FREESTYLE DAILY



TODAY'S FORECAST Partly Sunny, 72°F/22°C

SUNRISE 6:41a

SUNSET 5:44p

YOU'RE STILL ON VACATION

Experience a vacation as open as the sea around you. We've got plenty of activities for you to enjoy around the ship, from our day to day trivia, dance classes and other more. Or maybe take your loved one into a romantic dinner in one of our Specialty Restaurants. Whatever you choose to do all you need is to enjoy.

NORWEGIAN JOY
DAY 7
FRIDAY
OCTOBER 28
At Sea

TIME CHANGE: Did you remember to set your clocks one (1) hour back last night (Thursday into Friday). Please keep in mind that clocks don't change automatically on your mobile device when connected to the Wi-Fi or on Airplane mode.

DON'T MISS A MOMENT

MAKE SURE YOU EXPERIENCE THESE MUST-DOS:

- ☐ Take a selfie with your Joyful Crew Member
- □ Experience a Spectacular Show at Joy Theater
- □ Take a thrilling ride on Speedway
- ☐ Try our 7D and VR rides in the Galaxy Pavilion
- □ Laugh out loud at Levity Comedy
- ☐ Sip a Sugarcane Mojito
- □ Sing like a star in Fun Karaoke Blast
- ☐ Shop onboard it's Tax and Duty Free
- ☐ Try your Luck at the Joy Casino
- ☐ Get CruiseNext Deposits and claim your Free Money

IMPORTANT NUMBERS Emergency: Dial 911 | Guest Services: Dial 00

TODAY'S HIGHLIGHTS

MORNING FUN FITNESS

Time: 8:30a

Place: Poolside. Deck 16, Fwd

CANVAS BY U! : SUNFLOWER

Time: 10:00a

Place: Teppanyaki, Deck 6, Mid

BATTLE OF THE CAKE MASTERS

Time: 10:15a

Place: Atrium, Deck 6, Mid

FINISH THE LYRICS

Time: 11:15a

Place: Atrium, Deck 6, Mid

"WHAT'S IN THE BAG?" CHALLENGE

Time: 1:00p

Place: Poolside, Deck 16, Mid

SPOT THE DIFFERENCE

Time: 1:00p

Place: Atrium, Deck 6, Mid

COUNTRY LINE DANCE CLASS

Time: 1:45p

Place: Atrium, Deck 6, Mid

BACK TO BACK

Are you sailing with us next cruise? Please proceed to the Guest Service Desk on Atrium, Deck 6, Midship to register.

FOOD REPUBLIC EXPERIENCE

Travel somewhere new with every delicious bite at Food Republic. Savor a fusion of foods and cultures from around the globe. Travel to Mexico and scoop up some tasty street food. Jet away to Japan and try a new kind of sushi roll, or have a hearty helping of Thai noodles. Deck 8, Fwd.

GET THE GOOD TIMES GOING.

TONIGHT'S ENTERTAINMENT LINEUP

ELEMENTS

Come and experience Norwegian Cruise Line's signature production: "Elements". From mesmerizing magic to the visual acts of aerial acrobatics along with exciting music and dance, this dazzling show will reveal the four elements of Earth, Air, Water & Fire. This show is an incredible spectacle of wonder, enchantment and visual delight. Photography, audio & video recording and the reserving of seats are prohibited. Due to the nature of this production, please stay in your seats as the aisles will be closed once the show starts; late-comers will be seated at an appropriate time. Children should not be seated in the first three (5) rows. This show contains strobe light and haze. Reservations are required, and reserving of seats is not permitted. Reservations are released 10 minutes before show time.

Time: 7:00p, Joy Theater, Deck 7, Fwd

LEVITY COMEDY GROUP

Get ready to laugh at the hilarious stand-up comedy of the Levity Comedy Group. Tonight's featured act is performance by John Wessling. Reservations are required and reserving of seats is not permitted.(PG-13)

Time: 6:30p, The Social, Deck 6, Mid

SING IT IF YOU KNOW IT

Join your Cruise Director's Staff and party rock band Wild Spirits for a musical game show not to be missed. Test your musical knowledge as Wild Spirits performs a variety of songs, and if you recognize them, you need to sing it to win it.

