

FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 70°F /21°C

SUNRISE 7:41a

SUNSET 6:35p

ANOTHER DAY AT SEA

Whether you're into extreme, serene or something in between, we've got plenty of activities for you to enjoy around the ship. Find your own little retreat and catch up with your favorite book. Then, make it a romantic night at Le Bistro, find your lucky seat at our casino. Experience a vacation as open as the sea around you.

TIME CHANGE: Did you remember to set your clocks one (1) hour forward last night (Sunday into Monday). Please keep in mind that clocks don't change automatically on your mobile device when connected to the Wi-Fi or on Airplane mode.

NORWEGIAN JOY
DAY 3
MONDAY
OCTOBER 24
At Sea

LET US ENTERTAIN YOU

Freestyle Cruising is about having plenty of choices – and we've got some of the most spectacular entertainment options at sea. For more details on tonight's entertainment lineup, show times and locations, please turn to page 2.

ENTERTAINMENT RESERVATIONS

Select show times in advance, and book your reservations. All shows in the Joy Theater & The Social Comedy Club are free of charge. Here's how:

- Use iTV on your stateroom television.
- Stop by the Box Office, Deck 7, Fwd (during opening hours).
- Call the Box Office at extension 073 (during opening hours).
- Use any digital touchscreen located at every deck/elevator landing.
- Use the Cruise Norwegian App on your mobile phone.

If the availability on the iTV, Cruise Norwegian App and digital touch screens is zero, you can still visit the Box Office during opening hours to check for availability.

MEET YOUR CRUISE DIRECTOR'S SATFF

- Henry (Assistant Cruise Director) - Philippines
- Kimberly – Philippines
- Mark – Philippines
- Maria – Philippines
- Adna - Serbia
- Miodrag - Sebia
- Agustin - Columbia
- DJ Viper – St. Lucia

IMPORTANT NUMBERS Emergency: Dial 911 | Guest Services: Dial 00

BACK TO BACK GUESTS

Are you sailing with us next cruise? Please proceed to the Guest Service desk on Deck 6, Midship to register.

TODAY'S HIGHLIGHT

MORNING FUN FITNESS

Time: 8:30a

Place: Poolside, Deck 16, Mid

CHARADES

Time: 11:00a

Place: Atrium, Deck 6, Mid

HIGH NOON TRIVIA: 80'S MOVIE POSTER

Time: 12:00p

Place: Atrium, Deck 6, Mid

POOL OLYMPICS

Time: 1:00p

Place: Poolside, Deck 16, Mid

CELEBRITY HEADS

Time: 3:15p

Place: Atrium, Deck 6, Mid

THEMED TRIVIA: CLASSIC MOVIE

Time: 5:15p

Place: Atrium, Deck 6, Mid

THE LAST MAN STANDING GAME SHOW

Time: 7:00p

Place: Atrium, Deck 6, Mid

HEALTH REMINDER

Wash your hands often, especially after using the restrooms and before & after meals. Sanitizer dispensers are located outside all restaurants and in public areas for your use. We discourage handshaking for your health and safety. If you ever experience symptoms of illness, please remain in your stateroom and contact the Guest Services Desk by dialing ext. 00.

GET THE GOOD TIMES GOING.



TONIGHT'S ENTERTAINMENT LINEUP

FOOTLOOSE

Norwegian Cruise Line is thrilled to present a brand new, revamped and re-imagined production of FOOTLOOSE: THE MUSICAL - grittier and sexier, this production features all new choreography, designs and orchestrations. Forced to move from his beloved Chicago, newcomer Ren McCormack is in shock when he discovers the small town he now calls home has banned dancing and made rock music illegal. As he struggles to fit in, Ren faces an uphill battle to stir things up and make a change with the help of his new friend, Willard, and the beautiful and defiant Ariel Moore, he might loosen up this conservative town and help it heal from a tragedy that affected everyone. But Ariel's influential father, the Reverend Shaw Moore stands in the way. This show contains strobe light and haze effects. Reservations are required and reserving of seats is not permitted. (PG-13)

Time: 7:00p, Joy Theater, Deck 7, Fwd

BEATLES REVOLUTION: SGT. PEPPER'S

The Beatles Revolution showcase a host of hits and rarities from The Mop Top's album 'Sgt Pepper's Lonely Hearts Club Band' before taking you on a Magical Mystery Tour back to the summer of love. Be sure to wear flowers in your hair, and your fabbest sixties gear. A splendid time is guaranteed for all. Reservations are not required, and reserving of seats is not permitted.

