

# CONTINENTAL FRESH

## MUESLI

Green Apples and Bananas

## YOGURT PARFAIT WITH BERRIES & GRANOLA

Toasted Cinnamon

## SEASONAL FRUIT BOWL

Assorted Diced Fruits

## BEAR CLAW PASTRY

Toasted Almonds

## STEEL CUT OATMEAL WITH ALMONDS, QUINOA & HONEY

Brown Sugar and Low Fat Milk

## BANANA NUT BREAD

Served with Butter

## COLD CUTS & CHEESE PLATTER

Assorted Cold Cuts and Cheese

# BREAKFAST SANDWICHES & WRAPS

(ALL SANDWICHES AND WRAPS ARE SERVED WITH YOUR CHOICE OF WHOLE FRUIT)

## STEAK & EGG BAGEL\*

Toasted with White Cheddar, Black Pepper and Sesame Seeds

## BACON, EGG & CHEESE

Ciabatta, Parmesan

## SAUSAGE, EGG, & CHEESE

Ciabatta, Parmesan

## TURKEY, EGG WHITE, & SPINACH PANINI

Swiss Cheese

## BREAKFAST WRAP

Eggs, Pico de Gallo, Chorizo, Cheddar,  
Pinto Beans, Roasted Potatoes

## GOOD START WRAP

Roasted Vegetables, Potato Rosti, Spinach,  
Avocado, Roasted Tomato Spread

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# EDEN CAFÉ SIGNATURE BREAKFAST OFFERING

## FRESHLY BAKED CINNAMON ROLL

Baked to Order and Served with Royal Icing



\* Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.