Time: 8:45p, Atrium, Deck 6, Mid

VOCALIST: PATTY DESS

With a career spanning over a decade on both land and sea, Patty Dess presents to you her dazzling headlining event Diva Extravaganza. A show combining talent, charm, and classic music from some of your favorite female artists. Come join Patty as she sings iconic hits by legends such as Aretha Franklin, Diana Ross, Ella Fitzgerald, and more as she takes you on her journey through song. Reservations are not required and reserving of seats is not permitted. Seating is limited.

Time: 9:30p, Joy Theater, Deck 7, Fwd

FAREWELL DANCE PARTY

Join your fellow guests tonight for the last time and dance like there's no tomorrow. Grab your favorite beverage and wave your hands up in the air while dancing to the latest farewell beats. Let's make this night a memorable one, so come on out and have some fun with your fellow guests.

Time: 10:15p, The Social, Deck 6, Mid

Reservations will be released 10 minute-=s prior to all shows in the Joy Theater and The Social Comedy Club. Latecomers will not be granted access. Please note it is important to be on time for all shows as seats are on a first come, first served basis with reservations. Please arrive with your entire party for all shows as reserving of seats is not permitted. Video/Audiotaping or photography is prohibited in all performance venues. Doors open 30 minutes prior to show time.

M YOUTH AND FAMILY ACTIVITIES

GUPPIES OPEN PLAY

A fun space with toys for parents and their little ones 6 months—4 years old. **Time**: 9:00a-12:00p, 2:00p-5:00p & 7:00p-10:00p, Splash Academy, Deck 5, Aft

FAMILY MUSIC MANIA

From children to grandparents, families can join us to play this interactive gameshow. With four rounds requiring different musical skills, your family will need to be real music aficionados to become the Music Mania champions.

Time: 4:15p, Atrium, Deck 6, Mid

SPECIAL EVENTS

HOW TO RUN A CRUISE SHIP Q&A

Join us as we take you on a virtual behind the scenes tour of the operation of the Norwegian Joy, giving you an in-depth look at how this city at sea runs. After the presentation Captain Dan, Chief Engineer Patrik and General Manager Ricardo will answer all of your questions.

Time: 1:00p, Joy Theater, Deck 7, Fwd

BROADWAY CABARET

Come join some of our Footloose Singers as they show you the best that 80's Broadway had to offer. If you love the many hits of the Great White Way, then this is the place to be. Get ready for show tune's best - and a few lesser known gems - from ballads to Broadway smash hits. (No food service).

Time: 2:15p, "Q" Texas Smoke House, Deck 6, Fwd

FINAL DEAL OR NO DEAL: WIN UP TO \$5,000

Join us for an exhilarating show where contestants play and deal for cash in a high-energy contest of nerves and raw intuition. Everyone in the audience gets to play along by opening up briefcases on their Deal or No Deal cards with the chance at the top prize of \$5,000. Brought to you by the creators of the prime time show on NBC. Hosted by your Cruise Director Beancka.

Cards Available: 1:30p-2:30p Time: 2:30p, Atrium, Deck 6, Mid

FUTURE CRUISE HIGHLIGHTS

Dreaming of where to cruise next? Join your CruiseNext team for an informative presentation to learn about our new ships, itineraries and great destinations. Invest in future deposits to receive onboard credit up to \$500 to spend today. Visit the CruiseNext team for complete details.

Time: 3:15p, Atrium, Deck 6, Mid

\$5,000 JACKPOT & WIN A CRUISE BINGO

It's the moment you've all been waiting for, the chance to win a Caribbean cruise for two. Bring those raffle tickets you have collected all cruise long and remember you must be present to win. Sales begin one hour prior to the start of games.

Cards Available: 3:00p-4:00p Time: 4:00p, Joy Theater, Deck 7, Fwd

DEAL OR NO DEAL PRIZE REDEMPTION

Remember to redeem your Deal or No Deal matches. Cash prizes will be applied to your onboard account. Photos can be redeemed at the Photo Gallery during opening hours. Instant Wins can be redeemed at any Bingo session up until the final session. If you are unsure of your prize, you can check with Guest Services, Deck 6, Mid.