Time: 7:30p & 9:30p, The Cavern, Deck 8, Mid

LEVITY COMEDY GROUP

Get ready to laugh at the hilarious stand-up comedy of the Levity Comedy Group. Tonight's featured act is a performance by Joe Larson. Reservations are required and reserving of seats is not permitted. (PG-13)

Time: 8:30p, The Social, Deck 6, Mid

LEVITY COMEDY GROUP (18+)

Get ready to laugh at the hilarious stand-up comedy of the Levity Comedy Group. Tonight's featured act is a performance by John Wessling. Reservations are not required and reserving of seats is not permitted. (18+)

Time: 10:00p, Joy Theater, Deck 7, Fwd

AWESOME 80'S PARTY

Dust off your leg warmers, tease up your hair, pull out your acid-wash jeans because it's time to strike a pose and vogue as our Cruise Director's Staff transports you back to a time where video killed the radio star - The awesome 80's. Dress in your best 80's look for a fun night. (Weather permitting)

Time: 10:30p, Spice H₂O, Deck 17, Aft

Reservations will be released 10 minutes prior to all shows in the Joy Theater and The Social Comedy Club. Latecomers will not be granted access. Please note it is important to be on time for all shows as seats are on a first come, first served basis with reservations. Please arrive with your entire party for all shows as reserving of seats is not permitted. Video/Audio-taping or photography is prohibited in all performance venues. Doors open 30 minutes prior to show time.



YOUTH AND FAMILY ACTIVITIES

GUPPIES OPEN PLAY

A fun space with toys for parents and their little ones 6 months- 4 years old.

Time: 9:00a-12:00p, 2:00p-5:00p & 7:00p-10:00p, Splash Academy, Deck 5, Aft

FAMILY LINE DANCE

Come and learn, simple yet classic line dances. We can string the steps together. How long can we make the line?

Time: 4:15p, Atrium, Deck 6, Mid

SPECIAL EVENT

CANVAS BY U! PAINTING CLASS

Canvas By U! is a step by step, fun, interactive painting class. All supplies are included. No experience needed. Let your Cruise Director's Staff inspire your inner artist. Today's theme: Funky Guitar. (Limited Availability, Max 15 guests and fee applies)

Time: 10:00a, Teppanyaki, Deck 6, Mid

BAMBOOZLED

In this "POW"erful tabletop Escape experience, you'll join forces with other guests to help our superhero escape the ship to foil an evil villain's plan before it's too late. Save this time on your schedule if you want to try and save our super hero and save the world. Spaces are limited. First come, first served accommodation.

Time: 12:00p, "Q" Texas Smokehouse, Deck 6, Fwd

DEAL OR NO DEAL: WIN UP TO \$5,000

It's an exhilarating show where contestants play and deal for cash in a high-energy contest of nerves and raw intuition. Everyone in the audience gets to play along by opening up briefcases on their Deal or No Deal cards with the chance to win up to \$5,000 even a 5-Day Caribbean Cruise for two. Hosted by your Cruise Director Beancka.

Cards Available: 1:30p-2:30p

Time: 2:30p, Atrium, Deck 6, Mid

\$3,000 JACKPOT & PRIZE GIVE AWAY BINGO

This afternoon we will give away prizes and a jackpot of \$3,000 with a win ball limit. Small price, big reward. Card Available: 3:30p-4:00p

Time: 4:00p, Joy Theater, Deck 7, Fwd

LATITUDES EXCLUSIVE COCKTAIL PARTY

Join us for the Latitudes Exclusive Cocktail Party today. Exclusively for Silver Members and above from Decks 13-18. Please present your Key Card at the entrance.

