your departure worry free!

NORWEGIAN GETAWAY

**DAY 4**

**TUESDAY**

**JULY 19, 2022**

Amber Cove, Dominican Rep.

## TODAY'S HIGHLIGHTS

### STAYING ON THE SHIP TODAY?

Staying on board the ship today? Test your knowledge at our Trivia or compete with fellow cruisers in a game of Ping Pong. Soak up the fun at the Aqua Park or catch up on your favorite book anywhere you like. You've got plenty of choices to do it all - or nothing at all. See page three for more details.

### 90's MUSIC TRIVIA

Time: 12:15p

Place: Atrium, Deck 6, Mid

### MUSIC MANIA GAME SHOW

Time: 5:00p

Place: Atrium, Deck 6, Mid

### JunNk

Time: 5:30p

Place: Illusionarium, Deck 6, Fwd (Reservations are required and charges apply)

### MILLION DOLLAR QUARTET

Time: 7:00p & 9:45p

Place: Getaway Theater, Deck 7, Fwd (PG13)

### BIG PYRAMID GAME SHOW

Time: 8:00p

Place: Atrium, Deck 6, Mid

### LEVITY COMEDY: MIKE GAFFNEY & JOHN WESSLING

Time: 8:30p (PG13) & 10:30p (18+)

Place: Headliners, Deck 6, Mid

### THROWBACK 90'S PARTY

Time: 10:30p

Place: Poolside, Deck 15, Mid \*\*

### TEPPANYAKI

Have your dinner prepared right before your eyes. Experience a culinary art in Teppanyaki Room together with your family or friends and be amazed by our chef's cooking techniques. Don't forget to bring your camera! Dial 050 for reservations.



# WHAT'S HAPPENING TODAY.

**DAY 4**  
TUESDAY  
JULY 19

◀ TEAR HERE

## MORNING

All Day	Getaway Today with Yanique
7:00a	Morning Stretch Class
7:00a-9:00a	Show Reservation Desk
7:30a	Fab Abs Class
8:00a	Magic Background –Ports of Call
8:00a-6:00p	Quiet Zone
8:00a-9:00p	Ping Pong On Your Own**
8:00a-9:00p	Giant Chess On Your Own (Stbd)**
8:00a-10:00p	Sports Court On Your Own**
9:00a	Around the World Challenge (18+)**
9:00a	Unscramble This
9:30a	Good Morning Trivia
10:00a-6:00p	Aqua Park Water Slides**
10:30a	Spot the Difference
11:30a	Ten Minute Mysteries

## AFTERNOON

12:15p	90's Music Trivia
1:00p	Movie: Jumanji – The Next Level (PG13)
1:30p-3:30p	Poolside Vibes with DJ **
2:00p-6:00p	Free Fall Water Slide**
3:00p-5:00p	Feel Free Play (Children all ages with parents)
3:00p-1:00a	Entourage Teen Club (13-17 only)
3:30p	Scattergories
3:30p	Fun Line Dances with Cruise Staff
4:00p	Migraines and Headaches Solutions
4:00p-6:00p	Show Reservation Desk
4:00p-7:00p	Ropes Course**
4:00p-7:00p	Jenga On Your Own**
4:00p-7:00p	Bag-O On Your Own**
4:15p	Pic to Word Guessing Game
5:00p	Music Mania Game Show
5:00p	Solo Travelers Gathering
5:00p	Texas Hold'em Tournament*
5:00p	Guess The Price Of The Max
5:00p	Invicta Watch Sale: Up to 75% Off
5:00p	Smoother and Sexier Lip with Dr. Shirley
5:00p-6:00p	Friends of Bill W. Meet

\* Denotes a fee for these activities  
\*\* Weather Permitting

## DRINK OF THE DAY

Pain Killer \$9.00  
Dark Rum, Pineapple Juice, Orange Juice, Piña Colada Mix  
A 20% gratuity will be added to your check for your convenience.  
Port Tax applicable while in US waters.