Time: 4:00p-5:00p, Library, Deck 6 Fwd

MUSIC EVERYWHERE

Acoustic Country with The Mickey Utley Band 6:15p-7:15p, "Q", Deck 6 Fwd
All the Favorite Latin Hits with New Sensation 8:00p-11:15p, Sugarcane, Deck 8, Mid
Party & Latin Dance with Azucar Duo
9:45p-11:45p, Atrium, Deck 6, Mid

WHAT'S HAPPENING TODAY.

TEAR HERE

FOLD HERE

DAY 7 FRIDAY OCTOBER 28

MORNING

All Day	Joy Today with Beancka & Henry	Channel 19
7:00a	Morning Stretch	"Q"
7:00a-7:00p	Kids Aqua Park is Open **	Deck 16, Mid
8:00a-10:00p	Giant Chess **	Deck 17, Fwd
8:00a-10:00p	Ping Pong Play **	Deck 17, Fwd
8:00a-10:00p	Mini Golf is Open (Access via Deck 18, Aft) **	Deck 19, Aft
8:30a	Morning Fun Fitness **	Poolside
Until 9:00a	Jogging Track **	Deck 17, Aft
9:00a	Big Screen Sudoku Challenge	Atrium
9:30a	Good Morning Trivia	Atrium
10:00a	Canvas by U! : Sunflower *+	Teppanyaki
10:00a	Collagen for Tighter Skin with Medi-Spa	Mandara Spa
10:00a	Up to \$30 Promotion	Shops, Deck 8
10:00a	Morning Chat with your Senior Officers	Atrium Lobby
10:00a	Collagen for Tighter Skin with Medi-Spa	Mandara Spa
10:00a	\$100,000 Winner Take All Slot Qualifier *	Casino
10:15a	Battle of the Cake Masters	Atrium
10:30a	Chinese Herbal Remedies with Dr. Mustafa	Mandara Spa
10:45a-11:15a	Bingo Cards Available *	Theater
11:00a	Freestyle Final Call	Shops, Deck 8
11:00a	\$100,000 Winner Take All Qualifier Finals *	Casino
11:00a	Blackjack Tournament *	Casino
11:00a-11:45a	Fun Under the Sun with Wild Spirits **	Poolside
11:15a	\$4,000 Jackpot Double Raffle Bingo *	Theater
11:15a	Finish the Lyrics	Atrium
11:30a	Old vs. New World Wine Tasting with Tapas *	The Cellars
11:45a	Secrets to a Flatter Stomach	The Cavern

AFTERNOON

12:00p	Visual Trivia: Cat Breed	Atrium
12:00p	Beer Tasting *	The District
12:00p	Blackjack Tournament Finals *	Casino
12:00p	Ice Carving Demonstration **	Poolside
12:15p-8:00p	Create your Personalized 3D Crystal *	Photo Gallery
12:30p-1:45p	Top Hits with DJ Viper **	Poolside
12:45p-1:00p	Auction Registration & Raffle Entry	The Social
1:00p	How to Run A Cruise Ship Q&A	Theater
1:00p	"What's in the Bag?" Challenge **	Poolside
1:00p	Grand Finale Art Auction	The Social
1:00p	Spot the Difference	Atrium
1:00p	Beer Tasting *	The District
1:00p	Macallan Whisky Tasting *	Maltings
1:00p	Texas Hold'em Tournament *	Casino
1:30p	Black Glass Tasting with Macaroons *	The Cellars
1:30p	Chinese Herbs for Weight Loss & Pain Relief	Mandara Spa
1:30p-2:30p	Deal or No Deal Cards Available *	Atrium
1:45p	Country Line Dance Class	Atrium
1:45p-2:30p * Denotes a fee fo	Reggae Tunes with Wild Spirits ** r this program	Poolside

^{**} Weather Permitting

THE MACALLAN SENSORY EXPERIENCE

Gather, taste, discover, pair and sample rare, high-end whisky from the world's leading brand. Join us in Malting's Whiskey Bar with Head Mixologist. Malting's Whiskey Bar Deck 6, Mid.