Invited: Decks 13-18

Time: 4:00p, Observation Lounge, Deck 15, Fwd

THE NEWLYWED GAME SHOW

How well do you think you know your better half? Join your Cruise Director Beancka, as she selects our couples to participate. It's a little risqué, but you might be surprised by what your fellow guests are willing to say on stage. (16+)

Time: 8:30p, Atrium, Deck 6, Mid

THRILLER DANCE CLASS

Join your Cruise Director's Staff as they teaches you a few new steps this evening of Michael Jackson famous Thriller song. It's a not-so-serious dance that everyone can join in and learn. (weather permitting)

Time: 10:15p, Spice H₂O, Deck 17, Aft

MUSIC EVERYWHERE

Mellow Country with The Mickey Utley Band

6:15p-7:15p, "Q" Texas Smokehouse, Deck 6, Fwd

Latin Music with Azucar Duo

8:45p-11:15p, Sugarcane Mojito Bar, Deck 8, Mid

Lionel Richie Tribute with Arvin & Emily

9:30p-10:30p, Atrium, Deck 6, Mid

WHAT'S HAPPENING TODAY.

DAY 3
MONDAY
OCTOBER 24

← TEAR HERE

← FOLD HERE

MORNING

All Day	Joy Today with Beancka & Henry	Channel 19
7:00a	Morning Stretch & Fab Abs	"Q"
7:00a-7:00p	Kids Aqua Park is Open **	Deck 16, Mid
8:00a-10:00p	Giant Chess **	Deck 17, Fwd
8:00a-10:00p	Ping Pong Play **	Deck 17, Fwd
8:00a-10:00p	Mini Golf is Open (Access via Deck 18, Aft) **	Deck 19, Aft
8:30a	Morning Fun Fitness **	Poolside
Until 9:00a	Jogging Track **	Deck 17, Aft
9:00a	Big Screen Sudoku Challenge	Atrium
9:30a	Good Morning Trivia	Atrium
10:00a	Canvas By U! : Funky Guitar * +	Teppanyaki
10:00a	Cup Cake Decoration Demo	Atrium
10:00a	\$100,000 Winner Take All Slot Qualifier *	Casino
10:00a	Bermuda T-shirts 2 for \$25	Shops, Deck 8
10:00a	Cosmetic Wrinkle Solution with Dr. Steph	Mandara Spa
10:00a-12:00p	Guess the Weight of the Sculpture	The Social
10:30a	Solution for Stress, Anxiety & Migraine	The Cavern
11:00a	Entourage Teen Lounge is Open (13-17yrs.)	Deck 16, Aft
11:00a	Charades	Atrium
11:00a	Dali and the Divine Comedy Art Seminar	The Social
11:00a	Blackjack Tournament *	Casino
11:30a	How to Increase Your Metabolism	The Cavern
11:30a	Kabana Jewelry Specials	Shops, Deck 8
11:30a-12:15p	Poolside Fun with New Sensation **	Poolside

AFTERNOON

12:00p	Bamboozled (Tabletop Escape Experience)	"Q"
12:00p	Beer Tasting *	The District
12:00p	High Noon Trivia: 80's Movie Poster	Atrium
12:15p-1:30p	Party Hits with Celebrity DJ Ufoso **	Poolside
12:45p	Charms of the day: Heart, Turtle & Gift Box	Shops, Deck 8
12:45p-1:00p	Art Auction Registration & Raffle Entry	The Social
1:00p	Old & Modern Masters Art Auction *	The Social
1:00p	Presenting Prima Presentation w/ CruiseNext	Atrium
1:00p	Pool Olympics **	Poolside
1:00p	Beer Tasting *	The District
1:00p	Macallan Whiskey Tasting *	Maltings
1:00p	Texas Hold'em Tournament *	Casino
1:30p-2:30p	Deal or No Deal Cards Available *	Atrium
1:45p	Unscramble This #2	Atrium
2:00p	Macallan Whisky Tasting *	Maltings
2:00p	Good Feet Seminar	The Cavern
2:00p-2:45p	Latin Vibes with New Sensation **	Poolside
2:30p	Holistic Weight Loss with Acupuncture	Mandara Spa
2:30p	Deal or No Deal: Win Up to \$5,000 *	Atrium
2:45p-4:30p	Top of the Pop with Celebrity DJ Ufoso **	Poolside
3:00p	Skin Tightening with Thermage	Mandara Spa

* Denotes a fee for this program
 ** Weather Permitting

GERARD BERTRAND WINE DINNER & MORE

Gérard Bertrand was born and raised in the South of France. Making wine with his father, Georges, since the age of 10, Gerard Bertrand offers the full range and diversity of wines from the region – red, white, rose, varietal, appellation, estate, still, sparkling, and dessert. Gerard will host special events during this cruise. For more details, please stop by The Cellars, Deck 8, Mid.