◀ TEAR HERE

◀ FOLD HERE

## NIGHT

Channel 19	5:00p-6:00p	Informal Veterans Meet	Sunset
Pulse Fitness	5:30p	JunNk * ^ -	Illusionarium
Box Office	5:30p	\$5 Charm of the Day: Palm Tree	Tradewinds
Pulse Fitness	6:00p	Soccer Penalty Kicks Challenge (18+)**	Deck 18, Aft
Pier	6:00p	Evening Stretch Class	Pulse Fitness
Spice H2O	6:00p-6:45p	Dine & Dance with Gold River Latin Duo	Tropicana
Deck 15, Fwd	6:00p-6:45p	Piano Instrumentals with Antonio	Atrium
Deck 8, Mid	6:00p-7:00p	Informal LGBTQIA+ Meet	Sugarcane
Deck 18, Aft	6:00p-8:00p	Latin Beats with DJ	Sugarcane
Sports Court	6:00p-8:00p	See Dalen for your San Juan VIP Cards	Atrium
Atrium	6:00p-10:30p	Photo Portraits Tonight - Free to Try	Atrium / Deck 8
Atrium	7:00p	Million Dollar Quartet (PG13) ^ -	Theater
Deck 16, Mid	7:00p	Discover Kallati Jewelry	Tradewinds
Atrium	7:00p-7:45p	Romance & Dance with Gold River Latin Duo	Tropicana
Atrium	7:00p-7:45p	Piano Sing-Along with Antonio	Atrium
Atrium	7:00p-10:00p	Splash Academy (5-12 years)	Splash Deck 12
Atrium	8:00p	The Big Pyramid Game Show	Atrium
Atrium	8:00p	Movie Under the Stars: Coco (PG) **	Spice H2O
Atrium	8:00p-8:45p	Latin Rhythms with Gold River Latin Duo	Tropicana
Poolside	8:00p-9:00p	Hot Seat Promotion	Casino
Deck 16, Mid	8:30p	Syd Norman's Tribute to Rumours	Syd Norman's
Deck 12, Fwd	8:30p	Levity Comedy: Mike Gaffney (PG13)	Headliners
Entourage	8:30p	Guess the Carat Weight Contest	Tradewinds
Atrium	8:30p-9:15p	Variety Music with Prelude Duo	Sugarcane
Poolside	9:00p-9:45p	Smooth Sounds with Antonio	Atrium
Mandara Spa	9:00p-10:00p	18-21 Informal Social Mixer	Bliss Lounge
Box Office	9:30p-10:15p	Dancing with Prelude Duo	Sugarcane
Deck 17, Aft	9:45p	Million Dollar Quartet (PG13) ^ -	Theater
Deck 17, Aft	10:00p-10:30p	Get the Party Started with DJ **	Poolside
Deck 17, Aft	10:00p-10:45p	Variety Music & More with Antonio	Atrium
Atrium	10:30p	Throwback 90's Party **	Poolside
Atrium	10:30p	Syd Norman's Tribute to Rumours	Syd Norman's
Bliss Lounge	10:30p	Levity Comedy: John Wessling (18+)	Headliners
Casino	10:30p-11:15p	Late Night Music with Prelude Duo	Sugarcane
Art Gallery	11:00p	Late Night Movie: American Underdog (PG)	Atrium
Tradewinds	11:00p-Close	Afterparty with DJ (18+)	Bliss Lounge
Mandara Spa	12:00a	Over \$1,000,000 Lotto Drawing*	Casino
Atlantic Room			

^ Photography and video recording of this show is prohibited.  
- Latecomers unfortunately will not be allowed into the performance.

## SAIL & SUSTAIN COCKTAIL

Croissant Mai-Tai \$12  
Our featured "Sail & Sustain" cocktail of the day is available at Sugar Cane Outdoor Bar, Deck 8 Mid  
A 20% gratuity will be added to your check for your convenience.  
Port Tax applicable while in US waters.

◀ FOLD HERE



# GOOD TO KNOW.



Wi-Fi available  
bow to stern.  
Fees apply.

## 24 HOURS OF OPERATION

### BAR SERVICES

Atrium Bar, Deck 6, Mid	6:30a-12:00a
Bar 21, Deck 7, Mid	5:00p-Close
Bliss Ultra Lounge, Deck 7, Mid	9:00p-Close
Headliners, Deck 6, Mid	8:00p-1:00a
Market Place/Garden Café Bar, Deck 15, Aft	11:00a-Close
Market Place/Juice Bar, Deck 15, Aft	6:00a-11:30a
Mixx Bar, Deck 6, Aft	5:00p-11:00p
O'Sheehan's Bar, Deck 7, Mid	8:00a-Close
Prime Meridian Bar, Deck 8, Aft	5:00p-11:00p
SKYY VODKA Ice Bar, Deck 8, Mid*	5:00p-12:00a
Spice H <sub>2</sub> O Bar, Deck 16, Aft (18+)**	12:00nn-Close
Starbucks®, Deck 6 Mid	6:00a-10:00p
Sugarcane Mojito Bar (Indoor), Deck 8, Mid	3:00p-Close
Sail & Sustain Bar (outdoor), Deck 8, Mid**	11:00a-10:00p
Sunset Bar, Deck 8, Mid	3:00p-1:00a
Syd Norman's Pour House Bar (outdoor), Deck 8, Fwd**	11:00a-1:00a
Syd Norman's Pour House Bar (Indoor), Deck 8, Fwd	8:00p-1:00a
Vibes Bar, Deck 17 Fwd**	8:00a-8:00p
Waves Pool Bar, Deck 15, Mid**	8:00a-10:00p