AFTERNOON (CONT'D)

2:00p	Relieving Back, Knee & Hip Pain	The Cavern
2:00p	Macallan Whiskey Tasting *	Maltings
2:15p	Broadway Cabaret	"Q"
2:30p	Final Deal or No Deal: Win Up to \$5,000 *	Atrium
2:30p-4:00p	Walk in Free Anti-Aging Consultations	Mandara Spa
2:30p-4:30p	Charts Hits with Celebrity DJ Ufoso **	Poolside
3:00p	Bermuda Port of Call T-Shirt 2 for \$25	Shops, Deck 8
3:00p-4:00p	Bingo Cards Available *	Theater
3:00p-4:30p	See Gerard to Collect your VIP Card	Atrium
3:15p	Future Cruise Highlights with CruiseNext	Atrium
3:30p	Wine & Cheese Perfect Pairing *	The Cellars
4:00p	\$5,000 Jackpot & Win a Cruise Bingo *	Theater
4:00p	Over 1 Million Paradise Lotto Drawing *	Casino
4:00p-5:00p	Deal or No Deal Final Prize Redemption	Library
4:15p	Family Music Mania	Atrium
4:30p-5:15p	Big Screen Fun Slide Show **	Poolside
5:15p	Theme Trivia: F.R.I.E.N.D.S	Atrium
5:30p	Solo Travelers Farewell (Starboard side)	Observation
5:30p	Self-Led Sabbath Service	Pacific
5:30p-6:30p	Activity Card Prize Redemption	Library

NIGHT

After 6:00p	Jogging Track **	Deck 17, Aft
6:00p	Invicta Watches Up to 75% Off	Shops, Deck 8
6:00p-7:00p	Friends of Bill W.	Atlantic
6:00p-7:30p	A Night to Remember with Arvin & Emily	Atrium
6:00p-8:00p	Professional Portraits	Deck 6 & 8
6:00p-10:00p	Points Redemption	Casino
6:15p-7:00p	Piano Instrumental with Javier	Mixx
6:15p-7:15p	Acoustic Country with The Mickey Utley Band	"Q"
6:30p	LGBTQIA+ Social (Unhosted)	Observation
6:30p	Levity Comedy with John Wessling ^	The Social
7:00p	Elements ^	Theater
7:00p-10:00p	Last Chance Art Sale	Art Gallery
7:15p-10:15p	Folk, Country & More with Ryan North	The Cavern
7:30p-8:15p	Instrumental Piano with Javier	Mixx
7:45p-8:30p	Piano & Vocals with Juan Carlos	Observation
7:45p-8:30p	Diamond & Streisand Tribute Arvin & Emily	Atrium
8:00p	Movie: The Bad Guys (PG 1h 40m) **	Poolside
8:00p-8:45p	Mellow Country with The Mickey Utley Band	"Q"
8:00p-11:15p	All the Favorite Latin Hits with New Sensation	Sugarcane
8:45p	Sing it If You Know It	Atrium
9:15p-10:15p	Country Hits with The Mickey Utley Band	"Q"
9:15p-12:00a	Piano Bar Entertainment with Juan Carlos	The District
9:30p	Vocalist: Patty Dess ^	Theater
9:45p-11:45p	Party & Dance with Azucar Duo	Atrium
10:15p	Farewell Dance Party	The Social
10:30p-11:30p	Farewell Karaoke Blast	The Cavern
11:15p-Close	Late Night with Celebrity DJ Ufoso (18+)	The Social
12:00a	Over 1 Million Paradise Lotto Drawing *	Casino
^ Photography at	idio and video recording is prohibited	

Photography, audio and video recording is prohibited

SIBLING RIVALRY- OLD VS. NEW WORLD WINE

Sip your way around the world in 1hour. We pair award winning wines with tapas that will take you on a journey intended to delight and discover. Ever tried a California Cabernet against Bordeaux?

The Cellars by Michael Mondavi, Deck 8, Mid. Book now by calling our Cellar Master #28963 seats are limited.

⁺ Requires Registration

GOOD TO KNOW



Wi-Fi available bow to stern.