AFTERNOON (CONT'D)

3:00p	Diamonds & Gemstones: The Smart Choice	The Cavern
3:15p	Celebrity Heads	Atrium
3:30p-4:00p	Bingo Cards Available *	Theater
4:00p	\$3,000 Jackpot & Prize Give Away Bingo *	Theater
4:00p	Over 1 Million Paradise Lotto Drawing *	Casino
4:00p	EFFY Nahla Tanzanite Unveiling	Shops, Deck 8
4:00p	Tasting Seminar w/ Winemaker Gerard *	The Cellars
4:15p	Family Line Dance	Atrium
4:30p	Video Concert: Girl Trouble **	Poolside
5:15p	Theme Trivia: Classic Movie	Atrium
5:30p	Solo Travelers Meet (Starboard Side)	Observation

NIGHT

After 6:00p	Jogging Track **	Deck 17, Aft
6:00p-6:45p	Early Evening Tunes with Arvin & Emily	Atrium
6:00p-7:00p	Friends of Bill W.	Pacific
6:00p-7:30p	See Gerard to Collect your VIP Card	Atrium
6:00p-10:00p	Portrait Photography	Decks 6 & 8
6:00p-10:00p	Art Auction Specials Exhibition	Art Gallery
6:15p-7:00p	Piano Melodies with Juan Carlos	Mixx
6:15p-7:15p	Mellow Country with The Mickey Utley Band	"Q"
6:30p	LGBTQIA+ Social (Unhosted)	Maltings
7:00p	Footloose ^	Theater
7:00p	The Last Man Standing Game Show	Atrium
7:30p	Beatles Revolution: Sgt. Pepper's	The Cavern
7:30p	Movie: The Batman (PG13, 2h 56m) **	Poolside
7:30p-8:15p	Instrumental Piano with Ryan North	Mixx
7:30p-8:30p	Bosas & Sambas with New Sensation	Sugarcane
7:45p-8:15p	Timeless Songs with Arvin & Emily	Atrium
8:00p-8:45p	Acoustic Country with The Mickey Utley Band	"Q"
8:30p	Levity Comedy with Joe Larson (PG-13) ^	The Social
8:30p	The Newlywed Game Show	Atrium
8:45p-9:45p	A Night with Piano Man Ryan North	Observation
8:45p-11:15p	Latin Music with Azucar Duo	Sugarcane
9:00p	NFL Bears vs. Patriots	Local/Poolside
9:00p-12:00a	Piano Bar Entertainment with Juan Carlos	The District
9:15p-10:15p	Country Hits with The Mickey Utley Band	"Q"
9:30p	Beatles Revolution: Sgt. Pepper's	The Cavern
9:30p-10:30p	Lionel Richie Tribute with Arvin & Emily	Atrium
10:00p	Levity Comedy with John Wessling (18+) ^	Theater
10:15p	Thriller Dance Class **	Spice H ₂ O
10:30p	Awesome 80's Party **	Spice H ₂ O
10:30p-11:30p	Fun Karaoke Blast	The Cavern
10:45p-11:45p	Hit Makers with Ryan North	Atrium
11:15p-Close	Late Night with Celebrity DJ Ufoso (18+)	The Social
12:00a	Over 1 Million Paradise Lotto Drawing *	Casino
Until Arrival	Overnight Slots *	Casino

^ Photography, audio and video recording is prohibited
 * Requires Registration

The MACALLAN SENSORY EXPERIENCE

Gather, taste, discover, pair and sample rare, high-end whisky from the world's leading brand.
 Malting's Whiskey Bar Deck 6, Mid

← TEAR HERE

← FOLD HERE

GOOD TO KNOW.