## TODAY'S DINING OPTIONS

### MORNING

#### COMPLIMENTARY

Garden Café Buffet	(Deck 15, Aft)	6:00a-10:30a
O'Sheehan's Breakfast	(Deck 7, Mid)	5:30a-11:30a
Savor	(Deck 6, Aft)	7:00a-9:00a
Taste	(Deck 6, Aft)	7:00a-9:00a

### AFTERNOON

#### COMPLIMENTARY

Garden Café Buffet	(Deck 15, Aft)	11:30a-3:30p
Garden Café Snacks	(Deck 15, Aft)	3:30p-5:00p
O'Sheehan's Bar & Grill	(Deck 7, Mid)	11:30a-5:00p

#### CHARGE APPLIES

American Diner* (A la carte)**	(Deck 16, Aft)	12:00p-5:00p
The Bake Shop* (A la carte)**	(Deck 8, Aft)	12:00p-6:00p
Dolce Gelato* (A la carte)**	(Deck 8, Aft)	12:00p-6:00p

### DINNER

#### COMPLIMENTARY

Garden Café Buffet (Italian)	(Deck 15, Aft)	5:00p-9:30p
Garden Café Snacks	(Deck 15, Aft)	9:30p-11:30p
O'Sheehan's Bar & Grill (Shrimp Po Boy)	(Deck 7, Mid)	5:00p-9:00p
Shanghai's	Noodle Bar, Deck 7, Aft	5:30p-9:30p
Tropicana Room	(Deck 7, Aft)	5:00p-9:30p
Savor	(Deck 6, Aft)	5:30p-10:00p
Taste	(Deck 6, Aft)	5:30p-10:00p

#### CHARGE APPLIES

Cagney's (A la carte)*	Steakhouse (Deck 8, Aft)	5:30p-10:00p
La Cucina (A la carte)*	Italian (Deck 8, Fwd)	5:30p-10:00p
Le Bistro (A la carte)*	French (Deck 6, Mid)	5:30p-10:00p
Moderno (\$49)*	Churrascaria (Deck 8, Aft)	5:30p-10:00p
Ocean Blue (A la carte)*	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Raw Bar (A la carte)*	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Teppanyaki (\$49)*	Japanese (Deck 6, Mid)	5:00p-10:00p
Wasabi Sushi (A la carte)*	Japanese (Deck 8, Mid)	5:30p-10:00p

\*Please note that cover charges are per person and a 20% gratuity will be added to your check.  
\*\* Weather Permitting

### 24/7

O'Sheehan's Bar & Grill	(Deck 7, Mid)	Always Open
Room Service Delivery***	065	Always Open

\*\*\* Room Service Fee \$9.95 per order.

**RESTAURANT CANCELLATIONS:** To ensure that our guests receive our best service, we can only hold dinner reservations for 15 minutes. After 15 minutes, the unclaimed reservation will be released. **DRESS CODE:** Resort casual and shorts are allowed in all dining venues except Ocean Blue and Le Bistro. Long pants, shoes and a collared shirt must be worn.

**TOWEL STATION:** On Poolside, Deck 15, Mid. Towels are available for checkout using your stateroom key card.

**SUN LOUNGERS:** In consideration of your fellow guests, please observe the designated Quiet Zone areas. As a courtesy to your fellow guests, reserving lounge/sun chairs is prohibited. If any chair is left unattended for longer than 15 minutes, the items will be removed & handed in at the Towel Station by the pool area on Deck 15, Mid.

**VIDEO ARCADE:** All guests' keycards including children's can be used in the video arcade. We kindly ask that parents monitor their children's charges.