III TODAY'S DINING OPTIONS

MORNING

COMPLINA	CHITADY
COMPLIM	FNIARY

Garden Café Buffet	(Deck 16, Fwd)	7:00a-10:30a
Observation-Early Riser	(Deck 15, Fwd)	5:30a- 11:30a
Savor	(Deck 6, Aft)	7:30a-9:30a
Taste	(Deck 6, Aft)	7:30a-9:30a
The Local Bar & Grill	(Deck 7, Mid)	5:00a-11:30a

AFTERNOON

COMPLIMENTARY

Garden Café	(Deck 16, Fwd)	11:30a-3:00p
Observation Lounge	Snacks (Deck 15, Fwd)	2:30p-5:00p
Savor	(Deck 6, Aft)	12:00p-1:30p
Taste	(Deck 6, Aft)	12:00p-1:30p
The Local Bar and Grill	(Deck 7, Mid)	12:00p-5:00p

CHARGE APPLIES

American Diner (A la carte) **	(Deck 17, Aft)	12:00p-5:00p
Food Republic (A la Carte) *	(Deck 8, Fwd)	12:00p-1:30p

DINNER

COMPLIMENTARY

Garden Café	Buffet (Deck 16, Fwd)	5:00p-9:00p
Garden Cafe-Late Snack	(Deck 16, Fwd)	9:30p-11:30p
Manhattan	(Deck 7, Aft)	5:00p-9:00p
Savor	(Deck 6, Aft)	5:30p-9:30p
Taste	(Deck 6, Aft)	5:30p-9:30p
The Local	(Deck 7, Mid)	5:00p-9:00p
The Local – Late Snack	(Deck 7, Mid)	10:00p-4:00a

CHARGE APPLIES

Cagney's (A la Carte) *	Steakhouse (Deck 8, Aft)	5:30p-9:30p
Food Republic (A la Carte) *	Fusion Food (Deck 8, Fwd)	5:30p-9:30p
La Cucina (A la Carte) *	Italian (Deck 8, Mid)	5:30p-9:30p
Le Bistro (À la Carte) *	French (Deck 8, Aft)	5:30p-9:30p
Ocean Blue (A la Carte) *	Seafood (Deck 8, Mid)	5:30p-9:30p
"Q" Texas Smokehouse (A la Carte) *	BBQ Deck 6, Fwd	5:30p-9:30p
Teppanyaki (\$49) *	Japanese (Deck 6, Mid)	5:00p-10:00p

Please note that cover charges are per person and a 20% gratuity will be added to your check.

24/7

The Local Bar & Grill	(Deck 7, Mid)	Always Open
Room Service Delivery *	Dial 065	Always Open

^{*} Denotes a fee, cover charge or a la carte.

Restaurant Reservations: 8:00a-4:00p in Teppanyaki, Deck 6, Mid, use any Digital Touchscreen located at every deck/elevator landing, use iTV from your stateroom, use Cruise Norwegian App on your mobile phone or dial 050.

Restaurant Cancellations: To ensure that our guests receive our best service, we can only hold reservations for 15 minutes. After 15 minutes, the unclaimed reservation will be released. If the party shows up late for their reservation (after the 15-minute holding time), then the guests may be seated at the next available opportunity, if one exists.

Dress Code: Resort casual and shorts are allowed in all dining venues except Ocean Blue and Le Bistro after 5:00p. Shoes and shirt must be worn.

i HOURS OF OPERATION

Garden Café, Deck 6, N Garden Café, Deck 1 Maltings Bar, Deck 6, Mixx Bar, Deck 6, Af

MIXX Dar, Deck 6, Alt
Observation Lounge, Deck 15, Fwd
"Q" Texas Smokehouse, Deck 6, Fwd
Skyline Bar, Deck 7, Aft
Skyline Bar, Deck 7, Aft Spice H2O, Deck 17, Aft **
Sugarcane Mojito Bar, Deck 8, Mid Sail and Sustain Waterfront Bar, Deck 8, Mid **
Sail and Sustain Waterfront Bar, Deck 8, Mid **
Starbucks®, Deck 6, Mid Starbucks®, Deck 15, Fwd
Starbucks®, Deck 15, Fwd
The A-List Bar, Deck 8, Att
The A-List Bar, Deck 8, Aft The Cavern Waterfront Bar, Deck 8, Mid ** The Cellars Wine Bar, Deck 8, Mid
The District Brew House, Deck 8, Fwd
The Local Bar & Grill Deck 7 Mid
The Local Bar & Grill, Deck 7, Mid Wayes Pool Bar, Deck 16, Mid **