24 HOURS OF OPERATION

BAR SERVICES

Atrium Bar, Deck 6, Mid	8:00a-Close
Garden Café, Deck 16, Fwd	6:00a-10:00p
Maltings Bar, Deck 6, Mid	3:00p-12:00a
Mixx Bar, Deck 6, Aft	11:00a-2:00p
Observation Lounge, Deck 15, Fwd	5:00p-Close
Q Texas Smokehouse, Deck 6, Fwd	6:00a-11:00p
Skyline Bar, Deck 7, Aft	5:00p-Close
Spice H2O, Deck 17, Aft **	9:00a-Close
Sugarcane Mojito Bar, Deck 8, Mid	9:00a-12:00p
Sail and Sustain Waterfront Bar, Deck 8, Mid **	12:00p-Close
Starbucks®, Deck 6, Mid	11:00a-11:00p
Starbucks®, Deck 15, Fwd	6:00a-10:00p
The A-List Bar, Deck 8, Aft	6:00a-6:00p
The Cavern Waterfront Bar, Deck 8, Mid **	4:30p-10:30p
The Cellars Wine Bar, Deck 8, Mid	11:00a-Close
The District Brew House, Deck 8, Fwd	11:00a-11:00p
The Local Bar & Grill, Deck 7, Mid	2:00p-Close
Waves Pool Bar, Deck 16, Mid **	8:00a-Close
	8:00a-10:00p

ATTRACTIONS

Jogging Track, Deck 17, Aft	Until 9:00a
Ocean Loops, Deck 17, Mid **	After 6:00p
Aqua Racer, Deck 17, Mid **	10:00a-4:00p
Galaxy Pavilion, Deck 16, Aft *	10:00a-5:00p
	10:00a-12:00p
	1:00p-5:00p
	6:00p-9:00p
	10:00a-5:00p
	5:00p-9:00p
	10:00a-11:30a
	12:00p-9:00p

GUEST SERVICES

Art Gallery, Deck 6, Aft	6:00p-10:00p
Atlantic & Pacific Conference Room (Deck 6, Fwd)	Appointment Only
ATM, Joy Casino, Deck 7, Mid	Always Open
Box Office, Deck 7, Fwd (Dial 073)	10:00a-11:30a
CruiseNext Desk, Deck 6, Mid	3:00p-4:30p
Entourage Teen Lounge, Deck 16, Aft, Galaxy Pavilion	10:00a-8:00p
	11:00a-1:00p
	3:00p-6:00p
	9:00a-10:00p
Guest Services Desk, Deck 6, Mid (Dial 00)	Always Open
Guppies Open Playroom, Splash Academy, Deck 5, Aft	9:00a-12:00p
	2:00p-5:00p
	7:00p-10:00p
	7:00a-10:00p
Hot Tubs, Deck 16, Mid (6 people at a time) **	9:00a-12:00p
(Children under 16 require adult supervision at all times)	2:00p-5:00p
Hot Tubs, Spice H2O, Deck 17, Aft (35 people at a time) **	7:00p-9:00p
(Adult zone Until 7:00p)	7:00a-10:00p
iConnect Manager's Hours, Deck 6, Mid	9:00a-12:00p
	2:00p-5:00p
	7:00p-9:00p
Joy Casino, Deck 7, Mid (Slots)	Continuous-Close
(Tables)	9:00a-Close
Kids Aqua Park, Deck 16, Mid **	7:00a-7:00p
Library, Deck 6, Fwd	9:00a-11:00a
	3:00p-5:00p
Mandara Spa & Salon, Deck 16, Aft (Dial 030)	8:00a-10:00p
Main Pools, Deck 16, Mid	7:00a-9:00p
Medical Center, Deck 13, Fwd	8:00a-9:30a
(All Medical Services are subject to charge)	6:00p-7:30p
Onboard Credit Desk, Deck 6, Mid	9:00a-12:00p
	5:00p-7:00p
Perspectives Studio, Deck 6, Fwd (Dial 23873)	Appointment Only
Port Shopping Desk, Deck 6, Mid	6:00p-7:30p
Photo Gallery, Deck 8, Aft	9:00a-10:30p
Photo Gallery Digital Kiosks, Deck 8, Aft	Always Open
Pulse Fitness Center, Deck 17, Aft	6:00a-11:00p
Shore Excursions Desk, Deck 6, Mid	10:00a-1:00p
Splash Academy, Deck 5, Aft	4:00p-9:00p
	10:00a-12:00p
	2:00p-4:00p
	7:00p-10:00p
	11:00p-1:00a
Splash Academy, Late Night Fun Zone Deck 5, Aft	Always Open
The Humidor Cigar Lounge, Deck 8, Stbd. (Cigar Smoking Only)	9:00a-11:00p
Tradewinds Tax & Duty Free, Deck 8, Mid	Always Open
Video Arcade, Deck 16, Aft *	Always Open