### GUEST SERVICES

Art Gallery, Deck 6, Mid	5:00p-9:00p
ATM, Casino, Deck 7, Mid	Always Open
Box Office, Deck 7, Fwd (073)	7:00a-9:00a
	4:00p-6:00p
	4:00p-8:00p
	3:00p-1:00a
	4:00p-Close
	Always Open
	7:00a-11:00p
	Close
	Always Open
	Always Open
	8:00a-10:00a
	4:00p-6:00p
	7:00p-9:00p
	9:00a-10:00a
	4:00p-5:00p
	7:00a-10:00p
	8:00a-10:00p
	By Appointment Only
	Call 29865
	6:30a-10:30p
	4:00p-8:00p
	Call 23873
	6:00p-8:00p
	6:00p-10:30p
	6:00a-11:00p
	7:00a-4:00p
	7:00a-8:00a
	6:00p-9:00p
	3:00p-5:00p
	7:00p-10:00p
	4:30p-10:30p
	Always Open
CruiseNext Desk, Deck 6, Mid	
Entourage, Deck 16, Aft	
Getaway Casino, Deck 7, Mid	
Guest Services Desk, Deck 6, Mid	
Hot Tubs, Deck 15, Mid**	
Hot Tubs, Deck 16, Aft**	
Humidor Cigar Lounge, Deck 8, Mid	
iConnect Internet Café, Deck 6, Mid	
iConnect Manager's Hours, Deck 6, Mid	
Library, Deck 6, Fwd	
Main Pool, Deck 15, Mid**	
Mandara Spa & Salon, Deck 15, Fwd	
Medical Center, Deck 5, Mid	
(Medical Services are subject to charge)	
On Board Credit Desk, Deck 6, Mid	
Perspectives Photo Studio, Deck 6, Mid	
Port Shopping Guide, Deck 6, Mid	
Photo Gallery, Deck 8, Aft	
Pulse Fitness Center, Deck 15, Fwd	
Restaurant Reservations Desk, Deck 6, Mid or Dial 050	
Shore Excursion Desk, Deck 6, Mid	
Splash Academy, Deck 12, Fwd	
Tradewinds Gift Shop, Deck 8, Aft	
Video Arcade, Deck 16, Aft*	

### IN-CABIN PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

### PARK WEST COLLECTORS CARD

Don't want to dip into your cruise budget? Sign up for the Park West Collectors Card to receive up to 36 months interest free and a free work of art. Talk to the Art Team today  
Time: 4:00p - 9:00p  
Art Gallery, Deck 6, Mid

**SAFETY INFORMATION:** Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the jogging track). Observe safety signs in your stateroom and throughout the ship. **BALCONIES SAFETY PARTITIONS:** As per Safety requirement, requests for partitions of adjacent balconies to be opened are not allowed. **UNATTENDED PERSONAL ELECTRONIC DEVICES/APPLIANCES:** Please be aware that it is strictly prohibited to leave any personal electronic devices/appliances plugged in without supervision, as this is a fire hazard. The Housekeeping department has been instructed to unplug any devices found in violation of this policy. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **SHARP CONTAINERS:** Ask the Guest Services Desk or Medical Center for special containers for needles and other sharp objects. **MARPOL:** The Discharge of all Garbage into the Sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **Environmental Hotline:** You can report environmental incidents by calling 1-877-501-5976, 1-305-436-4003; the ship reception desk at 00, or via email to [environmentalhotline@ncl.com](mailto:environmentalhotline@ncl.com). The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions, please contact our Restaurant Management Staff. **ADULT VENUES:** Spice H<sub>2</sub>O is an adult only venue until 7:00p. Bliss Lounge becomes an adult only venue after 11:00p (unless otherwise stated). A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **SMOKING POLICY:** Smoking cigarette and E-cigarette onboard are only permitted in designated areas. Smoking in public areas is only permitted in designated spaces of open decks or in the Casino while playing. Pipes, Cigar smoking & tobacco chewing is strictly not permitted in the casino area. Smoking of any kind is prohibited in staterooms and balconies. A cleaning fee of \$250 is going to be applied to the account of guests who violate this policy. Cigar smoking is only allowed in the Humidor on Deck 8, Mid. All other areas are non-smoking. The use of Hookah pipe is not permitted onboard. **SHOW POLICY:** Failure to cancel reservations 24 hours in advance. The illusionarium will result in your account being charged the full amount. All ticketed shows have seating on a first come, first served basis and all reservations will be released ten minutes prior to the start of the performance. (5 minutes prior for shows in illusionarium). **CASINO:** You have to be 18 years old to gamble or be in the casino. Sorry, but no winnings can be paid to any person or pets in violation. Also, pipes or cigars can't be taken in. Cigarette smoking is permitted for active players only. Photography is allowed but video recording is strictly prohibited. Slot winnings of \$1200 and above could be subject to W-2-G tax withholding.