ATTRACTIONS Jogging Track, Deck 17, A

Aqua Racer, Deck 17, Mid ** Galaxy Pavilion, Deck 16, Aft *	10:00a-5:00p 10:00a-12:00p 1:00p-5:00p 6:00b-9:00b
Kids Water Slide, Deck 16, Mid ** Laser Tag, Deck 20, Fwd *** Ocean Loops Water Slide, Deck 17, Mid ** Speedway (Double), Deck 18, Aft **	6:00p-9:00p 10:00a-5:00p 5:00p-9:00p 10:00a-4:00p 10:00a-11:30a
Speedway (Single), Deck 18, Aft * **	12:00p-9:00p

00a-Close

6:00p-10:00p Appointment Only Always Open 10:00a-11:30a 4:00p-5:00p 10:00a-10:00p 11:00a-10:00p

2:00p-5:00p 7:00p-9:00p Continuous-Close 9:00a-Close 7:00a-7:00p 9:00a-11:00a

9:00a-11:00a 3:00p-5:00p 8:00a-8:00p 7:00a-9:00p 8:00a-9:30a 6:00p-7:30p 9:00a-12:00p 4:00p-10:00p Appointment Only 3:00p-4:30p 9:00a-11:00p Abways Open

Until 9:00a

GUEST SERVICES

Art Gallery, Deck 6, Aft Atlantic & Pacific Conference Room (Deck 6, Fwd) ATM, Joy Casino, Deck 7, Mid Box Office, Deck 7, Fwd (Dial 073)	
Box Office, Deck 7, Fwd (Dial 073)	

CruiseNext Desk, Deck 6, Mid Entourage Teen Lounge, Deck 16, Aft, Galaxy Pavilion

Guppies Open Playroom, Splash Academy, Deck 5, Aft

Guest Services Desk, Deck 6, Mid (Dial 00)
Hot Tubs, Deck 16, Mid (4 people at a time) **
(Children under 16 require adult supervision at all times)
Hot Tubs, Spice H2O, Deck 17, Aft (35 people at a time) **
(Adult zone until 7:00p)
iConnect Manager's Hours, Deck 6, Mid

Joy Casino, Deck 7, Mid (Slots) (Tables) Kids Aqua Park, Deck 16, Mid ** Library, Deck 6, Fwd (Book Returns Only)

Mandara Spa & Salon, Deck 16, Aft (Dial 030) Main Pools, Deck 16, Mid Medical Center, Deck 13, Fwd (All Medical Services are subject to charge) Onboard Credit Desk, Deck 6, Mid

Perspectives Studio, Deck 6, Fwd (Dial 23873) Port Shopping Desk, Deck 6, Mid Photo Gallery, Deck 8, Aft Photo Gallery Digital Klosks Pulse Fitness Center, Deck 17, Aft Shore Excursions Desk, Deck 6, Mid

Splash Academy, Deck 5, Aft

5:00p-9:00p 5:00p-9:00p 10:00a-12:00p 2:00p-4:00p 7:00p-10:00p Always Open 9:00a-11:00p The Humidor Cigar Lounge, Deck 8, Stbd (Cigar Smoking Only) Tradewinds Tax & Duty Free, Deck 8, Mid Video Arcade, Deck 16, Aft *

Speedway and Laser Tag Cancellations: Please note that there is a 24-hour cancellation policy for the Speedway and Laser Tag. If your reservations are not cancelled at least 24 hours before your scheduled time, you will be charged 50% of the cost of the experience. The Speedway and Laser Tag are open every day—weather permitting. Reservations can be made at the Box Office, Speedway, Laser Tag, iTV or Touchscreens.