* Denotes a fee for this program. ** Weather Permitting

Speedway and Laser Tag Cancellations: Please note that there is a 24-hour cancellation policy for the Speedway and Laser Tag. If your reservations are not cancelled at least 24 hours before your scheduled time, you will be charged 50% of the cost of the experience. The Speedway and Laser Tag are open every day - weather permitting. Reservations can be made at the Box Office, Speedway, Laser Tag, ITV or Touchscreens.

IN-CABIN PHONE RATE:

Call home from the comfort of your stateroom. Rate \$4.99/min

SPA SPECIAL

Indulge in 75 minutes with all of these treatments for only \$209

- Full Body Massage
 - Energizing Eye Treatment
 - ELEMIS Touch Facial
 - Foot and Ankle Massage
 - Scalp Massage. Add to stones or Bamboo for extra \$20
- Mandara Spa, Deck 16, Aft or call 030

TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Garden Café Buffet	(Deck 16, Fwd)	7:00a-10:30a
Observation-Early Riser	(Deck 15, Fwd)	5:30a-11:30a
Observation	Breakfast (Deck 15, Fwd)	7:00a-11:30a
Savor	(Deck 6, Aft)	7:30a-9:30a
Taste	(Deck 6, Aft)	7:30a-9:30a
The Local Bar & Grill	(Deck 7, Mid)	5:00a-11:30a

AFTERNOON

COMPLIMENTARY

Garden Café	(Deck 16, Fwd)	12:00p-3:00p
Observation Lounge	Snacks (Deck 15, Fwd)	2:30p-5:00p
Savor	(Deck 6, Aft)	12:00p-1:30p
Taste	(Deck 6, Aft)	12:00p-1:30p
The Local Bar and Grill	(Deck 7, Fwd)	12:00p-5:00p

CHARGE APPLIES

American Diner (A la carte) * **	(Deck 17, Aft)	12:00p-5:00p
Food Republic (A la Carte) *	Fusion Food (Deck 8, Fwd)	12:00p-1:30p

DINNER

COMPLIMENTARY

Garden Café	Buffet (Deck 16, Fwd)	5:00p-9:00p
Garden Café - Late Snack	(Deck 16, Fwd)	9:30p-11:30p
Manhattan	(Deck 7, Aft)	5:00p-9:00p
Savor	(Deck 6, Aft)	5:30p-9:30p
Taste	(Deck 6, Aft)	5:30p-9:30p
The Local	(Deck 7, Mid)	5:00p-9:00p
The Local - Late Snack	(Deck 7, Mid)	10:00p-4:00a

CHARGE APPLIES

Cagney's (A la Carte) *	Steakhouse (Deck 8, Aft)	5:30p-9:30p
Food Republic (A la Carte) *	Fusion Food (Deck 8, Fwd)	5:30p-9:30p
La Cucina (A la Carte) *	Italian (Deck 8, Mid)	5:30p-9:30p
Le Bistro (A la Carte) *	French (Deck 8, Aft)	5:30p-9:30p
Ocean Blue (A la Carte) *	Seafood (Deck 8, Mid)	5:30p-9:30p
"Q" Texas Smokehouse (A la Carte) *	BBQ Deck 6, Fwd	5:30p-9:30p
Teppanyaki (\$49) *	Japanese (Deck 6, Mid)	5:00p-10:00p

* Please note that cover charges are per person and a 20% gratuity will be added to your check.

** Weather Permitting

American Diner and The Local Bar and Grill are on a first come first served basis and no reservations will be taken.

24/7

The Local Bar & Grill	(Deck 7, Mid)	Always Open
Room Service Delivery *	Dial 065	Always Open

* Denotes a fee, cover charge or a la carte.

Restaurant Reservations: 8:00a-5:00p in Teppanyaki, Deck 6, Mid, use any Digital Touchscreen located at every deck/elevator landing, use ITV from your stateroom, use Cruise Norwegian App on your mobile phone or dial 050.

Restaurant Cancellations: To ensure that our guests receive our best service, we can only hold reservations for 15 minutes. After 15 minutes, the unclaimed reservation will be released. If the party shows up late for their reservation (after the 15-minute holding time), then the guests may be seated at the next available opportunity, if one exists.

Dress Code: Resort casual and shorts are allowed in all dining venues except Ocean Blue and Le Bistro after 5:00p. Shoes and shirt must be worn.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **MARPOL:** The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management Staff. **ADULT VENUES:** Spice H2O is an adult only venue until 7:00p. The Social is an adult only venue after 10:30p each night. A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00am, unless accompanied by their parents/guardians or in an organized youth activity. **SMOKING POLICY:** Smoking in public areas is only permitted in designated space of Spice H2O, in the Humidor Lounge (cigar smoking only) or in the Casino only while playing. Smoking of any kind is prohibited in staterooms and balconies; a cleaning fee of \$250 will be added to your onboard account if you smoke in your stateroom. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chair is left unattended for longer than 60 minutes, the items will be removed and handed to the Guest Services Desk, Deck 6, Mid. **HOT TUBS:** Children under 16 require adult supervision at all times while using the hot tubs and the hot tubs capacity is no more than 6 people on Deck 16, Mid and 35 on Deck 17, Aft.

GET SAVINGS THAT SIZZLE.

COLONIAL ST. GEORGE

Visit Bermuda's first capital and see what a British colonial outpost looked like in the 1600's when touring the historic 'Ol Towne of St. George's'. There will be several photo stops on this tour, so don't forget your camera.

Time: 10:00a-1:00p & 4:00p-9:00p
Shore Excursion Desk, Deck 6, Mid

HIDDEN GEMS EXPLORATION

Join this tour and travel across the island into Bermuda's one and only Tom Moore's Jungle, filled with caves to explore and swimming adventures to take part in. Majestic scenery awaits you as you enter this lush reserve filled with colorful native birds.

Time: 10:00a-1:00p & 4:00p-9:00p
Shore Excursion Desk, Deck 6, Mid

CAVES & WAVES

Explore the geological wonders and eerie formations in Crystal Caves and then spend hours relaxing at a series of beaches linked by footpaths and surrounded by a nature reserve.

Time: 10:00a-1:00p & 4:00p-9:00p
Shore Excursion Desk, Deck 6, Mid

SUNSET PORTRAITS

Let our Portrait Artists capture you and your love in front of a spectacular Bermudian sunset. Limited times available only. Call Perspectives Studio on 23873 & 23874

FREE GIFTS

Order your Photography Package today, save up to \$150 and get free gifts. Visit the Photo Gallery on Deck 8, Aft to learn more.

PORTRAITS TONIGHT

Make it a night to remember. Professional portraits tonight. No reservations, No sitting fee. Free To Try. Time: 6:00p-10:00p, Decks 6 & 8

TOP TO TOE SPA SPECIAL

Today's 75 minute spa special includes the following:

- Swedish Body Massage
- Pro-collagen Eye Treatment
- Foot & Ankle Massage
- Hand & Arm Massage
- Neck & Shoulder Massage

Book today for only \$199
Mandara Spa, Deck 14, Aft or call 030

ACUPUNCTURE CLINIC

Acupuncture is a natural treatment that has been around for over 3000 years, it uses the body's natural healing power to help reduce pain, anxiety, insomnia, stress and much more. Find out how Acupuncture can work for you with a personal assessment with our onboard licensed Acupuncturist Dr. Mustafa.

MEDI SPA CLINIC

Onboard the Norwegian Joy we offer the latest in Non-Surgical facial enhancement treatments, from Dysport and Restylane to the newest treatments of Thermage and TruSculpt. Book in wit Dr. Steph for your free skin assessment where we will discuss your personal goals and design a treatment plan just for you.

OLD & MODERN ART AUCTION

See the best of the best hit the auction block as our Art Team auctions off works from some of the biggest names in art history. Complimentary work of art for all who attend.

Registration: 12:45p
Auction: 1:00p
The Social, Deck 6, Mid

GUESS THE WEIGHT

Take your best guess and win. If you guess the weight of the original sculpture by Nano Lopez, you'll be entered to receive a fabulous prize.