IN-CABIN PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

TICK-TOCK TIME IS RUNNING OUT

Don't miss your chance to save. Invest in your CruiseNext Deposits before 10:00p tonight and put free money in your pocket. These offers are only available on board, so don't miss out. Time: 10:00a-10:00p, CruiseNext Desk, Deck 6, Mid

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. SAFETY EQUIPMENT: Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. MARPOL: The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. ENVIRONMENTAL HOTLINE: You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmental hotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management Staff. ADULT VENUES: Spice H₂O is an adult only venue after 10:300 peach night. A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:300am, unless accompanied by their parents/guardians or in an organized youth activity. SMOKING POLICY: Smoking in public areas is only permitted in designated space of Spice H₂O is an adult onlonger than 60 minutes, the t SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking tubs and the hot tubs capacity is no more than 6 people on Deck 16, Mid and 35 on Deck 17, Aft.

^{**} Weather Permitting

American Diner and The Local Bar and Grill are on a first come first served basis and no reservations will be taken.

Denotes a fee for this program. ** Weather Permitting

GET SAVINGS THAT SIZZLE.

DON'T FORGET YOUR PHOTO

Take home the best souvenir – "Your Photos". Explore options & take advantage of great deals. Get to the Photo Gallery, Deck 8, Aft for last call. Time: 9:00a -11:00p

FREE CRYSTAL KEYCHAIN

Receive a free 3D crystal keychain and rotating base with your 3D Crystal purchase. Visit the Photo Gallery, Deck 8, Aft to learn more.
Time: 9:00a-11:00p

TIMELESS PHOTO WALL ART

Create canvas and/or metal wall art of your memories. Free original prints & digital files with any collection. Visit the Photo Gallery, Deck 8, Aft to learn more.

SEAWEED MASSAGE

Indulge in our most popular massage onboard. This detoxifying massage was designed to reduce muscle tension, fluid retention and pain such as arthritis and fibromyalgia and includes a full body massage and the results last for 6 weeks. Book yours today by visiting the Mandara Spa Deck 16, Aft or call 030.

CHINESE HERBAL REMEDIES

Jou Herbs is the world's leading herbal remedy that can help reduce the amount of medication your take by using the best natural ingredients. It can help with pain, blood pressure, insomnia, weight loss, and migraines, boost your immune system plus much more. For your free herbal consultation with Dr. Mustafa call 030 and book in today.

MEDI SPA CLINIC

Onboard the Norwegian Joy, we offer the latest in Non-Surgical facial enhancement treatments, from Dysport and Restylane to the newest treatments of Thermage and TruSculpt. Book in with Dr. Steph for your free skin assessment where we will discuss your personal goals and design a treatment plan just for you.

DISEMBARKATION TOURS

Why wait around at the airport when you can enjoy some of the sights of New York? Stop by the Shore Excursions Desk to find out what tours are still available. Desk Hours: 10:00a-1:00p & 5:00p-9:00p Shore Excursions Desk, Deck 6, Mid

FINAL DEAL OR NO DEAL

Join us for an exhilarating show where contestants play and deal for cash in a high-energy contest of nerves and raw intuition. Everyone in the audience gets to play along by opening up briefcases on their Deal or No Deal cards with the chance at the top prize of \$5,000.

Time: 2:30p, Atrium, Deck 6

WIN A CRUISE BINGO

It's the moment you've all been waiting for, the chance to win a Caribbean cruise for two. Bring those raffle tickets you have collected all cruise long and remember you must be present to win. Sales begin 1 hour prior to the start of games.

Time: 4:00p, Joy Theater, Deck 7, Fwd

GRAND FINALE ART AUCTION

We've saved the best for last. Our fast, fun, final auction will definitely become your new favorite cruise tradition.

New art, fast-paced bidding, champagne, free gifts - you cannot miss it.