Collecting art has never been more fun.
Time: 10:00a-12:00p
The Social, Deck 6, Mid

DALI AND THE DIVINE COMEDY

In 1950, Salvador Dali began illustrating one of literature's greatest works—Dante's "Divine Comedy." Join us as we explore Dali's breathtaking adaptation of this literary classic.

Time: 11:00a, The Social, Deck 6, Mid



NORWEGIAN
CRUISE LINE®

PRINTED T-SHIRT – 2 FOR \$25

Endless memories from your Cruise: get 2 exclusive ports of call printed t-shirts for \$25 only and bring the memories of this trip with you wherever you go. Available in a variety of colors and sizes.

Time: 10:00a-2:30p

Tax & Duty Free Shops, Deck 8, Aft

FREESTYLE CELEBRATION

It's time to celebrate, freestyle. Tonight only, receive \$200 good-as-cash towards yellow diamonds (no minimum purchase). A glass of champagne is our gift to you, just for attending, and someone will win the raffle for a beautiful prize.

Time: 8:00p-9:00p

Tax & Duty Free Shops, Deck 8, Aft

CAVELL LUXURY RINGS FOR \$99

Timeless natural Tanzanite, Sapphire, Emerald, Ruby silver rings at \$99 only. Each ring is set with a piece of Rose Quartz inside the band which has unique healing properties. Cavell rings come with a certificate of authenticity and a 1 year warranty.

Time: 10:00a

Tradewinds Store, Deck 8, Aft

OVER \$1 MILLION JACKPOT

Play the lottery and you could walk away with our current jackpot. Your \$2 investment could change your life. Ask your Casino staff for more details.

Joy Casino, Deck 7, Mid

TOURNAMENTS GALORE

You can walk away with up to \$500 in our exciting Slot and Blackjack Tournaments. Sign up in advance at the Players Club Desk.

Joy Casino, Deck 7, Mid

INSTANT WIN SCRATCH CARDS

Win up to \$25,000 with our Instant Win Scratch Card for only \$5. Visit the Casino Cashier to get your lucky scratch card

Joy Casino, Deck 7, Mid

WINE EXPERIENCE AND MORE

From our famous blind-black glass tastings, wine, and cheese pairings to taking your palate on a whiskey tour, discover a beverage experience perfectly paired for your vacation. Explore all of your opportunities today. Visit your Cellar Master at the The Michael Mondavi family wine bar on Deck 8, Mid.

SWIFT DELIVERY ON DEMAND

Introducing SWIFT – Norwegian's brand-new on demand delivery service. Available 24/7. Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers. Order through 24/7 Room Service.

SAIL & SUSTAIN COCKTAIL

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails. Visit Sugarcane Waterfront Bar on Deck 8, Mid

HOW TO GET CONNECTED

1.) Put your device in airplane mode (phones/tablets) and connect to the ship's public Wi-Fi signal NCL_Internet_Joy
2.) Start your internet browser to get to the login page. If not, type in login.com
Important Reminder for Guests using time plans – To preserve your minutes you must log out after each session. Simply type logout.com in your browser's address bar and press enter to immediately end your online session.
Please see the Internet Café Manager for assistance in the Atrium on Deck 6, Mid, Starboard Side.

WIFI INTERNET

Whether you need to post vacation photos or check emails connecting onboard has never been easier. Join the NCL_Internet_Joy Wi-Fi network, start your internet browser and type in login.com. Time Plan users – preserve your minutes by logging out after each session. Type logout.com in your browser's address bar and press enter to immediately end your online session.
Manager's Hours: 9:00a-12:00p, 2:00p-5:00p & 7:00p-9:00p

PRESENTING PRIMA WITH CRUISENEXT

Dreaming of where to cruise next? Join your CruiseNext team for an informative presentation to learn about our new ships, itineraries and great destinations. Invest in future deposits to receive onboard credit up to \$500 to spend today. Visit the CruiseNext team for complete details.
Time: 1:00p, Atrium, Deck 6, Mid

WHY WAIT? GET YOUR FREE MONEY TODAY

It is never too soon to start planning your next dream vacation. Receive up to \$1000 free money today, plus with CruiseNext Ultimate you will receive an additional offer. Visit the CruiseNext Desk in the Atrium for additional details.
Time: 10:00a-8:00p, CruiseNext Desk, Deck 6, Mid