Registration: 12:45p

Auction Starts: 1:00p

The Social, Deck 6, Mid

CUSTOM FRAMING

As one of the world's largest custom framers, Park West can offer thousands of options for framing your new work of art. Come learn what our framing experts can do for you Time: 7:00p-10:00p The Social, Deck 6, Mid

PARK WEST COLLECTORS

Don't want to dip into your cruise budget? Sign up for the Park West Collectors Card to receive up to 36 months interest free and a free work of art. Talk to the Art Team today. Time: 7:00p-10:00p Art Gallery, Deck 6, Mid

NORWEGIAN

BERMUDA T-SHIRT 2 FOR \$25

Bermuda Port of Call T-shirts on clearance buy any 2 for \$25 only. Redeem your onboard credit in the Gift Shop. Time: 3:00p

Tax & Duty Free Shops, Deck 8, Aft

EFFY BEST BUYS SALE

Join us as we unveil the EFFY Best Buys, a collection of best-sellers and favorites from our cruisers over the years. There is sure to be a piece that you will love, and one to fit every taste, style, and budget. Plus, everyone will receive a gift for attending. Time: 2:30p

Tax & Duty Free Shops, Deck 8, Aft

LUXURY JEWELRY & WATCHES

We are very fortunate to be able to showcase some extremely rare, Jewelry pieces from prestige brands such as Roberto Coin, John Hardy, Kabana & Larimar. We will also showcase some rare timepieces such as Omega, Rolex, IWC, TAG Heuer Longines & more. Redeem your onboard credit in the gift shop. Time: 9:00a-11:00p, Tax & Duty Free Shops

REDEEM REWARD POINTS

Redeem reward points (100 points = \$1) for slot play by using your PIN. If you reach 2,500 (\$25) or more, reward points can be used towards onboard select charges. Visit the Players Club for more details.

Time: 6:00p-10:00p

Joy Casino, Deck 7, Mid

CASINO TOURNAMENTS

Last chance to qualify for the Slot & Blackjack tournaments. For \$30 entry fee, win up to \$500 in cash in the Finals. Visit the Casino Services Desk for more details. Time: 10:00a
Joy Casino, Deck 7, Mid

OVER \$1,000,000 LOTTO DRAW

Try your luck with our lottery and win the big jackpot of over \$1,000,000. You have 3 chances of winning- match 3 numbers win \$100, match 4 numbers win \$2,000 and match 5 numbers to win the current jackpot. Joy Casino, Deck 7, Mid

SWIFT DELIVERY ON DEMAND

Introducing SWIFT – Norwegian's brand new on demand delivery service. Available 24/7 Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers. Order through 24/7 Room Service.

SAIL & SUSTAIN COCKTAIL

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails. Visit Sugarcane Waterfront Bar on Deck 8, Mid

WINE EXPERIENCES & MORE

From our famous blind-black glass tastings, wine and cheese pairings to taking your palate on a whiskey tour and many more. Discover a beverage experience perfectly paired for your vacation. Explore all of your opportunities today, visit your Cellar Master at the The Michael Mondavi Family wine bar on Deck 8, Mid.

WIFI INTERNET

Whether you need to post vacation photos or check emails connecting onboard has never been easier. Join the NCL_Internet_Joy Wi-Fi network, start your internet browser and type in login.com. Time Plan users — preserve your minutes by logging out after each session. Type logout.com in your browser's address bar and press enter to immediately end your online session.

Manager's Hours: 9:00a-12:00p; 2:00p-5:00p & 7:00p-9:00p Internet Cafe is open 24 hours, Deck 6 Mid Internet plans are available to purchase until 9:00p

HOW TO GET CONNECTED

1.) Put your device in airplane mode (phones/tablets) and connect to the ship's public Wi-Fi signal NCL_Internet_Joy

2.) Start your internet browser to get to the login page. If not, type in login.com.

Important Reminder for Guests using time plans – To preserve your minutes you must log out after each session. Simply type logout.com in your browser's address bar and press enter to immediately end your online session. Please see the Internet Café Manager for assistance in the

Atrium on Deck 6, Mid, Starboard Side.

LAST DAY- DO NOT MISS YOUR SAVING

Don't miss your chance to get up to \$1000. Purchase your CruiseNext deposits before 10:00p tonight and put free money in your pocket. Book your future cruise and lock in your free exclusive promotion today.

Office Hours: 10:00a-10:00p, CruiseNext Office, Deck 6, Mid

LAST CHANCE FOR FREE MONEY

Today by 10:00p is your last chance to invest in your next dream vacation. Get your CruiseNext Deposits and receive up to \$1000 onboard credit to spend. See the CruiseNext team for complete details. Time: 10:00a-10:00p, CruiseNext Desk, Deck 6, Mid